

"Caribbean cooking is all about unique West Indian spices, mixed with flavours from all around the world, to create truly unique food that's great for sharing or keeping to yourself! Cool cooking with hot flavours..."



STARTERS/CUTTERS

£4.95 EACH

Inspired by Beach Shacks & Street Hawkers across the Caribbean Islands, these authentic, great tasting dishes are perfect as a starter or for friends to share with cocktails.

PEPPER ROTI

Oven baked spicy ‘buss up shut’ roti, potatoes, carrots, peppers, cheese & scotch bonnet

TRINI DOUBLES

Bara roti, curried Trini chickpeas, cucumber chutney & coconut shavings

JAMAICAN FRIED BAIT

Lightly spiced & crisp whitebait with fresh lime & coriander mayo

GARLIC ‘N’ HERB FLATBREAD

Hand-made, stone baked flatbread, herb, chilli & garlic butter

SWEETCORN FRITTERS

Fried sweet corn fritters with hot sauce

BEEF PATTY

Beef patty, scotch bonnet & herb mayo

CHILLI FRIED SQUID

Crisp fried spiced coated squid, mango mole, fresh lime & coriander mayo

JERK PIT PRAWNS

Whole shell-on jerk pit grilled king prawns, herb, chilli & garlic butter, flatbread - £5.95

DUCK ROLL

Slow roasted shredded duck, onion, tamarind, soy sauce, chilli & sugarcane, sour orange chutney

JERK CHICKEN WINGS

Jerk spice marinated, grilled & glazed chicken wings, sour orange chutney

PULLED PORK SALAD

Slow roast pulled jerk pork, rocket, fresh butternut squash, mango, orange & coconut shavings

JERK PIT RIBS

Jerk spice marinated, grilled & glazed pork ribs, sour orange chutney

BEACH FOOD PLATTER

Spicy jerk chicken wings, pepper roti, sweet corn fritters, garlic ‘n’ herb flatbread - £12.95

PROVISIONS

£2.35 EACH

Rice ‘n’ Peas

Cheesy Jerk Fries

Fried Dumplings

Paratha Roti

Caribbean Slaw

Sweet Potato Fries

Dressed Salad

Sweet Plantain

Trini Chickpeas

Sweet Potato Mash

LUNCH ‘N’ LIGHTER

PERFECT FOR LUNCH & EARLY SUPPER - £6.95 EACH

BUNS

PULLED CHICKEN BUN

Jerk glazed pulled chicken, brioche bun, sweet onion chutney, herb mayo, Caribbean slaw, fries or dressed salad

STREET BURGER

Seasoned beef burger, spicy pulled jerk pork, brioche bun, sweet onion chutney, herb mayo, Caribbean slaw, fries or dressed salad

PULLED PORK BUN

Roasted jerk pulled pork, brioche bun, sweet onion chutney, herb mayo, Caribbean slaw, fries or dressed salad

ROTI WRAPS

SHRIMP & MANGO WRAP

Shrimp, fresh mango, sweet potato, butternut squash & carrot, with fries or dressed salad

JERK CHICKEN WRAP

Jerk chicken, sweet potato, butternut squash & carrot, with fries or dressed salad

SPICED GOAT WRAP

Spiced goat, sweet potato, butternut squash & carrot, with fries or dressed salad

FLATBREADS

CHICKEN FLATBREAD

With jerk spice glazed chicken, grilled tomatoes, sweet red onion chutney, rocket & Bajan hot sauce

GOATS CHEESE & BUTTERNUT SQUASH FLATBREAD

With goats cheese, butternut squash, grilled tomatoes, sweet onion chutney, rocket & Bajan hot sauce

GRILLS

LUNCH JERK RIBS

Jerk pork ribs, honey bbq glaze, sour orange chutney, Caribbean slaw, rice ‘n’ peas or fries

