

FOOD

Our menu descriptions do not contain all ingredients, so please ask your server or visit our website for information (before ordering), if you have any particular allergy or requirements. Fish and poultry dishes may contain bones. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. All menu items are subject to availability. All weights are approximate uncooked. Photography is for guidance only. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. Thank you for your custom. Our waiters receive all cash tips. For credit-card tips, an 8% charge is deducted to cover processing costs. The Slug and Lettuce does not profit from this charge.

▼ This dish is suitable for vegetarians, but please note that we do not operate a dedicated vegetarian kitchen area.

WE HOPE THAT YOU HAVE ENJOYED OUR SLUG AND LETTUCE DISHES

For more information, please visit our website, where you can subscribe to our newsletters and receive the latest offers and updates from the Slug team. You can also reserve tables, check further details from our allergy information link and download our menu online: WWW.SLUGANDLETTUCE.CO.UK

The Slug and Lettuce

HAPPY MONDAYS

50% OFF FOOD

EVERY MONDAY



TIKKA TUESDAYS

2-4-1 CURRIES

CHOOSE ANY TWO CURRIES AND RECEIVE THE LOWER-PRICED CURRY ON US

COBRA £2.60 PER BOTTLE

The two curries must be purchased at the same time.

EVERY TUESDAY



2-4-1 DESSERTS

CHOOSE ANY TWO DESSERTS AND RECEIVE THE LOWER-PRICED DESSERT ON US

NOT IN CONJUNCTION WITH HAPPY MONDAYS

The two desserts must be purchased at the same time.

ALL DAY EVERY DAY



KIDS FOR A QUID

ONE CHILD EATS FOR £1, FROM OUR UNDER-8s MENU, FOR EVERY ADULT DINING AT FULL PRICE

SORRY, AS SOME CENTRAL LONDON SLUGS ARE CLOSED ON SUNDAY – PLEASE CHECK AVAILABILITY

ALL DAY SUNDAY



BRUNCH

Served until noon.

FULL ENGLISH: Sausage, bacon, grilled tomato, baked beans, mushrooms and two eggs, served with toast and tea or Americano coffee. 6.65

✓ **VEGETARIAN FULL ENGLISH:** Quorn sausage, grilled tomato, mushrooms, baked beans, oven-baked potato wedges and two eggs, served with toast and tea or Americano coffee. 6.65

✓ **TOAST,** served with butter and marmalade or strawberry jam. 1.95

SAUSAGE SANDWICH, in toasted bread. 3.65
WITH A FRIED EGG 4.40

BACON SANDWICH, in toasted bread. 3.65
WITH A FRIED EGG 4.40



FULL ENGLISH OR VEGETARIAN BREAKFAST

£6.65

INCLUDES TEA/AMERICANO COFFEE AND TOAST

SERVED EVERY DAY UNTIL NOON

NIBBLES

Great to start a meal or as a light snack.

✓ **TOASTED GARLIC ARTISAN BREAD STRIPS** 2.25

✓ **BREAD AND OLIVES,** with olive oil and balsamic vinegar. 3.85

✓ **BREAD AND HOUMOUS,** with rocket pesto, olive oil and balsamic vinegar. 3.85

CHICKEN WINGS, with Frank's® RedHot® Cayenne pepper sauce. 5.45

BREADED MUSHROOMS, with garlic mayonnaise for dipping. 4.85

CRISPY FRIED POTATO WEDGES, with a crème fraîche & spring onion dip and a sticky BBQ sauce. 4.65
ADD BACON AND CHEESE OR CHILLI CON CARNE AND CHEESE 1.95

CALAMARI, served with a sweet chilli dip and lemon. 5.45

SOUTHERN-FRIED CHICKEN, in a southern-fried-style coating, with a sticky BBQ sauce. 4.95

SHARING

All of these dishes are ideal for three or four to share, as a snack or starter.

SLIDERS: A range of mini burgers: southern-fried chicken, pulled pork in a sticky, spicy Tabasco® sauce and beef topped with smoked mozzarella cheese – served with chips and dips.

