



MENU



Starters

Chicken wings served hot & spicy	9.80
Parmesan bruschetta topped with garlic marinated tomatoes & Parmesan ♥ GV	5.80
Fried calamari served with a chilli dip G	9.80
Potato skins split jacket potato stuffed with spring onion & parsley, topped with cheddar cheese V	5.80
Oriental chicken satay marinated chicken fillets served with peanut sauce N	8.90
Cheese nachos tortilla chips topped with grated cheddar & dips G	7.90
Add chilli con carne or chicken strips	3.00
Mexican “messy nachos” Tortilla chips topped with Casa Serrano cheese sauce, tomato salsa, sour cream, jalapeños, guacamole & spring onion G	8.90
Add chilli con carne or chicken strips	3.00
Garlic bread GV	4.50
Add ham or cheese	1.00
SOUPS:	
Roasted tomato soup V 🌈	5.30
Soup of the day – Please ask the server 🌈	5.30

Salads

Greek salad Cos lettuce topped with feta cheese, tomato, cucumber, peppers, onion & olives V ♥ 🌈	10.40
Prawn & salmon cocktail with iceberg lettuce, avocado & a marie rose sauce G	11.40
Chicken Caesar salad romaine lettuce tossed with Caesar dressing, Parmesan cheese & croutons G	12.55
Taco salad served with iceberg lettuce, sweetcorn, tomatoes, jalapeños, onions, sour cream, grated cheese, guacamole & salsa GV	10.90
Add chicken strips or chilli con carne	2.00
House salad market leaves, tomato, cucumber, olives, peppers, red onion & sweetcorn V ♥ 🌈	6.30
Salmon niçoise fresh salmon steak served with lettuce, egg, anchovies, peppers, green beans, potatoes, olives & tomatoes ♥ 🌈	10.40

From the Chargrill

All chargrills are served with a flat cap mushroom & grilled tomato garnish. Please order your side dishes separately.

10oz Herefordshire rib-eye steak	21.90
10oz Sirloin steak	22.90
7oz Fillet steak	26.00
Lamb kebabs	16.60
Cajun chicken breast	14.50
Half roasted chicken	16.20
Fillet of salmon ♥ 🌈	16.80
Grilled seabass ♥ 🌈	19.90
Extra toppings, 1.00 each: Stilton cheese, sautéed mushrooms, bacon, caramelised onion	

Sauces

Peppercorn sauce / Red wine sauce / Butter & garlic sauce

Sides

2.95
French fries / Mashed potato / Mixed vegetables ♥ 🌈 / Pilau rice / Side salad ♥ 🌈 / Spinach ♥ 🌈

Burgers

All burgers are served on a white burger bun with a side of coleslaw & chips

8oz Beef burger G	9.00
Burger toppings: Bacon, mushroom, fried eggs, cheese, fried onion	each 1.00
Cheese burger G	9.65
Cheese & bacon burger G	10.65
Hot & spicy burger jalapeños, spicy sauce & cheese	11.65
Flipped burger with egg, bacon & cheese GN	11.65
Bacon & mushroom burger with cheese	11.65
Herefordshire farmed homemade beef burger with cheese GN	14.15
Chicken burger with cheese G	12.00
Vegetarian burger topped with cheese GVN	10.90
Chargrilled steak sandwich G	17.00

Favourites

Focaccia club sandwich with chips G	12.90
“Fish & chips” battered fresh haddock fillet, with chips, tartar sauce & mushy peas G	14.90
Homemade lasagne with beef Bolognese sauce served with garlic bread G	12.80
Jacket potato with salad V	6.10
Extra toppings, 1.00 each: Cheddar cheese, wild mushroom, bacon, baked beans, blue cheese, caramelised onion	

Curries

Curry platter chicken tikka masala, bhuna gosh & lentil dhal	17.90
Chicken tikka masala tandoori chicken in a rich masala sauce	15.90
Bhuna gosht diced lamb with onions in a rich spiced sauce	15.90
Makhni dhal creamy lentils flavoured with green cardamon V	11.90
Vegetable jalfrezi cooked in an aromatic coriander sauce V	14.90
Naan bread V	2.90
All curries are served with pilau rice & raita	

Pizza

Margherita cheese & tomato GV	11.90
Vegetarian peppers, mushrooms, olives, tomatoes, artichokes & mozzarella GV	14.90
Pepperoni & Mushrooms G	12.90
Hawaiian ham, pineapple & bell peppers G	13.90
Spicy Chicken Tabasco sauce, diced chicken & jalapeños G	13.90
Tiger Prawns tomato sauce & mozzarella cheese G	13.90
Extra toppings	each 1.00
Sausage, ham, pepperoni, jalapeños, onions, bell peppers, artichoke hearts, sliced tomatoes, black olives, mushrooms, pineapple, bacon, chicken, sweetcorn	

Desserts

5.80
“Sports bar sundae” chocolate ice cream, brownies, fresh strawberries & whipped cream GN
Apple & blueberry crumble with warm vanilla custard GN
Chocolate fudge cake with chocolate ice cream GN
Warm apple pie with vanilla cream GN
Strawberry cheesecake GN
Vanilla crème brûlée
Fruit salad

🌈 Indicates a “Colour Your Plate” item designed with your health & performance in mind.

♥ = healthy option
V = vegetarian

N = contains nuts
G = contains gluten

ALLERGY NOTICE:
We welcome enquiries from customers who wish to know whether any dishes contain particular ingredients. Please inform your server of any allergy or special dietary requirements that we should be made aware of, when preparing your menu request.

Learn more about our nutrition partner Core Performance and “Colour Your Plate” at sheraton.com/fitness