Menu Friday 23rd September

As our food is cooked fresh and our dishes are prepared throughout the day, the menu changes twice a day. We may run out of popular dishes.

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Soup

Spiced Lentil & Tomato £4 v

Salads

Seasonal (please ask your server for todays salad selection, or take a look in our larder)

Single Salad £3 v
Salad Taste – Choice of 2 Salads £4.5 v
Mixed Salad – Choice of 3 Salads w/Leaves £6
v
Smoked Mackerel & Mixed Salad £7

. To Share

Veggie Tapas Board – Hummus, Manchego, Potato & Onion Tortilla, Guindilla, Kikones, Cornichons, Olives & Bread £12

Tapas Board – Chorizo Iberico, Manchego, Potato & Onion Tortilla, Guindilla, Kikones, Cornichons, Olives & Bread £12

Desserts

Fresh Blueberry Marzipan Tart £4.95 Orange Drizzle Cake £4.95 Baked Apple Pudding w/Autumn Fruit Compote £4.95

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Nibbles v

Olives £3 vg gf Fried Broad Beans £2.5 vg gf Salted Almonds £3.5 vg gf Kikones £2.5 vg gf

Small Plates

Hummus £4.5 v Guindilla £3.95 gf vg Boquerones £4.5 Spanish Tortilla £4.95 v Patatas Bravas £4.95 vg gf Southport Shrimp £5.95

Spanish Chip Butty £6.2 v

King Prawns w/Chilli & Garlic £6.2 gf

Sauteed Potatoes w/Wild Mushrooms, Garlic & Parsley £5.95 v gf Chicken w/Bacon, Shallot, Runner Beans & Cider Cream £5.95 gf Warm Beetroot, Hazelnut & Feta Salad £5.95 v gf

Two Small

Plates for

Tuesday-Friday

(12-4pm)

Chorizo in Honey & Cider £5.95

Caribbean Lamb Curry w/Rice £5.95

Greek Chick Peas & Halloumi on Toast £5.95 v

Pork Belly w/Sauteed Potatoes in Parsley & Fennel Butter £6.2 gf Linguini w/Tomato, Garlic, Rocket & Parmesan £5.95 v

Fried Aubergine w/Honey & Oregano £5.95 v

Spiced Sweet Potatoes w/Hazelnut Zataar, Mint Yoghurt &

Sumac £5.95 gf

Today's Small Plate Specials

Confit Duck Warm Rhubarb & Fig Salad £7.5 gf Salmon, Celeriac Puree & Garlic Samphire £7.5 gf Rump Steak w/Poached Egg, Sauteed Mushrooms & Onions £7 gf

Hake w/Red Pepper & Rocket Risotto £7 gf

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Soft Drinks All £2.20

Folkingtons Juice:

Valencia Orange. Pink Lemonade. Cloudy Pear. Cloudy Apple. Pressed Mango.

Fentimans:

Curiosity Cola. Ginger Beer. Rose Lemonade. Elderflower. Lime & Jasmine. Dandelion & Burdock.

Mawsons:

Cream Soda. Sarsaparilla.

Soho Juice:

Cucumber & Mint

Luscombe:

St. Clements. Raspberry Crush. Sicilian Lemon.

Food can either be purchased at the bar or one of our waiters will happily take your order at your table.

Our larder at the end of the bar has a selection of salads from which you can choose.