

BE AT
ONE

COCKTAIL MENU

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between Sunday - Thursday

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special cocktail

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NEW VIRTUOUS COCKTAILS

We are proud to present our new range of virtuous cocktails; great-tasting drinks which either have a slightly lower ABV or more wholesome ingredients, so you can feel a little less-guilty about indulging yourself. Look for this symbol and try something new!

IRISH DISCO**BISCUIT** £8.5

Baileys · crème de menthe · Oreo cookies · vanilla ice cream

BOLERO £8.5

Malibu · mango liqueur · passionfruit liqueur · mango purée · vanilla ice cream

BRAZILIAN MONK £8.5

Frangelico hazelnut liqueur · Kahlúa · chocolate liqueur · vanilla ice cream
{Also available straight up}

FIRE AND ICE £8.5

Cinnamon whisky liqueur · maple syrup · vanilla ice cream

RHYS' PIECES £8.5

Peanut butter cups · bourbon · sugar · vanilla ice cream

POPSTER £8.5

Butterscotch schnapps · sweet and salty popcorn · vanilla ice cream



APEROL SPRITZ £9.5Aperol · Prosecco Santome ·
soda water**BANGKOK GARDEN PARTY** £9.5Lemongrass liqueur · Sencha tea
liqueur · Prosecco · Ting**FROZEN BELLINIS** £9.5Absolut vodka · fruit liqueur · fruit
purée · sugar · Prosecco Santome
{Mango, Strawberry or Peach}**RUSSIAN SPRING PUNCH** £10.5Absolut vodka · crème de
cassis · lemon juice · sugar ·
Mumm Champagne**COINTREAU FIZZ** £10.5Cointreau · fresh passionfruit ·
agave syrup · lime juice ·
Mumm Champagne**BELLINI** £9.5White peach or mango purée ·
Prosecco Santome**CHAMPAGNE COCKTAIL** £10.5Mumm Champagne · brown sugar ·
bitters · cognac**KIR ROYALE** £10.5

Crème de Cassis · Mumm Champagne

FRENCH 75 £10.5Beefeater gin · fresh lemon juice ·
sugar · Mumm Champagne**KILLING MONICA** £10.5Absolut Elyx · rhubarb syrup ·
fresh lemon juice · rhubarb
bitters · rosé Champagne {Created for
Candace Bushnell's Killing Monica book launch
in September 2015}

MARGARITA £8.5

Olmea Blanco tequila · triple sec · fresh lime juice · agave syrup
{Choose from straight up or on the rocks}

PASSIONFRUIT**MARGARITA** £9.5

Herradura Reposado tequila · fresh lime juice · passoa · passionfruit syrup {Served straight up with a sugar rim}

POLLOS**HERMANOS** £8.5

Mezcal · apricot brandy · fresh lime juice · agave syrup

**TOMMY'S****MARGARITA** £8.5

El Jimador Blanco tequila · agave syrup · fresh lime juice
{Served on the rocks without a salt rim}

**ALTOS VIEJO** £8.5

Olmea Altos Reposado tequila · agave syrup · chocolate bitters

CHICA CALIENTE £8.5

Patron Silver tequila · vanilla liqueur · passionfruit purée · vanilla syrup · fresh lime juice · Tabasco

**MAPLE****MARGARITA** £8.5

El Jimador Blanco tequila · fresh lemon juice · maple syrup · apple juice

TIJUANA TANGO £8.5

Mezcal · Chambord · cranberry juice · lime juice · agave syrup · raspberry purée



TOM COLLINS £7

Beefeater gin · fresh lemon juice ·
sugar syrup · egg white · soda

FRUIT COLLINS £8.5

Beefeater gin · lemon juice ·
sugar · fruit purée · soda water {Or try
with vodka}

SINGAPORE SLING £9.5

Beefeater gin · cherry liqueur ·
Cointreau · Benedictine · grenadine ·
bitters · lime juice · pineapple juice

