WWW.SLUGANDLETTUCE.CO.UK

Please give us your feedback – for details, pick up a card at the bar or log on to:

www.lettuceknow.co.uk

/weloveslug /sluglettuce @sluglettuce Free Wi-Fi available.

Food allergies and intolerances: before ordering your food and drinks, please speak to our staff if you want to know about ingredients. There may be a risk of cross-contamination which could affect those with severe allergies. Fish and poultry dishes may contain bones. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. All menu items are subject to availability. All weights are approximate uncooked. Photography is for guidance only. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. Thank you for your custom. Our waiters receive all cash tips. For credit-card tips, an 8% charge is deducted to cover processing costs. The Slug and Lettuce does not profit from this charge.

(G)No gluten-containing ingredients used in this dish.
(V)This dish is suitable for vegetarians, but please note that we do not operate a dedicated vegetarian kitchen area.

We hope that you have enjoyed our Slug and Lettuce dishes. For more information, please visit our website, where you can subscribe to our newsletters and receive the latest offers and updates from the Slug team. You can also reserve tables, check further details from our allergy information link and download our menu online: www.slugandlettuce.co.uk

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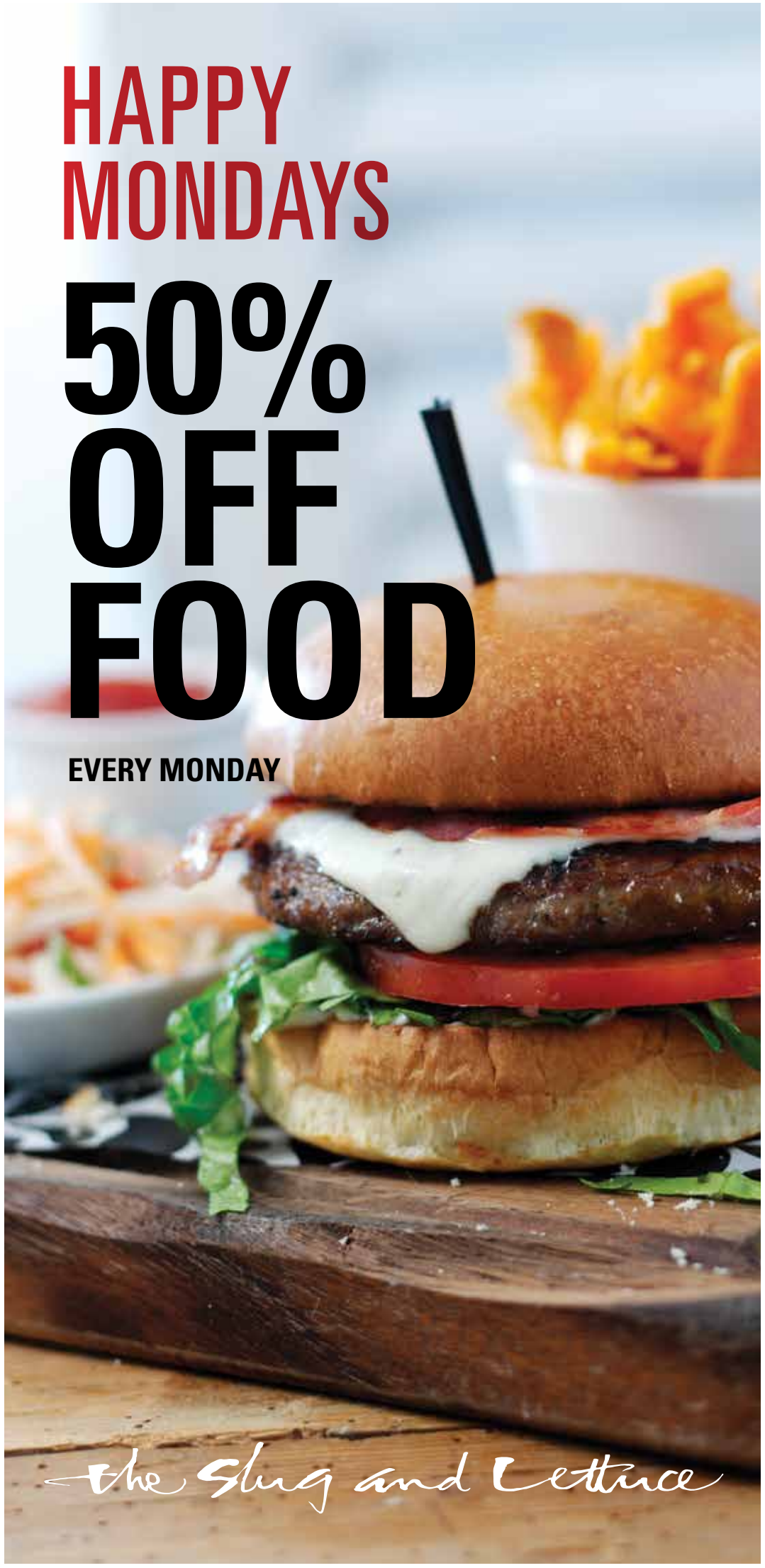
the Slug and Lettuce