6 SLIDERS 14.45

12 SLIDERS 22.95

✓ **NACHOS,** with melted cheese, topped with jalapeños, salsa, guacamole and a crème fraîche & spring onion dip. 8.95

WITH CHILLI CON CARNE 10.40

WITH SPICY STICKY PULLED PORK 10.40

CHICKEN-TASTIC PLATTER: Spicy chicken skewers, southern-fried-style chicken pieces and chicken wings, with chips and a selection of dipping sauces. 13.95

FISHERMAN'S PLATTER: British whotail scampi, sautéed king prawns in garlic butter, calamari and cod goujons, served with chips to share, baked artisan bread strips and garlic Marie Rose and tartare sauces. 15.45

✓ **THE MEZZE PLATTER:** Toasted garlic artisan bread strips, with olives, falafel, flatbread, houmous with rocket pesto, char-grilled asparagus, salsa and a crème fraîche & spring onion dip – served with carrot and cucumber crudité. 12.45

THE ULTIMATE PLATTER: Southern-fried-style chicken pieces, breaded mushrooms, pork ribs, crispy fried potato wedges, toasted garlic artisan bread strips and beer-battered onion rings – served with a sticky BBQ sauce, salsa and a crème fraîche & spring onion dip. 13.95

SANDWICHES AND WRAPS

All served with chilli-spiced coleslaw on the side.

CHICKEN MARINARA: Southern-fried chicken, smothered in melted smoked mozzarella cheese and a tomato & garlic sauce, served warm in baked artisan bread.	7.95
SPICY STICKY PULLED PORK, served warm in baked artisan bread with melted smoked mozzarella cheese and crunchy chilli slaw.	7.95
✓ MOZZARELLA, TOMATO, AVOCADO & ROCKET PESTO, served in baked artisan bread.	6.95
GRILLED CHICKEN, BACON & AVOCADO WRAP, with sour cream and a crème fraîche & spring onion dressing.	6.95
FISH FINGER SANDWICH: Hand-battered cod fish fingers, served in a multiseed bun, with iceberg lettuce and tartare sauce.	6.95
✓ THE FLT WRAP: Falafel, lettuce and tomato, with a crème fraîche & spring onion dressing.	6.95
BBQ CHICKEN, CHEESE & BACON SANDWICH, served in baked artisan bread.	7.95
SOUTHERN-FRIED-STYLE CHICKEN WRAP, with tomato salsa and a crème fraîche & spring onion dressing.	6.95

PHILLY STEAK SANDWICH AND CHIPS £9.95

A 6oz flat-iron steak, served in baked artisan bread, with sticky BBQ sauce and melted cheese, crisp lettuce and sautéed red and spring onions, plus chips and chilli-spiced coleslaw on the side.

TOSTADA FLATBREADS

All have a red pepper tapenade base and are finished with watercress. Top with your choice of:



PULLED PORK, in a sticky, spicy Tabasco® sauce, with jalapeño, melted smoked mozzarella and tomato salsa.	8.45
HARISSA CHICKEN: Spicy harissa-marinated grilled chicken breast, with sautéed peppers, red onion and a cooling crème fraîche & spring onion dressing.	8.45
PARMA HAM AND MOZZARELLA Drizzled with a rocket pesto dressing.	8.45
✓ GOAT'S CHEESE With sautéed Paris brown and oyster mushrooms, plus sticky onion marmalade.	7.85

ADD CHIPS TO ANY SANDWICH, WRAP OR TOSTADA FLATBREAD	1.00
ADD WEDGES	1.50
ADD SWEET POTATO FRIES	2.00

CURRIES

All of our curries are topped with a tomato, chilli & coriander salsa and served with basmati rice, mango chutney and a chapathi.

BEEF MADRAS: Tender pieces of beef in a rich sauce of tomato, ginger, garlic, coriander and coconut.	9.95
CHICKEN TIKKA MAKHANI: Chicken breast pieces, in a creamy lentil, spinach & cashew nut curry sauce.	8.65
THAI GREEN CHICKEN CURRY: Chicken breast pieces, with pak choi, green peppers and spinach, in a rich Thai-flavoured curry sauce, finished with coconut cream.	8.65
✓ GOAN VEGETABLE CURRY: Sweet potato, onion, tomato, peppers, chickpeas and spinach in a medium-spiced coconut cream & yoghurt sauce.	6.85
CHICKEN KORMA: Chicken breast pieces in a mild coconut cream & yoghurt sauce, with almonds.	8.65
INDIAN SNACK SELECTION: A mix of onion bhaji, chicken pakora and lamb samosa, served with mango chutney.	2.50

TIKKA TUESDAYS 2-4-1 CURRIES EVERY TUESDAY
CHOOSE ANY TWO CURRIES AND RECEIVE THE LOWER-PRICED CURRY ON US

SAINTLY SELECTIONS



These smaller-plate dishes are perfect for those with a lighter appetite.

UNDER
500
CALORIES

Our house salad contains: seasonal mixed leaves, plum tomato, cucumber, mixed peppers, chilli-spiced coleslaw (no mayo), spring onion, edamame beans, pomegranate pearls, coriander and a low-calorie French-style dressing.

