



baroosh

{ *bar & kitchen* }

FOOD



www.baroosh.co.uk



SMALLER PLATES

add a mug of skinny fries for £1.50

not just any nachos (v) ~ £6.95

fried wheat tortilla, chilli bean, sour cream, avocado dip, melted cheese.

~ add bbq pulled pork for £1.50

halloumi wrap (v) ~ £6.85

giant cous cous, roasted red peppers, parsley, wheat tortilla.

mushrooms on toast (v) ~ £5.95

sautéed cup & chestnut mushrooms, garlic, parsley, rocket leaves.

buffalo chicken wings ~ £6.95

franks™ hot sauce, creamy ranch dressing dip, blue cheese dip, celery & carrot sticks.

chicken & bacon bbq roll ~ £6.45

bbq sauce, gem lettuce, fennel & onion bun.

brie bruschetta (v) ~ £5.95

rocket, cranberry & olive oil dressing.

flat iron steak sandwich ~ £7.45

best grilled medium rare. beer braised onions, toasted ciabatta.

~ make that a philly - add red & green peppers, emmental cheese for £1.50

pulled pork pancakes ~ £6.95

thin strips of cucumber & spring onion, bbq sauce.

beetroot gnocchi (v) ~ £6.95

potato gnocchi, mascarpone, grated gran moravia™ cheese, rocket.

pâté kilner ~ £4.75

chicken liver, butter, tomato chutney, toast.

smoky roll ~ £4.95

smoked cumberland sausage, puff pastry, beer braised onions.

falafels (v)

broad bean, pea & potato falafels, cracked wheat & herb salad, tzatziki.

pork & chorizo sausages

creamy ranch dressing dip.

halloumi cheese (v)

griddled, lime & caper vinaigrette.

edamame beans (v)

wasabi & soy dressing.

pork crackling

apple, currant & ale chutney.

hand cut potato wedges (v)

baked & fried, sea salt, garlic mayo.

quinoa, pea & feta bites (v)

baked, crumbled feta cheese, parsley.

polenta chips (v)

grated gran moravia™ cheese, parsley.

mixed olives and mixed nuts (v)

popcorn mussels

herb beer batter, tartare sauce.

king prawns

grilled, lime & coriander butter.

red jar (v)

beetroot hummus, roasted red peppers, tomato salsa, pomoderello tomatoes, toasted soldiers.

bigger plates

beef burger ~ £8.95

toasted brioche bun, tomato, dill pickle, burger sauce, gem lettuce, skinny fries.

~ add bacon and emmental cheese

~ add bbq pulled pork

~ add smashed avocado - all for £1.50 each

rib eye steak ~ £13.50

28 day aged, 8oz, skinny fries.

add béarnaise or peppercorn sauce for £1.25

butterfly chicken ~ £8.95

chargrilled lemon, skinny fries, baroosh salad.

sauce: bbq or chipotle

gammon & eggs ~ £9.75

chargrilled steaks, skinny fries, slow roasted tomato, field mushroom.

falafel & halloumi burger (v) ~ £8.95

broad bean, pea & potato falafel, fennel & onion bun, hummus, tomato, pepper, gem lettuce, tzatziki, skinny fries.

butternut squash & root vegetable laksa (v) ~ £8.75

udon noodles, coconut milk, lime, red chilli, coriander.

cumberland sausages ~ £8.45

bubble & squeak, beer onions, red wine gravy.

chicken milanese ~ £9.75

breaded chicken breast, linguine pasta, tomato sauce, basil, parsley, gran moravia™ cheese

super healthy salmon salad ~ £9.75

rocket, gem lettuce, mixed grains, peas, broccoli, toasted seeds, lemon & olive oil dressing.

chicken & bacon cobb salad ~ £8.45

avocado, gem lettuce, red pepper, slow roasted tomatoes, shaved parmesan, soft boiled egg, creamy house dressing.

cottage pie ~ £9.25

pulled & minced beef, roasted root vegetables, buttered mash top, red wine gravy.

salmon & smoked haddock fishcake ~ £9.50

wilted spinach, shellfish cream sauce, chargrilled lemon.

monkfish bouillabaisse ~ £10.50

roasted vegetables, lemon, parsley.

SUNDAY ROASTS

freshly roasted, hand carved. when they're gone, they're gone.



naughty but nice! ~ all priced at £4.25 each

sticky toffee pudding

toffee sauce, custard.

rice pudding crème brûlée

caramelised sugar.

warm chocolate brownie

chocolate sauce, clotted cream.

affogato vanilla ice cream

hot chocolate & espresso sauce, biscotti biscuit.

fruit crumble

apple & blackberry, oat topping, custard.

chocolate belgian waffle

vanilla ice cream, chocolate flake, chocolate sauce, caramel popcorn.

banoffee banoffee banoffee

banana, digestive biscuits, dulce de leche fudge sauce, vanilla ice cream, caramel popcorn.

SIDES

baroosh salad (v).....£2.00

chunky chips (v)£4.25

katsu curry sauce or smoky chipotle sauce

skinny fries (v)£3.25

spicy mayo

beer battered onion rings (v)£3.25

grilled corn on the cob (v)£3.25

chilli butter

parsley buttered new potatoes (v)£3.00

buttered greens (v)£3.00

bread board (v)£4.25

warm bread, balsamic & olive oil, tomato pesto dip

roasted roots (v)£3.00

carrots, butternut squash, beetroot, red onion, chickpeas, paprika oil.

gnocchi cheese (v)£3.25

potato gnocchi, gran moravia™ cheese.

coffee & tea
hand crafted & credible

(v) suitable for vegetarians. all items are subject to availability. all prices include V.A.T. service is not included. all tips are retained by the grateful team. regrettably we cannot guarantee any items on our menu are free from nuts or our fish is free from bones. before you order your food and drinks please speak to our team if you have a food allergy or intolerance.