¼ JERK CHICKEN

12 spice & herb jerk marinated & grilled, Caribbean slaw, rice ‘n’ peas or fries

SALADS

£8.50 EACH

ROASTED BUTTERNUT & GOATS CHEESE SALAD

Roasted butternut squash, goats cheese, dressed rocket, baby gem, tomatoes, carrots, cucumber & raisins, fresh watermelon

CHICKEN FESTIVAL SALAD

Grilled jerk chicken & fresh watermelon, dressed rocket, baby gem, tomatoes, carrots, cucumber & raisins

SALMON SALAD

Jerk spice glazed salmon fillet, dressed rocket, baby gem, tomatoes, carrots, cucumber & raisins, fresh watermelon

ONE POTS

RICH, SLOWLY SIMMERED & UNIQUELY CARIBBEAN - £9.65 EACH

CARIBBEAN FISH CURRY

Snapper fillet, coconut, mango, Caribbean spices, sweet onion chutney, rice ‘n’ peas, flatbread

TRINIDAD CURRY CHICKEN

Chicken breast, mango & coconut, sweet onion chutney, rice ‘n’ peas & flatbread

JAMAICAN BROWNE D CHICKEN

Marinated & slow braised on the bone, rice ‘n’ peas, fried dumplings

OUR CURRY GOAT

Marinated goat, potatoes & carrots, rice ‘n’ peas, sweet onion chutney & flatbread

CURRY, SHRIMP & MANGO

Shrimps, mango, sweet potatoes, tomato, garlic, ginger, Caribbean spices, green seasoning, sweet onion chutney, rice ‘n’ peas, flatbread

RASTAFARI RUN DOWN

Butter beans, corn cob, greens, carrots, sweet potatoes, herbs, coconut milk, rice ‘n’ peas, fried dumplings

CHICKPEA & CURRY SQUASH

Chickpeas, butternut squash, spices, sweet onion chutney, rice ‘n’ peas & flatbread

JERK PIT BBQ

With its unique flavours & fantastic aromas the jerk pit is the ultimate Caribbean barbecue. Our succulent authentic jerk dishes are marinated with herbs & spices & flame grilled to order over allspice & thyme wood

GOAT BURGER

Grilled jerk spiced goat burger, brioche bun, jerk glaze, green seasoning, sweet onion chutney, sweet plantain, Caribbean slaw and sweet potato fries - £11.95

JERK LAMB

Grilled jerk marinated & glazed lamb steak, fresh green seasoning, Caribbean slaw & sweet potato mash - £12.50

JERK RIBS

Grilled spice marinated jerk pork ribs, honey bbq glaze, sour orange chutney and Caribbean slaw. With rice ‘n’ peas, sweet potato mash or sweet potato fries - £9.85

JERK CHICKEN

12 spice & herb jerk marinated & grilled, sour orange chutney and Caribbean slaw. With rice ‘n’ peas, sweet potato mash or sweet potato fries ½ - £9.95 1 - £15.50

JERK SALMON

Jerk spice glazed salmon fillet, dressed salad, sweet potato mash or sweet potato fries - £11.95

ESCOVITCH FISH

Whole roasted bream, sauce of tomatoes, scotch bonnet, onion, carrots, dressed salad & rice ‘n’ peas - £12.50

MO’ BAY CHICKEN

Chicken breast, creamy jerk spiced sauce, onions, plantain and dressed salad. With rice ‘n’ peas, sweet potato mash or sweet potato fries - £9.85

DOUBLE DIPPED STEAK

Grilled jerk marinated steak, sweet onion chutney, Caribbean slaw, sweet potato mash or sweet potato fries - £14.25

DIPPED PORK STEAK

Grilled jerk spice marinated pork steak, jerk glaze, green seasoning, sweet plantain, Caribbean slaw, rice ‘n’ peas, sweet potato mash or sweet potato fries - £9.85