GRILLED ASPARAGUS & KING PRAWN SALAD (350 Cal) Served on our house salad, with a poached egg.	8.95
✓ AUBERGINE & TOMATO BAKE (430 Cal) Thin slices of aubergine – filled with orzo pasta, tomato, garlic, basil and pulses – rolled, lightly coated with a cheese sauce and served with our house salad.	7.95
SPICY PORK PAD THAI (498 Cal) Strips of pork, with peppers and noodles, in Oriental spices, topped with edamame beans, coriander and pomegranate.	8.25
CHICKEN & PEPPER SKEWER (416 Cal) Char-grilled chicken breast with mixed peppers and red onion, marinated with lemon and olive oil and served with our house salad.	6.95
8oz RUMP STEAK (489 Cal) Served with our house salad.	10.65
✓ SWEET POTATO SALAD (495 Cal) Roasted sweet potato wedges, on house salad, with chickpeas, couscous and a tomato & mint dressing.	6.85

SALADS

Our house salad contains: seasonal mixed leaves, plum tomato, cucumber, mixed peppers, chilli-spiced coleslaw (no mayo), spring onion, edamame beans, pomegranate pearls, coriander and a low-calorie French-style dressing; if you would prefer your salad dressing on the side, just ask.

GRILLED CHICKEN, BACON AND AVOCADO, served on our house salad.	9.25
SMOKED HADDOCK FISHCAKES, served on our house salad, with a crème fraîche & spring onion dip on the side.	9.25
CHAR-GRILLED CHICKEN CAESAR SALAD: Cos lettuce with crispy croûtons, a Caesar dressing and grana padano cheese shavings.	8.45
MOROCCAN CHICKEN: Spicy harissa-marinated grilled chicken breast and roasted sweet potato wedges, served on our house salad, with chickpea couscous and a tomato & mint dressing.	8.95
GRILLED SALMON SALAD NIÇOISE: Cos lettuce with heritage potatoes, olives, asparagus, egg, cucumber and plum tomato, served with a French-style dressing.	9.75

PASTA AND RISOTTO

All served with toasted garlic artisan bread strips.

LASAGNE: Minced beef and pork, in a rich tomato sauce, sandwiched between layers of pasta and creamy cheese sauce.	7.75
KING PRAWN, BACON & ASPARAGUS RISOTTO	13.25
BAKED LINGUINI CARBONARA, with a creamy cheese & bacon sauce.	7.25
✓ PENNE ARRABBIATA: Penne pasta with spicy tomato sauce and watercress.	6.85
✓ ASPARAGUS, PEA & GOAT'S CHEESE RISOTTO	9.75
✓ BUTTERNUT SQUASH, SPINACH & GOAT'S CHEESE LASAGNE	8.65
GRILLED SALMON, WITH THREE-GRAIN RISOTTO: Butternut squash, pepper & mixed herb cheesy risotto, topped with a char-grilled salmon fillet.	13.25

MAIN COURSES

GRILL

Both of our grills are served with chips, onion rings, watercress and grilled tomato, with our steaks matured for a minimum of 35 days.

8oz GRILLED RUMP STEAK , with chips, onion rings, watercress and grilled tomato.	12.25
10oz RIB-EYE STEAK	15.45
ADD PEPPERCORN OR BÉARNAISE SAUCE	1.25
ADD A SKEWER OF FIVE KING PRAWNS	2.75
RACK OF RIBS : A rack of pork ribs, smothered in a sticky BBQ sauce and served with chips and chilli-spiced coleslaw.	11.65
LAMB RIBS , with a mint & habañero glaze, served with chips, onion rings, watercress and grilled tomato.	12.25

MEAT

BRITISH BEEF PIE : Tender pieces of pulled British beef and red wine gravy, in shortcrust pastry, served with garden peas and your choice of buttery mash or chips.	9.95
CHILLI CON CARNE , with rice and nachos, topped with a crème fraîche & spring onion sauce.	7.25
LINCOLNSHIRE PORK SAUSAGES OR V QUORN SAUSAGES , served with a rich red wine gravy, sticky onion marmalade, sautéed red and spring onions and buttery mash.	7.25
COTTAGE PIE : Minced beef with carrot, leek, onion and red wine, topped with a cheesy mash and served with garden peas and baked artisan bread.	7.25

