

BAGELS

Served from 10.30

Avocado, jalapeno, coriander & lime-pickled onions $\mathfrak{L}7.50~\text{VG}$

Ham hock, parsley & mustard mayo £7.50

Smoked salmon, cream cheese & chrain £7.50

Sun-blushed tomato, tapenade & sweet herbs £7.00 vg

Egg mayonnaise with spring onions & chives $£6.20 \ \lor$

Smashed white beans with sesame, poppy 8 pumpkin seeds $\pm 5.90~\text{VG}$

All available on gluten free toast

SHARERS, SIDES & SNACKS

Full menu served from 12.00

Cheese board £12 GFA

Charcuterie board £12 GFA

Guacamole & tortila chips £6.50 GFVG

Green salad £4 GFVG

Tabbouleh £4 V

Bread, oil & balsamic £3.00 VG

Olives £3.50 V GF

Nuts £1.50 V GF



STARTERS

Sweet potato & coriander soup, bread & butter $\pounds 6.50~\text{VG}$ $_{\text{GFA}}$

Burrata with mint & peas £6.50 GF V

Smoked salmon, beetroot & dill £7 GF DF

Prosciutto, red chicory, grape & balsamic £6.50 GF DF

MAINS

Poached salmon with tapenade & tabbouleh £9 DF

Goats cheese, watermelon, avocado salad with mint & balsamic $£8 \lor GF$

Courgetti with sun dried tomato, pecorino & walnut pesto $\mathfrak{L}8~\text{GF}$

BBQ pulled pork hot pot with melted cheese £9.50 GFA

Chicken apricot & almond tagine served with harissa couscous $\mathfrak{L}9$ \mathtt{DF}

Sweet potato & coconut curry with rice & coriander chutney £9 \vee 5 GF

Pea and feta frittata with green salad & tabbouleh £8 \vee