BREAKFAST

We have a cock-a-doodle-tastic breakfast menu available. If you'd like to take a look, please ask.

NIBBLES

Great to start a meal or as a light snack.

(V) **TOASTED GARLIC ARTISAN BREAD STRIPS** 2.25

(V) **BREAD AND OLIVES**, with olive oil and balsamic vinegar. 3.95

(V) **BREAD AND BEETROOT HOUMOUS**, with olive oil and balsamic vinegar. 3.95

CHICKEN LOLLIPOP WINGS, with your choice of hot chilli Sriracha sauce or Korean BBQ sauce. 5.65

BREADED MUSHROOMS, with garlic mayonnaise for dipping. 4.95

CRISPY FRIED POTATO WEDGES, with a crème fraîche & spring onion dip and a sticky BBQ sauce. 4.75

WITH BACON AND CHEESE 6.90

WITH CHILLI CON CARNE AND CHEESE 9.05

CALAMARI, served with a sweet chilli dip and lemon. 5.75

SOUTHERN-FRIED CHICKEN, in a southern-fried-style coating, with a sticky BBQ sauce. 5.15

SOMETHING TO SHARE

There's nothing better than having a good-old natter over one of our fantastic sharing dishes.

(V) **WARM TEAR-AND-SHARE POPPY SEED BREAD CROWN**
With your choice of:

(V) WARM MANCHEGO FONDUE 9.45
With vegetable crudités, olive oil and balsamic vinegar.

(V) BEETROOT HOUMOUS 10.45
Barrel-aged feta cheese and mixed olives.

HOUSE NACHOS: Crispy flour tortilla, seasoned with Cajun spices, topped with melting mozzarella and Cheddar cheese, sour cream, guacamole, tomato salsa, jalapeño chillies and coriander. 8.95

WITH CHILLI CON CARNE 10.70

WITH SPICY STICKY PULLED PORK 10.70

CHICKEN PLATTER: Spicy chicken skewers, southern-fried-style chicken pieces and chicken lollipop wings, with chips and a selection of dipping sauces. 14.45

THE FEAST FOR FRIENDS: Southern-fried-style chicken pieces, breaded mushrooms, pork ribs, crispy fried potato wedges, toasted garlic artisan bread strips and beer-battered onion rings – served with a sticky BBQ sauce, salsa and a crème fraîche & spring onion dip. 14.45

WARM SALTED CARAMEL & CHOCOLATE FONDUE 9.15
With fresh strawberries, chocolate brownies, marshmallows and sweet waffle pieces – for dipping. Deliciously naughty!

TOSTADA FLATBREADS

Our delicious flatbread is topped and toasted with a red pepper tapenade and your choice of:

BLACK HAM, TOMATO AND MOZZARELLA, drizzled with rocket pesto dressing. 8.65

LEBANESE CHICKEN, marinated in yoghurt, garlic, lemon and herbs, with minted herb crème fraîche. 8.65

PULLED PORK, in a sticky, spicy Tabasco® sauce, with jalapeño, melted smoked mozzarella and tomato salsa. 8.65

(V) **GOAT'S CHEESE**, with sautéed Paris brown mushrooms, plus West Country sticky onion marmalade. 8.25

SEVERN & WYE OAK-SMOKED SALMON, with avocado and lemon & dill crème fraîche. 8.65

ADD CHIPS 1.50

ADD WEDGES 1.95

ADD SWEET POTATO FRIES 2.50

BREAD WINNERS

All served with chilli-spiced coleslaw on the side.