CHICKEN

GRILLED CHICKEN BREAST , with chips, grilled tomato and watercress.	9.95
CHICKEN SOUVLAKI : Lemon-&-olive-oil-marinated chicken breast, red onion & mixed pepper skewers, houmous with rocket pesto, a crème fraîche & spring onion dressing and flatbread to wrap. Why not add our spicy-hot sauce?	7.85
OPEN CHICKEN PIE : Chicken breast in a creamy smoked Applewood cheese & bacon sauce, in an open puff pastry pie, served with garden peas and chips.	9.95
ITALIAN-STYLE CHICKEN , grilled and served with potato wedges, sautéed peppers, red onion and watercress – topped with a creamy white wine & garlic sauce.	9.95
SMOTHERED CHICKEN , grilled and topped with bacon, sticky BBQ sauce and melted cheese and served with chips and garden peas.	8.45
STUFFED CHICKEN SCHNITZEL : Breaded chicken breast, stuffed with Parma ham and a herb cream sauce, topped with grana padano shavings and a tomato & garlic sauce and served with chips and baby watercress.	11.25
PARMA-HAM-WRAPPED CHICKEN BREAST , sautéed with mixed mushroom, asparagus and peppers and served with a chive sauce, sweet potatoes and baby watercress.	10.95

FISH

HAND-BATTERED COD FILLET , served with chips, minted mushy peas and tartare sauce.	9.95
ITALIAN-STYLE SALMON , char-grilled and served with potato wedges, sautéed peppers, red onion and watercress – topped with a creamy white wine & garlic sauce.	11.25
BRITISH WHOLETAIL SCAMPI , served with chips, garden peas and tartare sauce.	8.65
GRILLED SALMON AND HERITAGE POTATOES : Seasonal vegetables and a creamy white wine, fennel & lemon sauce.	12.25

SIDES

LARGE CHIPS , with garlic mayo.	3.95
LARGE SWEET POTATO FRIES , with garlic mayo.	4.95
V BUTTERY MASH	2.25
V TOASTED GARLIC ARTISAN BREAD STRIPS	2.25
BEER-BATTERED ONION RINGS	2.50
INDIAN SNACK SELECTION : A mix of onion bhaji, chicken pakora and lamb samosa, served with mango chutney.	2.50
V HOUSE SIDE SALAD , in a low-fat French-style dressing.	1.95
V CHILLI-SPICED COLESLAW	0.75
V BOILED HERITAGE POTATOES	2.75

BURGERS

Our fabulous 7oz beef burgers are made with our select blend of herbs and seasoning and served in a soft multiseed bun, along with tomato, lettuce and mayonnaise, with chips and chilli-spiced coleslaw on the side.

THE CLASSIC BEEF	8.95
THE GRILLED CHICKEN FILLET	8.95
V THE FALAFEL , with guacamole and a sweet chilli sauce.	8.95
THE SWISS : Our classic burger, with Emmental cheese and bacon.	9.95
THE ITALIAN : Grilled chicken breast fillet, topped with mozzarella, Parma ham and a rocket pesto dressing.	9.85
THE FRENCH : Our classic burger, smothered with sautéed sweet red and spring onions, melting cheese and a red wine & garlic sauce.	10.45
THE STATESIDE , with mushrooms, melting Emmental cheese, bacon, beer-battered onion rings and a sticky BBQ sauce.	11.45
THE ULTIMATE S&L BURGER : Our fabulous beef burger, with a grilled chicken fillet, pulled pork, smoked mozzarella cheese, lettuce, tomato, chilli-spiced slaw and pickles – all topped with a sticky, spicy Tabasco® sauce.	12.75
ADD AN EXTRA BEEF BURGER	2.95

DESSERTS

MILLIONAIRE'S MERINGUE : Sweet chocolate pastry, layered with rich toffee, topped with a rich chocolate ganache and piled high with meringue, then baked.	4.95
PASSION FRUIT SYLLABUB : A light passion fruit mousse, with a passion fruit coulis, served with a shortbread biscuit.	4.95
V WHITE CHOCOLATE & RASPBERRY CHEESECAKE , with profiterole topping, served with vanilla ice cream.	4.95
COOKIE CUP EXPLOSION : A cookie biscuit base, filled with chocolate brownie, marshmallow pieces and chocolate honeycomb, served with vanilla ice cream.	4.95
STICKY TOFFEE PUDDING , served with hot custard or vanilla ice cream.	4.95
HOT CHOCOLATE-PUDDLE SPONGE PUDDING , with chocolate sauce, served with hot custard or vanilla ice cream.	4.95
V CARAMEL APPLE CRUMBLE PIE , served with hot custard or vanilla ice cream.	4.95
CHOCOLATE OR VANILLA ICE CREAM	3.45

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WITH HAPPY MONDAYS

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ALL DAY EVERY DAY



CHILDREN'S MENU – 2 COURSES AND A DRINK £4.95

FOR HOT DRINKS, PLEASE SEE OUR DRINKS MENU

WWW.SLUGANDLETTUCE.CO.UK

Please give us your feedback – for details, pick up a card at the bar or log on to:

www.lettuceknow.co.uk

