WWW.SLUGANDLETTUCE.CO.UK

Please give us your feedback – for details, pick up a card at the bar or log on to: www.lettuceknow.co.uk







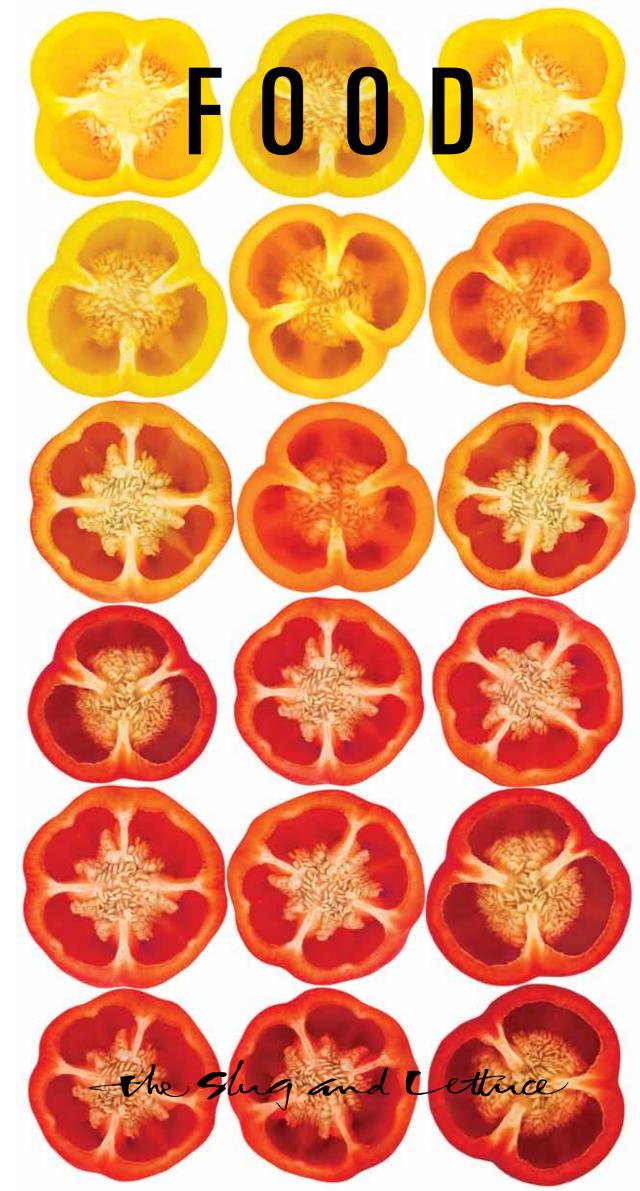


Food allergies and intolerances: before ordering, please speak to our staff about your requirements, as our menu descriptions do not list all ingredients; also, visit our website for information. Fish and poultry dishes may contain bones. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. All menu items are subject to availability. All weights are approximate uncooked. Photography is for guidance only. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. Thank you for your custom. Our waiters receive all cash tips. For credit-card tips, an 8% charge is deducted to cover processing costs. The Slug and Lettuce does not profit from this charge.

This dish is suitable for vegetarians, but please note that we do not operate a dedicated vegetarian kitchen area.

WE HOPE THAT YOU HAVE ENJOYED OUR SLUG AND LETTUCE DISHES

For more information, please visit our website, where you can subscribe to our newsletters and receive the latest offers and updates from the Slug team. You can also reserve tables, check further details from our allergy information link and download our menu online: WWW.SLUGANDLETTUCE.CO.UK





BRUNCH

Served every day until noon.

FULL ENGLISH : Sausage, bacon, grilled tomato, baked beans, mushrooms and two eggs, served with toast and tea or Americano coffee.	6.45
VEGETARIAN FULL ENGLISH : Quorn sausage, grilled tomato, mushrooms, baked beans, oven-baked potato wedges and two eggs, served with toast and tea or Americano coffee.	6.45
TOAST , served with butter and marmalade or strawberry jam.	1.95
SAUSAGE SANDWICH, in toasted bread. WITH A FRIED EGG	3.45 4.20
BACON SANDWICH, in toasted bread. WITH A FRIED EGG	3.45 4.20
SMOKED SALMON AND SCRAMBLED EGG Served on a toasted muffin.	5.95
EGGS BENEDICT Poached eggs with Wiltshire ham and Hollandaise sauce, on a toasted muffin.	5.25
EGGS ROYALE Poached eggs with smoked salmon and Hollandaise sauce, on a toasted muffin.	6.25
PORRIDGE, served with honey.	2.45

FULL ENGLISH OR VEGETARIAN INCLUDES TEA/AMERICANO COFFEE AND TOAST **£6.45**

- NIBBLES

Great to start a meal or as a light snack.