BATTERED COD FINGERS, served in a soft glazed roll, with crispy Cos lettuce and tartare sauce. 8.25

CHICKEN MARINARA: Southern-fried chicken, smothered in melted smoked mozzarella cheese and a tomato & garlic sauce, served warm in baked artisan bread. 7.95

SPICY STICKY PULLED PORK, served warm in baked artisan bread with melted smoked mozzarella cheese and crunchy chilli slaw. 7.95

(V) **MOZZARELLA, TOMATO, AVOCADO & ROCKET PESTO**, served in baked artisan bread. 7.45

GRILLED CHICKEN, BACON & AVOCADO WRAP, with sour cream and a crème fraîche & spring onion dressing. 7.25

SEVERN & WYE OAK-SMOKED SALMON & AVOCADO WRAP, with watercress and lemon & dill crème fraîche. 7.95

BBQ CHICKEN, CHEESE & BACON SANDWICH, served in baked artisan bread. 7.95

SOUTHERN-FRIED-STYLE CHICKEN WRAP, with tomato salsa and a crème fraîche & spring onion dressing. 7.25

PHILLY STEAK SANDWICH: A 6oz flat-iron steak, served in baked artisan bread, with sticky BBQ sauce and melted cheese, crisp lettuce and sautéed red and spring onions. 8.95

Any of the delicious fillings can be served in your choice of baked artisan bread, soft glazed roll or wheat bran wrap – just let us know if you would like us to swap.

ADD CHIPS 1.50

ADD WEDGES 1.95

ADD SWEET POTATO FRIES 2.50

MAINS

CHICKEN TIKKA MASALA: Chicken breast pieces in a tomato, yoghurt, garlic & coriander sauce, served with basmati rice, mango chutney and warmed flatbread. 9.25

CHICKEN KORMA: Chicken breast pieces in a mild coconut, almond & ginger cream sauce, served with basmati rice, mango chutney and warmed flatbread. 9.25

ITALIAN-STYLE SALMON, char-grilled and served with potato wedges, sautéed peppers, red onion and watercress – topped with a creamy white wine & garlic sauce. 12.75

CUMBERLAND PORK SAUSAGES OR (V) QUORN SAUSAGES, served with a rich red wine gravy, West Country sticky onion marmalade, crispy onions and mustard mash. 8.45

ITALIAN-STYLE CHICKEN, char-grilled and served with potato wedges, sautéed peppers, red onion and watercress – topped with a creamy white wine & garlic sauce. 10.25

CHILLI CON CARNE, with rice and house nachos, topped with a crème fraîche & spring onion sauce. 8.45

HAND-BATTERED COD FILLET, served with chips, minted mushy peas and tartare sauce. 10.25

SMOTHERED CHICKEN, grilled and topped with bacon, sticky BBQ sauce and melted cheese and served with chips and garden peas. 8.65

HERON BAY WHOLETAIL BREADED SCAMPI, served with chips, salad garnish and tartare sauce. 9.65

COTTAGE PIE: Minced beef with carrot, leek, onion and red wine, topped with a cheesy mash and served with garden peas and baked artisan bread. 8.45

OPEN CHICKEN PIE: Chicken breast in a creamy smoked Applewood cheese & bacon sauce, in an open puff pastry pie, served with garden peas and chips. 10.25

BRITISH BEEF & RED WINE SHORTCRUST PIE, served with garden peas and your choice of buttery mash or chips. 10.25

PASTA

All served with toasted garlic artisan bread.