PUDDINGS

£4.85 EACH

BBQ PINEAPPLE

Grilled sugared pineapple, rum caramel sauce, coconut ice-cream & shavings

BANANA & TOFFEE CHEESECAKE

Rum caramel sauce

CAYMANAS RUM CAKE

Warm golden mellow rum cake, rum caramel & vanilla ice cream

BANANA LOAF

Home-style Jamaican banana loaf & frozen yoghurt

RUM & RAISIN BREAD PUDDING

Slow baked with dark rum, cinnamon raisins, & brown sugar, vanilla ice-cream

DARK CHOCOLATE BROWNIE

Rich, dark chocolate baked pie, vanilla ice cream

POACHED MANGO

Poached Mango, Caribbean spiced syrup, cracked pepper, frozen yogurt, coconut shavings  
Add a shot of Koko Kanu £2



10% OFF TAKE-OUT



"Rum is tropical Caribbean sunshine, bottled, and has been intricately woven into the rich history and culture of the islands for centuries, celebrated at Turtle Bay with over 40 rums sourced from across the Caribbean, perfect for sipping and cocktails..."

CARIBBEAN COCKTAILS

£6.95 EACH OR 2'4'1 AT HAPPY HOUR

TOBAGO TEA

Rum, tequila, vodka, gin, triple sec, fresh lemon, mango & lemonade

JAMMIN'

White rum, apricot liqueur, fresh mint, ginger, lemon, apple juice & apricot jam

RASPBERRY REGGAE

White rum, raspberries, fresh lime & club soda

RUM SOUR

Classic with Appleton Special made sour

TINGWRAY

126 proof Wray & Nephew, Ting grapefruit crush & fresh lime

HUMMINGBIRD

White rum, Tia Maria, banana liqueur, cream, fresh banana & coconut

KOKO COLADA

Koko Kanu white rum, pineapple, coconut & cream, grated nutmeg

JUMBLED JULEP

White rum & Passoa, fresh strawberries, mint & apple, also try with vodka

ESPRESSO MARTINI

Chilled coffee, Tia Maria & vodka

PASSION RUM PUNCH

Dark rum & Passoa, fresh passion fruit, orange juice & lemon

BAY BRAMBLE

White rum, blackberry brandy, fresh lemon & club soda

MARLEY MOJITO

Appleton Special rum, Midori, fresh mint & watermelon, home-made ginger beer

VANILLA & PASSION FRUIT MOJITO

Cockspur gold rum, vanilla, fresh passion fruit, fresh lime & mint

CARIBBEAN PIMMS

Pimms, fresh mint, strawberries, cucumber, lime, ginger, orange & passion fruit

BAHAMA MAMA

Koko Kanu & banana liqueur with pineapple & grenadine

BEACHCOMBERS ZOMBIE

4 rums, absinthe, bitters & tropical juices

ONE LOVE

Passion fruit liqueur. Blackwell rum, fresh passion fruit, coconut, Martini style