10 TOASTED GARLIC ARTISAN BREAD STRIPS	2.00
W BREAD AND OLIVES, with olive oil and balsamic vinegar.	3.45
W BREAD AND HOUMOUS, with rocket pesto, olive oil and balsamic vinegar.	3.45
CHICKEN WINGS, with Frank's® RedHot® Cayenne pepper sauce.	4.95
BREADED MUSHROOMS, with garlic mayonnaise for dipping.	4.55
CRISPY FRIED POTATO WEDGES, with a crème fraîche & spring onion dip and a sticky BBQ sauce. WITH BACON AND CHEESE WITH CHILLI CON CARNE AND CHEESE	4.45 6.20 7.95
CALAMARI, served with a sweet chilli dip and lemon.	4.95
SOUTHERN-FRIED CHICKEN , in a southern-fried-style coating, with a sticky BBQ sauce.	4.55

SHARING

All of these dishes are ideal for three or four to share, as a snack or starter.

NACHOS , with melted cheese, topped with jalapeños, salsa, guacamole	8.45
and a crème fraîche & spring onion dip.	
WITH CHILLI CON CARNE	9.70
WITH SPICY STICKY PULLED PORK	9.90
CHICKEN PLATTER : Spicy chicken skewers, southern-fried-style chicken pieces and chicken wings, with chips and a selection of dipping sauces.	13.45
FISHERMAN'S PLATTER : British wholetail scampi, sautéed king prawns in garlic butter, calamari and cod goujons, served with chips to share, baked artisan bread strips and garlic Marie Rose and tartare sauces.	15.45
THE MEZZE PLATTER : Toasted garlic artisan bread strips, with olives, falafel, flatbread, houmous with rocket pesto, char-grilled asparagus, salsa and a crème fraîche &	11.95

13.45

spring onion dip — served with carrot and cucumber crudités. **THE ULTIMATE PLATTER**: Southern-fried-style chicken pieces, breaded mushrooms, pork ribs, priesu fried extens under a treated garling string bread extine and boar battered exists.

crispy fried potato wedges, toasted garlic artisan bread strips and beer-battered onion rings

— served with a sticky BBQ sauce, salsa and a crème fraîche & spring onion dip.

SANDWICHES AND WRAPS

All served with chilli-spiced coleslaw on the side.	
CHICKEN MARINARA : Southern-fried chicken, smothered in melted smoked mozzarella cheese and a tomato & garlic sauce, served warm in baked artisan bread.	7.45
SPICY STICKY PULLED PORK , served warm in baked artisan bread with melted smoked mozzarella cheese and crunchy chilli slaw.	7.45
MOZZARELLA, TOMATO, AVOCADO & ROCKET PESTO , served in baked artisan bread.	6.75
GRILLED CHICKEN, BACON & AVOCADO WRAP , with sour cream and a crème fraîche & spring onion dressing.	6.45
SMOKED SALMON & AVOCADO WRAP, with watercress and lemon & dill crème fraîche.	7.25
THE FLT WRAP : Falafel, lettuce and tomato, with a crème fraîche & spring onion dressing.	6.45
BBQ CHICKEN, CHEESE & BACON SANDWICH, served in baked artisan bread.	7.45
SOUTHERN-FRIED-STYLE CHICKEN WRAP , with tomato salsa and a crème fraîche & spring onion dressing.	6.45
SPICY SAUSAGE MELT , served in baked artisan bread, with BBQ sauce, melted cheese and sautéed peppers and onion.	7.45
PHILLY STEAK SANDWICH AND CHIPS A 6oz flat-iron steak, served in baked artisan bread, with sticky BBQ sauce and melted cheese, crisp lettuce and sautéed red and spring onions, plus chips and chilli-spiced coleslaw on the side.	9.45
TOSTADA FLATBREADS	
All have a red pepper tapenade base and are finished with watercress. Top with your choice of:	
PULLED PORK , in a sticky, spicy Tabasco® sauce, with jalapeño, melted smoked mozzarella and tomato salsa.	7.85
HARISSA CHICKEN : Spicy harissa-marinated grilled chicken breast, with sautéed peppers, red onion and a cooling crème fraîche & spring onion dressing.	7.85
PARMA HAM AND MOZZARELLA: Drizzled with a rocket pesto dressing.	7.85
© GOAT'S CHEESE With sautéed Paris brown and oyster mushrooms, plus sticky onion marmalade.	7.65
SMOKED SALMON AND AVOCADO, with watercress and lemon & dill crème fraîche.	7.85
ADD CHIPS TO ANY SANDWICH, WRAP OR TOSTADA FLATBREAD	1.00
ADD WEDGES	1.50

BURGERS -

ADD SWEET POTATO FRIES

All served in a glazed brioche bun, along with tomato, lettuce and mayonnaise, with chips and chilli-spiced coleslaw on the side. Our fabulous beef burgers are made with our select blend of herbs and seasoning and can be ordered in two sizes – 9oz or 7oz.