(V) **BUTTERNUT SQUASH, SPINACH & GOAT'S CHEESE LASAGNE** 9.25

LASAGNE: Minced beef and pork, in a rich tomato sauce, sandwiched between layers of pasta and creamy cheese sauce. 8.25

BAKED LINGUINI CARBONARA, with a creamy cheese & bacon sauce. 8.75

(V) **PENNE ARRABBIATA**: Penne pasta with spicy tomato sauce and watercress. 8.25

(V) **BAKED MACARONI CHEESE** 8.75
WITH BBQ PULLED PORK 10.20

Keep a look out for this month's 'special burger'

BURGERS

All served in a glazed brioche bun, along with tomato, lettuce and mayonnaise, with chips and chilli-spiced coleslaw on the side. Our fabulous beef burgers are made with our select blend of herbs and seasoning and can be ordered in two sizes. So, please select just how you like it: a 9oz or 7oz burger.

	9oz	7oz
THE CLASSIC BEEF	10.25	9.25
THE SWISS: Our classic burger, with smoked mozzarella cheese and bacon.	11.25	10.25
THE STATESIDE, with mushrooms, melting smoked mozzarella, bacon, beer-battered onion rings and a sticky BBQ sauce.	13.65	12.65
SLOPPY MAC BURGER: Our classic burger, oozing with macaroni cheese and smoked mozzarella.	11.25	10.25
GOAT'S CHEESE AND MARMALADE: Our classic burger, topped with melting goat's cheese and West Country onion marmalade.	11.25	10.25
THE ULTIMATE S&L BURGER: Our fabulous beef burger, with a grilled chicken fillet, pulled pork, smoked mozzarella cheese, lettuce, tomato, chilli-spiced slaw and pickles – all topped with a sticky, spicy Tabasco® sauce.	14.95	13.95
ADD AN EXTRA BEEF BURGER	3.95	2.95

CHICKEN FILLET BURGER 9.25

THE ITALIAN: Grilled chicken breast fillet, topped with mozzarella, Parma ham and a rocket pesto dressing. 10.25

CHICKEN, MANGO & AVOCADO BURGER: Our grilled chicken fillet, topped with fresh mango, tomato chilli salsa and sliced avocado. 10.25

(V) **CHESTNUT MUSHROOM & HALLOUMI STACK** 9.25

FRESH FROM THE GRILL

8oz RUMP STEAK 13.75

10oz RIB-EYE STEAK 16.95

Both of our steaks are matured for a minimum of 35 days, char-grilled and served with chips, onion rings, watercress and cherry vine tomato.

ADD PEPPERCORN OR BÉARNAISE SAUCE 1.25

RACK OF RIBS: A rack of pork ribs, smothered in a sticky BBQ sauce and served with chips and chilli-spiced coleslaw. 13.25

CHICKEN SOUVLAKI: Lemon-&-olive-oil-marinated chicken breast, red onion & mixed pepper skewers, beetroot houmous, a crème fraîche & spring onion dressing and flatbread to wrap. Why not add our spicy-hot sauce? 8.65

BIT ON THE SIDE

LARGE CHIPS, with garlic mayo. 3.95
LARGE SWEET POTATO FRIES, with garlic mayo. 4.95
(V) **BUTTERY MASH** 2.45
(V) **TOASTED GARLIC ARTISAN BREAD STRIPS** 2.25
BEER-BATTERED ONION RINGS 2.75
(V) **HOUSE SIDE SALAD**, in a low-fat French-style dressing. 2.15
(V) **CHILLI-SPICED COLESLAW** 0.75
BUTTERED ASPARAGUS 2.95

CHILDREN'S MENU 2 COURSES AND A DRINK **£4.95** PLEASE SEE OUR SEPARATE CHILDREN'S MENU

KIDS EAT FOR JUST £1 ON SUNDAYS! ONE CHILD EATS FOR £1, FROM OUR UNDER-8S MENU, FOR EVERY ADULT DINING AT FULL PRICE. SUNDAYS ONLY. SORRY, AS SOME CENTRAL LONDON SLUGS ARE CLOSED ON SUNDAY – PLEASE CHECK AVAILABILITY

EVERY SUNDAY IN THE SLUG AND LETTUCE
KIDS EAT for £1

SAINTLY SELECTION

under 500 calories

These smaller-plate dishes are perfect for those with a lighter appetite.

