

# the OLD ARCADE MENU



CARDIFF'S PREMIER RUGBY PUB



## KICK OFF

Nachos £4.95 ▼

Nachos to share £6.95 ▼

Tortilla chips with Collier's Welsh Cheddar, guacamole, soured cream, tomato salsa, roasted red peppers, red hot roquito peppers and fresh coriander

Chicken platter £9.99

Buffalo chicken wings, harissa spiced chicken nachos and chicken & chorizo skewers. Served with BBQ sauce, tomato salsa and soured cream

## SAFE HANDS

Homemade soup £4.25 ▼

Served with sourdough and butter

Homemade lamb cawl £4.25

A traditional Welsh classic served with crusty sourdough bread

### SANDWICHES

All served with chips

Chicken BLT £5.95

Grilled chicken with back bacon, salad leaves, sliced tomato & mayonnaise

Pulled pork £6.95

With BBQ sauce and Welsh Cheddar

Veggie club sandwich £6.99 ▼

A triple layer of toasted bloomer, dill pickle, Welsh Cheddar, salad leaves, sliced tomato, mayonnaise, Dijon mustard and a fried egg

Classic club sandwich £6.99

A triple layer of toasted bloomer, chargrilled chicken, grilled back bacon, Welsh Cheddar, salad leaves, sliced tomato, mayonnaise and a fried egg

Bacon and Brie £5.95

Grilled back bacon & creamy Brie

### JACKETS

*Choose from a selection of fillings, all served with dressed salad leaves.*

Celtic Pride beef chilli or three bean chilli ▼ 🌶️  
with soured cream £5.75

Bacon & Brie £4.95

Tuna mayonnaise & spring onion £4.95

Welsh Cheddar & onion marmalade £4.95 ▼

BBQ pulled pork & soured cream £5.75

Upgrade to any jacket for an extra £1

## TOUCH, PAUSE, ENGAGE

*All our steaks are served with chips, dressed salad leaves, grilled tomato and mushrooms*

8oz rump steak £10.95

8oz sirloin steak £13.95

8oz gammon steak £8.95

Served with a brace of fried or poached free range eggs or fresh pineapple

House mixed grill £16.95

Rump steak, gammon, chicken breast, pork chop, pork sausage and a brace of fried or poached free range eggs

Add creamy peppercorn sauce to your steak £1.95

Taverner's chicken £8.25

Chargrilled chicken breast with Welsh Cheddar, back bacon and BBQ sauce, served with chips and salad leaves

*All burgers are 6oz and served in a floured bun with salad leaves, sliced tomato and red onion, with chips and creamy slaw*

6oz Welsh gourmet steak burger £7.95

Wild boar & chorizo burger £7.95

Chargrilled chicken breast burger £7.95

Spicy Monterey Jack  
& black eye bean burger £7.95 ▼

Upgrade to a brioche bun for 50p

*Fancy something a little lighter? Ask for a naked burger and swap your bun and chips for a full house salad.*

## 2 FOR £12

Available all day Monday to Friday

Pork sausages & mash £7.50

Served with garden or mushy peas, onion gravy and topped with caramelised onions

Wholetail breaded scampi £8.50

Served with chips, garden or mushy peas, dressed salad, fresh lemon and tartare sauce

Traditional hand-carved ham,  
eggs and chips £7.50

Choose from a brace of either fried or poached eggs

6oz Welsh gourmet steak burger £7.95

Chargrilled chicken breast  
burger £7.95

Spicy Monterey Jack & black  
eye bean burger £7.95 ▼

Cajun chicken £7.95

Chargrilled chicken breast marinated in Cajun spices, served with chips, creamy slaw and a dressed salad garnish

Our classic crispy beer-battered  
cod and chips £8.50

Served with garden or mushy peas, dressed salad, fresh lemon and tartare sauce

## SET PIECE

Cajun chicken £7.95

Chargrilled chicken breast marinated in Cajun spices, served with chips, creamy slaw and a dressed salad garnish

Our classic crispy beer-battered  
cod and chips £8.50

Served with garden or mushy peas, dressed salad, fresh lemon and tartare sauce

Traditional hand-carved  
ham, eggs and chips £7.50

Choose from a brace of either fried or poached eggs

Pork sausages & mash £7.50

Served with garden or mushy peas, onion gravy and topped with caramelised onions

Classic chicken Caesar salad £7.95

Grilled chicken breast, croutons, anchovies and Parmesan cheese with baby gem lettuce and a classic Caesar dressing