THE CLASSIC BEEF	9.45	8.45
THE SWISS : Our classic burger, with smoked mozzarella cheese and bacon.	10.45	9.45
THE FRENCH : Our classic burger, smothered with sautéed sweet red and spring onions, melting cheese and a red wine & garlic sauce.	10.75	9.75
THE STATESIDE , with mushrooms, melting smoked mozzarella, bacon, beer-battered onion rings and a sticky BBQ sauce.	11.95	10.95
THE ULTIMATE S&L BURGER : Our fabulous beef burger, with a grilled chicken fillet, pulled pork, smoked mozzarella cheese, lettuce, tomato, chilli-spiced slaw and pickles — all topped with a sticky, spicy Tabasco® sauce.	13.25	12.25
ADD AN EXTRA BEEF BURGER	3.75	2.75
THE GRILLED CHICKEN FILLET		8.45
THE ITALIAN : Grilled chicken breast fillet, topped with mozzarella, Parma ham and a rocket pesto dressing.		9.45
THE FALAFEL, with guacamole and a sweet chilli sauce.		8.45
BATTERED COD FINGERS, with iceberg lettuce and tartare sauce.		7.45

SAINTLY SELECTIONS -

These smaller-plate dishes are perfect for those with a lighter appetite.

Our house salad contains: seasonal mixed leaves, plum tomato, cucumber, mixed peppers, chilli-spiced coleslaw (no mayo), spring onion, edamame beans, pomegranate pearls, coriander and a low-calorie French-style dressing.

GRILLED ASPARAGUS & KING PRAWN SALAD (350 Cal) Served on our house salad, with a poached egg.	8.45
 ■ AUBERGINE & TOMATO BAKE (430 Cal) Thin slices of aubergine – filled with orzo pasta, tomato, garlic, basil and pulses rolled, lightly coated with a cheese sauce and served with our house salad. 	7.45
CHICKEN & PEPPER SKEWER (416 Cal) Char-grilled chicken breast with mixed peppers and red onion, marinated with lemon and olive oil and served with our house salad.	6.45
SWEET POTATO SALAD (495 Cal) Roasted sweet potato wedges, on house salad, with chickpeas, couscous and a tomato & mint dressing.	6.45
W BRIE & BROCCOLI PASTA BAKE (498 Cal) Served with a green salad.	7.45



SALADS

Our house salad contains: seasonal mixed leaves, plum tomato, cucumber, mixed peppers, chilli-spiced coleslaw (no mayo), spring onion, edamame beans, pomegranate pearls, coriander and a low-calorie French-style dressing; if you would prefer your salad dressing on the side, just ask.

GRILLED CHICKEN, BACON AND AVOCADO, served on our house	salad. 8.95
SMOKED HADDOCK FISHCAKES , served on our house salad, with a crème fraîche & spring onion dip on the side.	8.95
CHAR-GRILLED CHICKEN CAESAR SALAD : Cos lettuce with cris a Caesar dressing and grana padano cheese shavings.	py croûtons, 7.95
MOROCCAN CHICKEN: Spicy harissa-marinated grilled chicken brewedges, served on our house salad, with chickpea couscous and a to	

PASTA AND RISOTTO

2.00

All served with toasted garlic artisan bread.	
BAKED LINGUINI CARBONARA, with a creamy cheese & bacon sauce.	6.85
OPENNE ARRABBIATA : Penne pasta with spicy tomato sauce and watercress.	6.45
♥ BUTTERNUT SQUASH, SPINACH & GOAT'S CHEESE LASAGNE	8.25
WITH BBQ PULLED PORK	6.85 8.30
	9.25
GRILLED SALMON, WITH THREE-GRAIN RISOTTO : Butternut squash, pepper & mixed herb cheesy risotto, topped with a char-grilled salmon fillet.	12.75

8oz RUMP STEAK	11.75
10oz RIB-EYE STEAK	15.25
Both of our steaks are matured for a minimum of 35 days, char-grilled and served with chips, onion rings, watercress and grilled tomato.	
ADD PEPPERCORN OR BÉARNAISE SAUCE	1.25
ADD A SKEWER OF FIVE KING PRAWNS	2.75
RACK OF RIBS : A rack of pork ribs, smothered in a sticky BBQ sauce and served with chips and chilli-spiced coleslaw.	11.25
LEMON-&-GARLIC-GLAZED GRILLED CHICKEN , served with chips, grilled tomato and watercress.	9.45
GRILLED SALMON FILLET , with sweet potato fries, buttered asparagus and a white wine & fennel sauce on the side.	11.75
CHICKEN SOUVLAKI : Lemon-&-olive-oil-marinated chicken breast, red onion & mixed pepper skewers, houmous with rocket pesto, a crème fraîche & spring onion dressing and flatbread to wrap. Why not add our spicy-hot sauce?	7.45