RAMOS GIN FIZZ £9.5

Gin · lemon juice · lime juice · sugar
syrup · egg white · milk · orange
blossom water · vanilla bitters · soda

ENGLISH FIZZ £9.5

Hendrick's gin · elderflower liqueur ·
fresh mint · fresh lemon juice ·
cucumber syrup · soda water

**BRAMBLE** £8.5

Beefeater gin · fresh lemon juice ·
sugar · blackberry liqueur

NEGRONI £8.5

Beefeater gin · Cocchi · Campari

GIN RE-FASHIONED £9.5

Sipsmith VJOP · passionfruit syrup ·
orange bitters

**MONTE CASINO** £8.5

Beefeater 24 gin · apricot brandy ·
apricot preserve · fresh lemon juice ·
orange bitters

LYCHEE MARTINI £8.5

Beefeater gin · lychee juice · lychee
liqueur · Chambord

BREAKFAST**MARTINI** £8.5

Beefeater 24 gin · Cointreau · fresh
lemon juice · orange marmalade

**BEE'S KNEES** £8.5

Whitley Neill gin · lemon juice ·
Manuka honey & pollen syrup

**VESPER** £8.5

Plymouth Gin · Belvedere vodka ·
Lillet Blanc

MARTINI £8.5

Beefeater gin · dry vermouth
{Stirred with ice until chilled and served with
olives or a twist · You can also request a different
gin · Or try with vodka}

**MARTINEZ** £8.5

Gin · Cocchi · maraschino liqueur ·
orange bitters

CLOVER CLUB £8.5

Bombay Sapphire gin · dry vermouth ·
lemon juice · raspberry syrup ·
egg white

AVIATION £9.5

Plymouth gin · violet liqueur ·
maraschino liqueur · lemon juice



LYNCHBURG**LEMONADE** £8.5

Jack Daniel's whiskey · triple sec ·
fresh lemon juice · egg white ·
sugar · lemonade

**RASPBERRY****LYNCHBURG** £8.5

Jack Daniel's whiskey · Chambord ·
fresh lemon juice · egg white ·
raspberry syrup · lemonade

SHOW ME THE**MONKEY** £8.5

Fresh mint · Monkey Shoulder ·
Drambuie · fresh lemon juice · sugar ·
apple juice

WHISKEY SOUR £8.5

Gentleman Jack Tennessee whiskey ·
fresh lemon juice · egg white · sugar

MINT JULEP £8.5

Woodford Reserve bourbon whiskey ·
fresh mint · sugar

**OLD FASHIONED** £8.5

Bourbon · sugar syrup · orange
bitters · maraschino syrup

**SAZERAC** £9.5

Bourbon · Cognac {or choose from straight
bourbon or rye whiskey} · sugar · Creole
bitters · Absinthe rinsed glass

SMOKY BRAMBLE £8.5

Monkey Shoulder Scotch whisky ·
fresh lemon juice · sugar ·
cherry brandy

ELLIS ISLAND £9.5

Wild Turkey Rye whiskey · Averna ·
orange bitters {Stirred down and chilled}

**MANHATTAN** £8.5

Woodford Reserve bourbon or rye
whiskey · vermouth · aromatic bitters
{Choose from Sweet, Dry, or Perfect}

ROB ROY £8.5

Chivas Regal 12yr old Scotch whisky ·
sweet vermouth · aromatic bitters

BLOOD & SAND £8.5

Chivas Regal 12yr old Scotch whisky ·
cherry liqueur · sweet vermouth ·
orange juice



THE TOP TEN

PORN STAR MARTINI £9.5

Absolut Vanilia vodka ·
Passoa passionfruit
liqueur · passionfruit purée
and syrup · served with a
shot of Prosecco on the side

ALMOND MOCHA £8.5

Kahlua · almond butter ·
raw chocolate powder ·
almond milk · palm
sugar syrup

KILLING MONICA £10.5

Absolut Elyx ·
rhubarb syrup ·
fresh lemon juice ·
rhubarb bitters ·
rosé Champagne

