#### FRESH FRUIT SMOOTHIES

#### FRESH VEGETABLE SMOOTHIES

all at 6.5

all at 6.5

BERRY BOUNCE strawberry, raspberry, blackberry

JOLLY GREEN GIANT

broccoli, spinach, celery, pineapple, mango, banana

TROPICAL SUNRISE passion fruit, mango, pineapple

KING KALE *kale, spinach, mango* 

STRAWBERRY SPLIT strawberry, banana

## HOME MADE PROTEIN SHAKES

all at 7.5

PEANUT BUTTER & BANANA SHAKE with natural yoghurt, honey, milk & chocolate protein powder

BLAST OFF

double espresso, milk & vanilla protein powder

#### COFFEES & TEAS

CAPPUCCINO, LATTE, MOCHA 4

ESPRESSO, AMERICANO, MACCHIATO, FILTER 4

SELECTION OF TEAS 4

# ST MARTINS LANE BREAKFAST CLUB

MONDAY – SUNDAY 7AM- 11.30AM

#### THE PASTRY BASKET- 10

SELECTION OF FRESHLY BAKED PASTRIES, FILTER COFFEE OR TEA

#### THE BUFFET BREAKFAST - 20

INCLUDES ANY ITEM FROM THE BUFFET, COFFEE OR TEA AND TOAST

selection of cured meats and cheeses
selection of seasonal fruits
yoghurts
cereals
freshly baked pastries
muffins
bread selection

BIRCHER MUESLI oats, fuji apple, honey, nuts, fresh berries

PORRIDGE with water, skimmed, semi skimmed or full fat milk

BUFFET BREAKFAST plus one dish of your choice from the a la carte menu 26

### SELECT YOUR OWN BREAKFAST FROM THE FOLLOWING:

TWO EGGS ANY STYLE - 6

EXTRAS - 3.50 each grilled streaky bacon cumberland sausage grilled field mushroom grilled tomatoes house fried potatoes baked beans black pudding avocado grilled asparagus chorizo

#### A LA CARTE MENU

#### ENGLISH

two eggs as you like, streaky bacon, cumberland sausage, potatoes, grilled tomato, mushrooms, baked beans 15

#### ST MARTINS LANE BREAKFAST TORTILLA

flour tortilla topped with spicy black beans, chorizo and eggs, baked crispy with coriander, tomato 15

#### BREAKFAST ROLL

with a choice of fillings: bacon, eggs, cumberland sausage, tomato, cheese 10

#### OMELETTE

whole egg or egg white
with a choice of fillings:
cheese, mushroom, bacon, onion, ham, tofu,
sausage, tomato, spinach, parsley, chives 10.5

#### PANCAKES

with fruit compote or maple syrup, crispy bacon 8.5

#### THE BENEDICTS

classic ham, spinach florentine, smoked salmon royale or the cuban with bbq pulled pork, chipotlaise sauce 13.5

#### CUBAN TOAST

crispy sweet butter brioche rolled in coconut and almonds with guava purée and mascarpone cheese 10

SMOKED SALMON AND POTATO WAFFLE with crushed avocado, poached egg 13.5

#### BREAKFAST IN THE FIELDS

two eggs as you like, grilled halloumi cheese, avocado, roasted tomato, mushrooms, grilled asparagus 12

SMASHED AVOCADO, TOMATO AND POACHED EGG on toasted sourdough bread 12.5