Our fresh house salad contains seasonal leaves, vine cherry tomatoes, cucumber, mixed peppers, spring onion, crunchy chilli slaw, edamame beans, pomegranate pearls, coriander and a low-Calorie French-style dressing served on the side.

Ⓥ **AUBERGINE & TOMATO BAKE** (430 Cal) 8.25
Thin slices of aubergine, served with orzo pasta, tomato, garlic, basil and pulses, rolled and lightly coated with a cheese sauce, plus our house salad.

Ⓖ **CHICKEN & PEPPER SKEWER** (416 Cal) 7.65
Char-grilled chicken breast with mixed peppers and red onion, marinated with lemon and olive oil and served with our house side salad.

Ⓥ **ROASTED BUTTERNUT SQUASH SALAD** (390 Cal) 8.25
With chickpeas and couscous, on our house salad, with a spicy tomato dressing.

SMOKY SPANISH-STYLE CHICKEN, WITH QUINOA AND COUSCOUS (473 Cal) 8.45
Pulled chicken breast, grilled red peppers and diced chorizo, in a smoky chipotle sauce, with pearl barley, spelt and quinoa.

Ⓥ **STUFFED MEXICAN-STYLE PASTA SHELLS** (475 Cal) 8.45
Filled with black turtle beans, sweetcorn and cheese, sprinkled with crunchy nachos, smothered in salsa and served with our house side salad.

How about a refreshing Bottlegreen sparkling pressé with any of these dishes? Three flavours to choose from, only 83 Cal per bottle, made with the finest natural ingredients, with no artificial flavourings, colours or sweeteners.
Or, perhaps try a Coca-Cola Life, great-tasting cola with fewer Calories, sweetened from natural sources.

SALADS

Our fresh house salad contains seasonal leaves, vine cherry tomatoes, cucumber, mixed peppers, spring onion, crunchy chilli slaw, edamame beans, pomegranate pearls, coriander and a low-Calorie French-style dressing served on the side.

SMOKED HADDOCK FISHCAKES, served on our house salad, with a crème fraîche & spring onion dip on the side. 9.75

CHICKEN & MANGO SALAD: Lemon-&-olive-oil-marinated chicken breast, char-grilled and served on our house salad base, with diced fresh mango. 9.25

LEBANESE-STYLE CHICKEN: Chicken breast, marinated in yoghurt, garlic, lemon and herbs, char-grilled and served on our house salad, with roasted butternut squash, chickpea, couscous and a spicy tomato dressing. 9.25

Ⓖ **GRILLED CHICKEN, BACON AND AVOCADO**, served on our house salad. 9.75

Ⓥ **BAKED FILO TART SALAD**: Mushroom, spinach, pine nuts and British mature Cheddar, baked in crispy filo pastry and served with our house side salad. 8.75

CHAR-GRILLED CHICKEN CAESAR SALAD: Cos lettuce with crispy croûtons, a Caesar dressing and Grana Padano cheese shavings. 9.15

DESSERTS

WARM BELGIAN WAFFLE WITH YOUR CHOICE OF TOPPING:
FRESH FRUIT and maple syrup. 4.95
ICE CREAM with caramel sauce. 4.95

COOKIE CUP EXPLOSION: A cookie biscuit base, filled with chocolate brownie, marshmallow pieces and chocolate honeycomb, served with vanilla ice cream. 4.95

HOT CHOCOLATE-PUDDLE SPONGE PUDDING, with chocolate sauce, served with hot custard or vanilla ice cream. 4.95

Ⓥ **CARAMEL APPLE CRUMBLE PIE**, served with hot custard or vanilla ice cream. 4.95