POLLOS

HERMANOS £8.5

Mezcal · apricot brandy ·
fresh lime juice · agave syrup

BAN DAQ £9.5

Havana 7 yr old rum ·
banana liqueur · sugar
syrup · fresh banana ·
lime juice

BEETROOT RETOX £8.5

Kamm & Sons ·
pomegranate juice ·
beetroot juice ·
raspberry purée ·
agave syrup

POPSTER £8.5

Butterscotch schnapps · sweet and
salty popcorn · vanilla ice cream

GIN RE- FASHIONED £9.5

Sipsmith VJOP · passionfruit
syrup · orange bitters

CANDY PANTS £8.5

Absolut Kurant
vodka · Chambord ·
strawberry purée ·
fresh lemon juice ·
cranberry juice

BEE'S KNEES £8.5

Whitley Neill gin · lemon juice ·
Manuka honey & pollen syrup



PISCO SOUR £8.5

ABA Pisco · fresh lime juice · sugar · egg white · freshly ground nutmeg · bitters



LAST WORD £8.5

Gin · lime juice · Maraschino · Green Chartreuse

WHITE

MOCHA-TINI £9.5

Patron XO Café liqueur · Mozart white chocolate liqueur · espresso

JAPANESE SLIPPER £8.5

Midori Melon liqueur · Cointreau · fresh lemon juice

PORN STAR

MARTINI £9.5

Passoa passionfruit liqueur · vanilla vodka · passionfruit purée and syrup · shot of Prosecco on the side

FLAME-HAIRED

VIXEN £7

Kings ginger liqueur · Violette liqueur · carrot juice · apple juice · fresh lemon juice



BEETROOT RETOX £8.5

Kamm & Sons · pomegranate juice · beetroot juice · raspberry purée · agave syrup

ALMOND MOCHA £8.5

Kahlua · almond butter · raw chocolate powder · almond milk · palm sugar syrup

AMARETTO

SOUR £7

Disaronno · fresh lemon juice · egg white · sugar



CAIPIRINHA £8.5

Velho Barreiro cachaça · fresh limes · brown sugar {Choose from classic, strawberry, passionfruit raspberry, mango or white peach}

JUNE BUG £8.5

Midori · Malibu · banana liqueur · pineapple juice · fresh lemon juice · sugar



KEY WEST COOLER £8.5

Absolut vodka · peach schnapps · Midori · Malibu · orange juice · cranberry juice

BOSTON TEA PARTY £8.5

Absolut vodka · Havana Club Especial rum · Beefeater gin · Grand Marnier · Tia Maria · fresh lemon juice · sugar · cola {Make it a Boston Beach Party by swapping the cola for cranberry juice}

SHAKY PETE'S £8.5

Gin · lemon juice · ginger syrup · Meantime ale



DRY DAIQUIRI £8.5

3 Year Old Havana Club rum ·
Campari · passionfruit syrup · sugar ·
fresh lime juice

STRAIGHT UP**DAIQUIRI** £9.5

Plantation 3 Stars White Rum · fresh
lime juice · sugar {Or try with strawberry
and Plantation Guatemala & Belize}

BAN DAQ £9.5

Havana 7yr Old Rum · banana
liqueur · sugar syrup · fresh banana ·
lime juice

HELL IN**THE PACIFIC** £10.5

Plantation Overproof · fresh lime
juice · grenadine · maraschino
liqueur · pomegranate molasses

EL PRESIDENTE £9.5

Plantation Guatemala & Belize ·
Lillet · maraschino syrup ·
dry curaçao

DEVIL IN**DISGUISE** £9.5

Havana 7yr · banana · Medjool
dates · cashew nuts · almond milk ·
Maca powder

FRUIT**DAQUIRIS** £8.5

Havana Club Especial rum · fresh
lime juice · sugar · fruit purée ·
fruit liqueur {Strawberry, mango, banana,
passionfruit or raspberry}