Mediterranean vegetarian  
lasagne £8.50 ▼

Crammed with Mediterranean vegetables & served with a house salad

Celtic Pride beef lasagne £8.50

Topped with Welsh Cheddar and served with a dressed house salad

Beef, stilton and Brains Black pie £8.95

Served with roast root mash

Full breakfast £6.75

Back bacon, pork sausages, baked beans, flat mushroom, cherry tomatoes & potato cake with toasted bloomer and a freshly cooked egg

Ham or cheese ploughman's £6.75

Collier's Welsh Cheddar ▼ or sliced ham served with half a toasted baguette, apple, coleslaw, pickles and dressed house salad

Wholetail breaded scampi £8.50

Served with chips, garden or mushy peas, dressed salad, fresh lemon and tartare sauce

Chicken Jalfrezi curry £8.75

Served with chips, rice and a poppadom

## OFF SIDES

Chips £1.95 ▼

Sweet potato fries £2.50 ▼

Beer-battered onion rings £1.95

Garlic bread £1.95 ▼

Dressed side salad £1.95 ▼

Sliced bloomer & butter £1.95 ▼

Creamy peppercorn sauce £1.95

## EXTRA TIME

Double chocolate fudge cake £3.95 ▼

One for the chocolate lover; triple layered and served warm or cold with vanilla pod ice cream

Our own sticky toffee & date pudding £4.95 ▼

Topped with toffee sauce and vanilla pod ice cream

Warm apple pie £4.25 ▼

Flavoured with a hint of cider and served with fresh cream, ice cream or custard

Honey & pistachio cheesecake £4.25 ▼

Served with fresh cream or ice cream

Summer fruit sponge pudding £4.25 ▼

Served with fresh cream or custard

Mario's ice cream £1.50 per scoop ▼

Third-generation award winning Italian ice cream.

Made in Wales from local ingredients. Ask at the bar for today's flavours

## COFFEE



Our coffee is supplied by Great Little Coffee Company. A superior blend, perfectly balanced and roasted in the UK especially for us, for you to enjoy

Espresso

Macchiato

Americano

Cappuccino

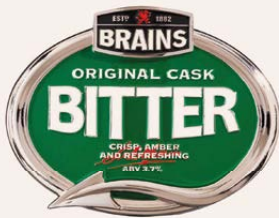
Latte

Flat White

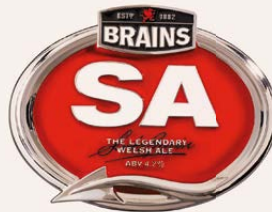
Mocha

We also offer hot chocolate and a range of teas.  
Please ask at the bar for details

# BRAINS BEER



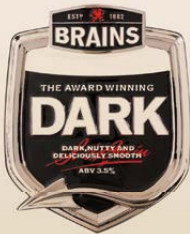
THE FAMOUS 'PINT OF BRAINS' IS RICH AMBER COLOURED, WELL BALANCED AND REFRESHING.



THE LEGENDARY WELSH ALE IS COPPER COLOURED WITH A FULL PREMIUM QUALITY FLAVOUR



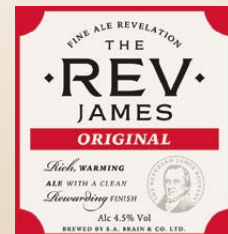
A FULL FLAVOURED, HOPPY AND REFRESHING GOLDEN ALE WITH VIBRANT CITRUS AROMAS - PAIRS BEST WITH FISH AND CHIPS



A VELVETY SMOOTH PINT, TREACLE-COLOURED WITH A CREAMY CONTRASTING HEAD - OUR CHOCOLATE FUDGE CAKE IS THE PERFECT PARTNER



A MODERN CLASSIC, THE FINEST WELSH STOUT HAS A DISTINCTIVE DARK MALT FLAVOUR.



BREWED TO A TRADITIONAL RECIPE, FULL BODIED, WARMING AND RICH IN PALATE - GOES ESPECIALLY WELL WITH CHEESE



[WWW.SABRAIN.COM/OLDARCADE](http://WWW.SABRAIN.COM/OLDARCADE)



All items are subject to availability. Approximate weights shown are prior to cooking. Dishes marked with a do not contain meat or fish. Some products may contain nuts or nut oils. If you need allergy or intolerance information, ask one of our team. Fish and poultry dishes may contain bones. For full details visit [www.sabrain.com](http://www.sabrain.com)