Ⓥ **AMARETTI & IRISH CREAM CHEESECAKE** 4.95

RICH CHOCOLATE BROWNIE, served warm with ice cream. 4.95

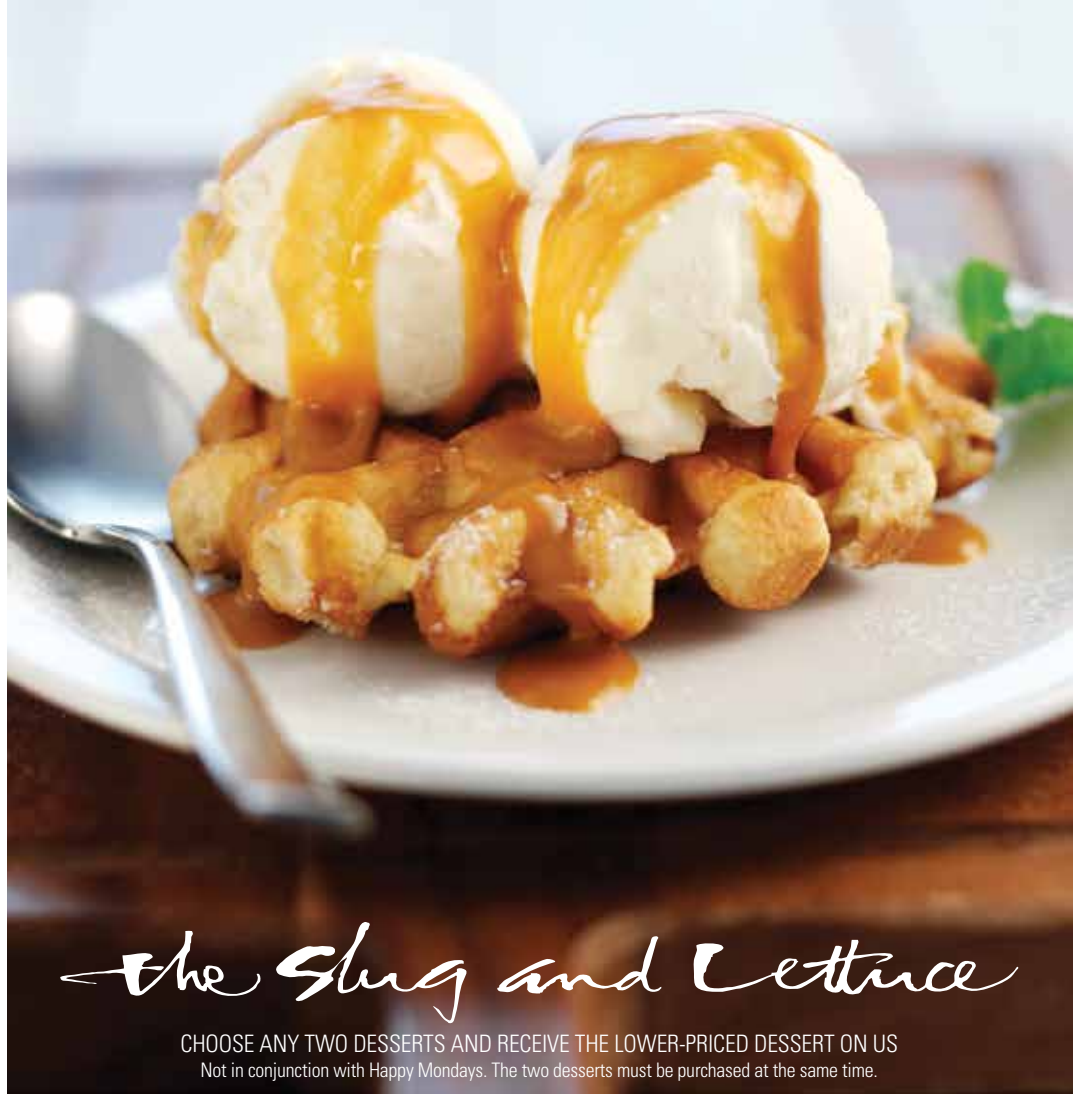
CHOCOLATE OR VANILLA ICE CREAM 3.45

WARM SALTED CARAMEL & CHOCOLATE FONDUE 9.15
With fresh strawberries, chocolate brownies, marshmallows and sweet waffle pieces – for dipping.
(This dessert is designed to share, so is not available in our 2-for-1 desserts offer.)

JUST DESSERTS

TWO FOR ONE

ALL DAY EVERY DAY



the Slug and Lettuce

CHOOSE ANY TWO DESSERTS AND RECEIVE THE LOWER-PRICED DESSERT ON US
Not in conjunction with Happy Mondays. The two desserts must be purchased at the same time.