RUM RUNNER £8.5

Bacardi Carta Negra rum · banana
liqueur · blackberry liqueur ·
grenadine · lime juice · Appleton
Estate Signature Blend

PIÑA COLADA £8.5

Havana 3yr old rum · Malibu · coconut
cream · pineapple · orange juices

RUM PUNCH £8.5

Wray & Nephew rum · orange
curaçao · orgeat syrup · grenadine ·
fresh lime juice · pineapple juice

PAINKILLER £9.5

Pussers Gunpowder · pineapple
juice · orange juice · coconut cream

TREACLE £9.5

Plantation Guatemala & Belize ·
brown sugar · orange bitters · apple
juice · agave syrup

MAI TAI**(TRADER VIC'S)** £9.5

Appleton Estate Signature Blend ·
orange curaçao · fresh lime juice ·
orgeat syrup · sugar

DARK & STORMY £7

Gosling's rum · fresh lime · ginger beer
{Or try with Kraken Black Spiced rum for
a Stormier Seas}

MATT THE RAT £8.5

Bacardi Carta Fuego rum ·
triple sec · orange juice · fresh
lemon juice · lemonade

GIANT BRUCE**KILLER** £9.5

El Dorado 8yr Old Rum · chilli pineapple
syrup · apple concentrate · lime juice ·
vanilla bitters · Angostura bitters

TING WRAY £8.5

Wray and Nephew Rum ·
grapefruit soda · lime

CUBAN ZOMBIE £10.5

Cuban Havana Club rums · lime
juice · grenadine · passionfruit syrup ·
pineapple juice · maraschino liqueur ·
aromatic bitters

CUBAN PUSSY £8.5

Havana Club Especial rum · Grand
Marnier · Chambord · apple juice ·
orange juice

SILVER FOX £8.5

Mount Gay Black Barrel · Aperol ·
passionfruit syrup · grapefruit juice



From left to right:
Hell in the Pacific · Dry Daiquiri · Painkiller · Giant Bruce Killer

CANDY PANTS £8.5

Absolut Kurant vodka · Chambord · strawberry purée · lemon juice · cranberry juice

SEA BREEZE £7

Absolut vodka · cranberry juice · grapefruit juice

SCREAMING

ORGASM £8.5

Absolut vodka · Baileys · Amaretto · Kahlúa · milk · cream

E-POO £8.5

Absolut vodka · cranberry juice · lime · Red Bull

WOO WOO £8.5

Absolut vodka · peach schnapps · cranberry juice

TWISTED MOJITO £8.5

Absolut Vanilia vodka · fresh mint · lime juice · sugar · ginger ale

BLOODY MARY £7

Bloodshot vodka · Bloody Mary mix · fresh lemon juice · sherry vinegar · English mustard · organic tomato juice

MOSCOW MULE £7

Absolut vodka · fresh lime · ginger beer

CAIPIROSKA £8.5

Absolut vodka · fresh limes · sugar · fruit purée {Choose from classic strawberry, raspberry, mango, passionfruit or white peach}

MANGO & ORANGE FIZZ £7

Absolut Mango · fresh orange wedges · lemon juice · sugar syrup · soda

SEX ON THE BEACH £8.5

Absolut vodka · Chambord · Midori · cranberry juice · orange juice

SWEDISH DEATH

NETTLE £8.5

Absolut Elyx · nettle cordial · fresh lemon juice · English breakfast tea · soda water

SVENSKA DETOX £8.5

Absolut Citron · lime juice · agave syrup · pineapple chunks · spinach · kale

ESPRESSO

MARTINI £8.5

Absolut vodka · Kahlúa · espresso
{Also available as decaf}

FRENCH MARTINI £8.5

Grey Goose vodka · Chambord · pineapple juice

COSMOPOLITAN £8.5

Absolut Citron shaken · Cointreau · fresh lime juice · cranberry juice

BLUEBERRY MUFFIN £7

Absolut Vanilia · gingerbread syrup · cranberry juice · lemon juice · blueberry jam

