

## QUICK & LIGHT LUNCH BITES UNTIL 6.30PM DAILY

Choose a main course and why not squeeze in a starter? When having a main course, you can add a starter for 1.90 or 2.90, which are smaller versions of our à la carte dishes. **In a hurry & need to be out quick?** Let us know (look out for the **Q** symbol)

### STARTERS

add 1.90

#### NEW ENSALADA JITOMATE **V** ask for **GF**

Sliced tomato goes to town with a pineapple, feta, coriander & oregano salsa with char-grilled garlic & chilli ciabatta.

#### SPICY CHICKEN QUESADILLA **Q**

Tortilla, folded, char-grilled & rammed with spicy chicken, peppers, onion & cheese, with our tomato salsa on the side.

#### COCONUT SQUASH TACO **V N Q**

Corn & wheat grilled tortilla topped with roasted coconut butternut squash, pink pickled onions & soured cream.

### STARTERS

add 2.90

#### NACHOS **V Q**

Home-cooked corn tortilla chips, with melted cheese, topped with aji, jalapeños, salsa, soured cream & guacamole. Plunge & crunch.

#### CHICKEN WINGS **Q**

Spicy hot chicken wings sauced-up with:

**Honey peri-peri**

**Spicy barbecue jerk**

**Vivo; hot, hot, very hot habanero**

#### EMPANADAS **Q**

A filled crispy pasty just like from the street. Stuff it with:

**Lamb in smoky chilli with cranberry salsa**

**NEW Brie & mango with corn & sweet**

**chilli salsa **V****

#### LECHUGA RELLENOS **GF**

Little gem lettuce leaves with fresh herb chimichurri & sweet chilli & beetroot salsa. Filled with:

**Dried tomatoes, feta & herb chimichurri **V****

**Smoked chipotle chicken, pink pickled onion & soured cream**

#### NEW COATED ELOTE **V GF**

Fresh & fat corn cob. Lovingly smothered in aioli, sprinkled crumbled cheese & a dusting of spices.

### MAIN COURSES

#### BIG BURRITO **Q**

6.90

Bulging tortilla parcel, topped with home-made salsa, soured cream & guacamole. With crispy salad & frioles refritos. Chock-full with rice, slaw, cheese & your choice:

**Guajillo chilli mushroom & truffle **V****

**Spicy chicken, peppers & onion**

#### NEW THE EPIC ENCHILADA **Q**

Titanic tortilla on a bed of spring onion, garlic & coriander rice & sprinkled with crumbled white cheese, sunk in smoky chilli & tomato sauce. Choose:

**Roast butternut squash, cream cheese, 5.00**

**iron-rich spinach, fine beans & chickpeas **V** 7.00**

**Spicy chicken, pepper, onion & cheese 7.00**

#### NEW THE CUBAN REVOLUTION 7.00

A Castro-nomic wonder. Toasted ciabatta with sliced emmental, tomato, gherkin, mustard & aioli, served with slaw & Fries or Salad. Stuffed with:

**Shredded beef & caramelised onion**

**Tinga (Mexican smoked chipotle chicken)**

#### GRINGAS **Q**

Grilled tortilla layered with refried beans & melty cheese, topped with another tortilla. With salad & topped with a dollop of soured cream, pink pickled onions & your choice of:

**Roasted coconut butternut squash **V N** 5.00**

**Tinga (Mexican smoked chipotle chicken) 5.50**

#### ALBONDIGAS **Q**

7.20

A Patagonian recipe; mouth-watering lamb meatballs with apple, mint & a pinch of nutmeg. Braised in a rich tomato, mint & mild red chilli sauce served with spring onion, garlic & coriander rice. Sprinkled with grated parmesan.

#### CRAYFISH SALAD ask for **GF**

7.00

Large baked crispy tortilla shell filled with spinach, mixed leaves, chunky cucumber, tossed in ginger, sherry vinegar & sweet chilli dressing. Sprinkled with sesame seeds.

#### BLAZING BIRD ask for **GF Q**

7.70

Our spicy half chicken from the flames. Marinated with our fiery sauce with slaw & Fries or Salad. Choose from:

**Honey peri-peri sauce**

**Spicy barbecue jerk sauce**

**Vivo; hot, hot, very hot habanero sauce**

#### NEW THE CLASSIC BURGER 7.20

The Las Igs' signature burger; lightly spiced beef patty, in a toasted bun with beef tomato, baby gem & fried onions. With a beefy mayo & tomato gherkin sauce. Comes with slaw & your choice of Fries or Salad. (Prefer chicken? Just ask)

#### NEW BEAN & BEET BURGER **V**

5.90

Our very veggie black bean & beetroot burger, in a toasted bun with melted emmental, sliced beef tomato, tomato gherkin sauce & baby gem. Comes with slaw & your choice of Fries or Salad.

#### FAJITA SALAD

Large baked crispy tortilla shell filled with cherry tomatoes, mixed leaves, spinach & cucumber, drizzled with beetroot salsa. Choose:

**Chicken breast strips 7.00**

**Three mushroom **V** 6.50**

**Peeled prawns 7.50**

#### NEW HALLOUMI, CUCUMBER & MINT SALAD **V N GF**

6.50

Pan-sizzled & seared halloumi thrown on a cool salad of tomato, leaves, cucumber & avocado all tossed in a fresh mint & cucumber dressing & sprinkled with toasted cashew nuts.

### ADD A DRINK

(First glass or Bottle only)

#### WINE 175ml

add 2.00

Chardonnay or Merlot

#### BOTTLED BEER

add 2.00

San Miguel Fresca

#### MINERALS

add 1.50

Coke, Diet Coke or Lemonade

### NON-ALCOHOLIC COOLERS

**Buy one glass & get the same one free during Happy Hour, ask your server for more details.**

#### CITRUS COOLER

2.90

Crushed lemons, limes, ice & lemonade.

#### VIRGIN FIZZ

2.90

Cranberry, elderflower, lemon juices topped with lemonade.

#### RASPBERRY COOLER

3.20

Long raspberry & elderflower refresher.

### INFORMATION

**V** Vegetarian

**N** Contains nuts

**Q** Quick

**A** Contains alcohol

**GF** Gluten free

We can't guarantee our dishes are 100% nut free.

Some dishes may contain bones.

We are GM free as far as we know.

We can't list all ingredients in every dish, any specific dietary needs? Let us know!

We aren't responsible for stolen or lost items.

All items will be presented on a single bill.

We may need to change or withdraw this menu from time-to-time due to local events. 0113R

**For parties of 5 or more an optional 10% service charge will be added to your bill.**

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