- MAINS -

GRILLS -

ITALIAN-STYLE SALMON , char-grilled and served with potato wedges, sautéed peppers, red onion and watercress — topped with a creamy white wine & garlic sauce.	10.95
LINCOLNSHIRE PORK SAUSAGES OR QUORN SAUSAGES , served with a rich red wine gravy, sticky onion marmalade, sautéed red and spring onions and buttery mash.	6.75
ITALIAN-STYLE CHICKEN , char-grilled and served with potato wedges, sautéed peppers, red onion and watercress – topped with a creamy white wine & garlic sauce.	9.45
CHILLI CON CARNE, with rice and nachos, topped with a crème fraîche & spring onion sauce.	6.75
HAND-BATTERED COD FILLET, served with chips, minted mushy peas and tartare sauce.	9.45
STUFFED CHICKEN SCHNITZEL : Breaded chicken breast, stuffed with Parma ham and a herb cream sauce, topped with grana padano shavings and a tomato & garlic sauce and served with chips and baby watercress.	10.95
SMOTHERED CHICKEN , grilled and topped with bacon, sticky BBQ sauce and melted cheese and served with chips and garden peas.	7.95
BRITISH WHOLETAIL SCAMPI, served with chips, garden peas and tartare sauce.	8.25
PARMA-HAM-WRAPPED CHICKEN BREAST , sautéed with mixed mushroom, asparagus and peppers and served with a chive sauce, sweet potatoes and baby watercress.	10.45
CHICKEN TIKKA MAKHANI: Chicken breast pieces, in a creamy lentil, spinach & cashew nut curry sauce.	8.25
SMOKED HADDOCK, SALMON & KING PRAWN PIE , with a cream & leek sauce, topped with buttery mash and cheese and served with garden peas and artisan bread.	9.25
COTTAGE PIE : Minced beef with carrot, leek, onion and red wine, topped with a cheesy mash and served with garden peas and baked artisan bread.	6.75
OPEN CHICKEN PIE : Chicken breast in a creamy smoked Applewood cheese & bacon sauce, in an open puff pastry pie, served with garden peas and chips.	9.45
BRITISH BEEF & CHORIZO PUFF PIE , slow-cooked in a Rioja sauce and served with garden peas and your choice of buttery mash or chips.	9.45

SIDES -	
LARGE CHIPS, with garlic mayo.	3.95
LARGE SWEET POTATO FRIES, with garlic mayo.	4.95
W BUTTERY MASH	2.25
10 TOASTED GARLIC ARTISAN BREAD STRIPS	2.00
BEER-BATTERED ONION RINGS	2.50
W HOUSE SIDE SALAD , in a low-fat French-style dressing.	1.95
() CHILLI-SPICED COLESLAW	0.75
BUTTERED ASPARAGUS	2.75

BRITISH BEEF & RED WINE SHORTCRUST PIE, served with garden peas and your choice of buttery mash or chips.

CHILDREN'S MENU 2 COURSES AND A DRINK



9.45

DECCEPTO

DESSERIS	
MILLIONAIRE'S MERINGUE : Sweet chocolate pastry, layered with rich toffee, topped with a rich chocolate ganache and piled high with meringue, then baked.	4.95
COOKIE CUP EXPLOSION : A cookie biscuit base, filled with chocolate brownie, marshmallow pieces and chocolate honeycomb, served with vanilla ice cream.	4.95
STICKY TOFFEE PUDDING, served with hot custard or vanilla ice cream.	4.95
HOT CHOCOLATE-PUDDLE SPONGE PUDDING , with chocolate sauce, served with hot custard or vanilla ice cream.	4.95
V CARAMEL APPLE CRUMBLE PIE, served with hot custard or vanilla ice cream.	4.95
CHOCOLATE OR VANILLA ICE CREAM	3.45
▼ AMARETTI & IRISH CREAM CHEESECAKE	4.95
STICKY TREACLE TART, served with hot custard or vanilla ice cream.	4.95
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all day every day	
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CHOOSE ANY TWO DESSERTS AND RECEIVE THE LOWER-PRICED DESSERT ON US Not in conjunction with Happy Mondays. The two desserts must be purchased at the same time.	