



## **Bowl Food**

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<b>Honey melon &amp; fresh mint with San Daniele's ham</b>	<b>£5.00</b>
<b>Pesto grilled shrimp wrapped in lettuce leaves</b>	<b>£5.00</b>
<b>Crab &amp; fennel cannelloni rolls in a mango sauce</b>	<b>£6.00</b>
<b>Fillet of sea bass on a ratatouille of aubergines</b>	<b>£6.00</b>
<b>Turkey &amp; spinach meatballs in a sweet pea broth</b>	<b>£5.00</b>
<b>Baby squid with black kalamata olives and tomato sauce on polenta</b>	<b>£5.50</b>
<b>Saffron risotto with rucola, asparagus &amp; our best parmigiano</b>	<b>£4.50</b>
<b>Fillet of beef mignon on mustard mash</b>	<b>£7.00</b>