MINTBERRY £8.5

Absolut Raspberri vodka · Chambord · raspberry purée · mint leaves · sugar · lemon juice

SHERBET £8.5

Absolut vodka · citric syrup
{Choose from Cherrys, Mango, Citron, Raspberri, Mandarin, Vanilia, Kurant or Pears}

RASPBERRY £8.5

Reyka · fresh lemon juice · raspberry syrup · Meantime pale ale

ABSOLUT GANGSTER £9.5

Absolut Elyx · Lillet · sugar syrup · Bob's Vanilla Bitters



FLAT-LINER £5El Jimador Blanco tequila · Sambuca ·
Tabasco sauce**SLIPPERY NIPPLE** £5

Sambuca · Baileys

**PEANUT BUTTER
& JELLY** £5

Frangelico · Baileys · Chambord

B52 £5

Kahlúa · Baileys · Grand Marnier

LUSH £5

Butterscotch schnapps · Baileys

SPRINGBOK £5

Green crème de menthe · Amarula

KAMIKAZE £5Absolut vodka · triple sec ·
fresh lime juice**RASPBERRY****KAMIKAZE** £5Absolut vodka · Chambord raspberry
liqueur · fresh lime juice · sugar rim**JAGERMEISTER
ICE COLD SHOT** £4.5**PATRON XO
CHILLED SHOT** £5**PATRON SILVER
TEQUILA** £5**EL JIMADOR
BLANCO TEQUILA** £4.5**HERRADURA
REPOSADO
TEQUILA** £5**1800 COCONUT
TEQUILA** £5**OLMECA ALTOS
PLATA** £4.5**OLMECA ALTOS
BLANCA** £4.5**QUIQUIRIQUI
MEZCAL** £5**RAMAZZOTTI WHITE
SAMBUCA** £4.5**BACARDI FUEGO
& TABASCO** £4.5**JACK DANIEL'S
TENNESSEE FIRE** £4.5

PINEAPPLE

PARASOL £4

Pineapple · orange juice · fresh lemon juice · white peach purée · soda water

RASPBERRY

COOLER £4

Raspberry purée · fresh mint · lemon · lychee juice

TROPICAL

ROAD TRIP £4

Mango purée · passionfruit syrup · orange juice · vanilla ice cream



MILKSHAKES £4

Made using vanilla ice cream

{Choose from vanilla · Oreo cookie · espresso}

VIRGIN MARY £4

Bloody Mary mix · fresh lemon juice · sherry vinegar · English mustard · organic tomato juice

ENGLISH COUNTRY

GARDEN £4

Mint leaves · cucumber syrup · fresh lime juice · soda

BITTER ORANGE £4

Grapefruit juice · lemon juice · bitter orange marmalade · ginger beer

BEAN £4

Espresso · orgeat · sugar syrup · half and half



ON THE

WAGON £4

Strawberry purée · grenadine · fresh banana · coconut cream · pineapple · orange juices



SUNDAY

MORNING £4

Orange juice · mango purée · still mineral water · lemon juice · agave syrup · pineapple chunks · frozen raspberries

PASSIONATE

POMME £4

Passionfruit · pomegranate juice · Manuka honey & pollen syrup · coconut water

JAVA JUICE £4

Espresso · coconut palm syrup · coconut water

SUPER FLIP £4

Mint stalks · agave syrup · apple juice · ginger ale · lime juice · crushed ice



NERO D'AVOLA CA'DI PONTI

13.5%, Sicilia, Italy
125ml £3.5, 250ml £6, Bottle £17
Juicy, savoury, lightly smoky, ripe and deep.

MALBEC PABLO Y WALTER

14.5%, Mendoza, Argentina
125ml £3.5, 250ml £6, Bottle £17
Bright red & juicy, rich chocolate flavours with a lick of oak to round out the edges.

ZINFANDEL BURLESQUE

14%, Lodi, California
125ml £3.5, 250ml £6, Bottle £17
A seductive, fruit packed red that slowly reveals dark, damson fruit with a flash of black pepper.