BUFFALO SOLDIER

Buffalo Trace bourbon, falernum, apple juice & fresh mint

RUM RUNNER

Frozen blend of dark rum, blackberry & banana liqueurs, lemon & grenadine

STRAWBERRY DAIQUIRI

Havana Especial, strawberry liqueur, fresh lime & strawberries

JAMAICAN MULE

Sailor Jerry's spiced rum, fresh lime & home-made ginger beer

RUDE BOY

126 proof Wray & Nephew, Woods 100, falernum & fresh lime, Martini style

ALL COCKTAILS  
2'4'1 ON  
HAPPY HOUR

REGGAE RUM PUNCH

126 proof Wray & Nephew & strawberry liqueur, fresh lime, orange & pineapple

MAI TAI

Appleton Special rum, orange rum liqueur, apricot brandy, fresh lime & pineapple

MOJITO

Blackwell rum, fresh mint, lime & club soda

ISLAND ICED TEA

Rum, tequila, vodka, gin, triple sec, fresh lemon & cola

RUM TASTING BOARD

Choice of any 4 rums and a can of Ting E18



CARIBBEAN SOFTS

£3.55 EACH

BERRY SMOOTHY

Fresh raspberries, condensed milk & cream

COCONUT & PINEAPPLE PUNCH

Coconut, pineapple, condensed milk, cream

PEANUT BUTTER & BANANA SMOOTHY

Smooth peanut butter, fresh banana, condensed milk, cream

WATERMELON CRUSH

Blended fresh watermelon & ice

VITALISER

Blend of fresh carrots, mango & ginger

PASSION FRUIT COOLER

Fresh passion fruit, orange & ice

PINK LEMONADE

Home-made pink lemonade

LIMEADE

Home-made limeade with freshly squeezed limes, sugar & club soda

GINGER BEER

Home-made ginger beer with spiced pepper, cloves & fresh lime

TING GRAPEFRUIT CRUSH

Lightly carbonated & full of tasty Jamaican grapefruit flavour - £2.45

GRACE COCONUT WATER

Pure young natural coconut water with pulp - £2.45

COOL GRAPES

BOTTLE - £16.95 EACH

175ML GLASS - £4.10 EACH

250ML GLASS - £5.95 EACH



AVAILABLE BY THE GLASS

WHITE

PINOT GRIGIO, PONTEBELLO

Australia  
A Pinot with a bit of oomph!

GRILLO, SOLANDIA

Italy  
Rich and bursting with Sicilian sun

CHENIN BLANC, CULLINAN VIEW

South Africa  
A real champion with our chargrill

SAUVIGNON BLANC, FOOTSTEPS

Chile  
Racy little number, with or without food

CHARDONNAY, SHORT MILE BAY

Australia  
A reliable Aussie all rounder

SAUVIGNON BLANC, NOBILO

New Zealand - £19.95  
Sensational wine. Bang on with fish

RED

SHIRAZ, THE GOURMET

Australia  
Rich, spicy pepper bomb from Oz

CABERNET SAUVIGNON, FOOTSTEPS

Chile  
Dark, lush, with a big fruit punch

MERLOT, BERRI ESTATES

Australia  
Bold fruit flavours, loves a curry

TEMPRANILLO, CONDESA

Spain  
Our favourite part of a Mediterranean lifestyle

MALBEC, PORTILLO

Argentina - £19.95  
A rich wine to go with our bold flavours

ROSE

WHITE ZINFANDEL, VENDAGE

USA  
Californian strawberries & whipped cream

PINOT GRIGIO ROSE, BELVINO

Italy  
Less sweet, though just as cool

SPARKLING

PROSECCO EXTRA DRY, SANT' ORSOLA

Italy  
An everyday celebration - £21.00

CHAMPAGNE BRUT, PIPER HEIDSEICK

France  
The ultimate fizz - £45.95

UPLOAD YOUR PHOTOS FROM YOUR VISIT  
#WELOVEJERK



/TurtleBayRestaurants



@Turtlebayuk



All prices include VAT at 20% - We take cash, visa, mastercard & maestro. An optional 10% service charge will be added to parties of 5 or more.  
Due to the presence of nuts in some of our dishes we cannot guarantee absence of nut traces in our dishes. If you require any information about allergens in our food or drink please ask your server.

BEERS

JAMAICAN PALE ALE

By the Bay, for the Bay - £3.85

CARIB BOTTLE

Originated from Trinidad - £3.85

GUINNESS WEST INDIES PORTER

Not just for the Irish!  
500ml (abv 6%) - £5.50

GUINNESS PUNCH

A classic with Guinness, vanilla, nutmeg & condensed milk - £4.50  
Add shot Appleton rum £2

RED STRIPE BOTTLE

The Jamaican's beer of choice - £3.85

RED STRIPE PINT

£3.95

RED 'N' BLACK

A pint of Red Stripe with Blackwell Rum chaser - £5.95

JAMAICAN SHANDY

Red Stripe, home-made ginger beer & bitters. - £3.85  
Add shot Appleton rum £2