CABERNET SAUVIGNON TENUTA SANTOME

14%, Veneto, Italy
125ml £4.5, 250ml £8.5, Bottle £25
Blackcurrant, tobacco, spice, elegant and balanced.



CORTESE ALASIA

11.5%, Piemonte, Italy
125ml £3.5, 250ml £6, Bottle £17
Fresh apples and grapefruit, juicy, crisp and full of fruit.

CHENIN BLANC FALSE BAY

13.5% Somerset West, South Africa
125ml £3.5, 250ml £6, Bottle £17
Rounded wine offering a generous, well-flavoured heart of white peach and crisp pineapple.

PINOT GRIGIO ANCORA

12%, Lombardia, Italy
125ml £3.5, 250ml £6, Bottle £17
Crisp, lively, dry, medium bodied, fresh and fruity.

SAUVIGNON BLANC CLOUD FACTORY

12%, Marlborough, New Zealand
125ml £4.5, 250ml £8.5, Bottle £25
Zesty, citrus, gooseberry, balanced, clean and fresh.



PINOT GRIGIO ROSÉ ANCORA

12.5%, Lombardia, Italy
125ml £3.5, 250ml £6, Bottle £17
Cracking wild strawberry, full of flavour, ripe and dry.

ROSÉ RESERVE CHATEAU LA MOUTETE

13%, Provence, France
125ml £4.5, 250ml £8.5, Bottle £25
Elegant, salmon pink, floral, refreshing, fruity and satisfying.



PROSECCO BRUT NV TENUTA SANTOME

11.5%, Italy
125ml £5, Bottle £25, Magnum £50
The finest Prosecco from just north of Venice. Crusty bread, apples, light, fresh and persistent.

PROSECCO BRUT ROSE NV SANTHOMAS TENUTA SANTOME

13%, Italy
125ml £5, Bottle £25, Magnum £50
Pinot Noir and Pinot Grigio, glorious summer fruits, fresh, fine and fun.

MUMM CORDON ROUGE NV

12%, Brut NV, France
125ml £8, Bottle £48
Gentle, fresh fruit, great balance, quality and class.

MUMM CORDON ROUGE ROSE NV

12%, Brut Rosé NV, France
125ml £8, Bottle £48
Salmon pink, luscious red fruits, caramel, vanilla, creamy and rounded.

BOLLINGER SPECIAL CUVÉE

12%, Brut NV, France
Bottle £60
Body, balance, vinosity, finesse, consistent.

PERRIER JOUËT BELLE ÉPOQUE

12.5%, 2004, France
Bottle £150
Golden, full, warm, flowery, great length, classic.

CUVÉE DOM PÉRIGNON

12.5%, 2004, France
Bottle £150
Rich, complex, vinous, mature and elegant.

MUMM NO.1 GOLD

12% ABV, France
Bottle £48
Slightly sweeter than the Mumm Cordon Rouge with white fruits and some notes of buttered brioche.

MUMM NO.1 PINK

12% ABV, France
Bottle £48
Fresh and slightly acid red berries, currant, strawberry, pink grapefruit, floral notes, white flowers.

EVER FANCED GETTING BEHIND THE BAR AND MAKING YOUR OWN COCKTAILS?

Our cocktail masterclass is a fun way to learn how to make cocktails the Be At One way.

This 1½ hour cocktail masterclass with Be At One bartenders costs just £25 per person and class includes cocktail and Be At One history, shaking, making and tasting whilst playing some fun games.

This unique, fast paced, fun-packed class is a perfect for any occasion whether it be a hen party, networking event, a team building event or just for a laugh!

Email bookings@beatone.co.uk or call 020 7738 2119 for more information.

KINDRED SPIRITS

We take a lot of pride in only using quality products for our cocktails. If you would prefer to use a different product than listed to make your drink then feel free to ask, this sometimes requires a small up charge.



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Styling by petaobrien.com

Centrefold Styling by jacksargeson.com

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