

FRESH PASTRIES & BOWLS

FRESHLY BAKED PASTRIES

CROISSANT £1.95

PAIN AU CHOCOLAT £2.45

TOAST £1.95

Vegemite, honey or jam

MUDDLED BERRIES, YOGHURT & NUTTY GRANOLA £4.45

FRESH FRUIT & YOGHURT £4.45

PORRIDGE £3.95

with banana & maple syrup

FRESH JUICES & SMOOTHIES

ALL £4.45

CLEANSING GREEN

apple, cucumber, spinach, celery, avocado & watercress

ENERGISING RED

beetroot, apple, celery, carrot & ginger

SUPER ORANGE

mango, orange, lemon, passion fruit, celery & carrot

BREAKFAST SMOOTHIE

banana, strawberry, toasted oats, maple syrup
& almond milk

EGGS & CLASSICS

FREE RANGE SCRAMBLED EGGS £5.45

brown or white toast

with Severn & Wye Valley kiln smoked salmon £7.95

SMASHED AVOCADO & POACHED EGGS ON TOAST £6.95

free range eggs, chilli, lime & coriander

with dry cured streaky bacon £7.95

with kiln smoked salmon £9.45

EGGS & GREENS £4.95

kale, dry cured streaky bacon

& 2 free range poached eggs

EGGS & GRAINS £5.45

quinoa, toasted seeds, avocado, 2 free range
poached eggs & sriracha

THE WORKS SKILLET BREAKFAST £9.45

2 fried free range eggs, sausage,

dry cured streaky bacon, Spanish

black pudding, field mushrooms, roast

tomato, Heinz baked beans & toast

PANCAKE STACK £6.95

dry cured streaky bacon & maple syrup

BACON OR SAUSAGE

ENGLISH MUFFIN £3.95

free range fried egg

3 EGG OMELETTE £7.45

free range eggs, Parmesan, spring onions,
green chilli & lardons

HOT DRINKS

semi-skimmed, whole or soya milk

AMERICANO	1.95
CAPPUCCINO	2.65
LATTE	2.65
ESPRESSO	1.95
DOUBLE ESPRESSO	2.45
MACCHIATO	2.25
FLAT WHITE	2.65
CORTADO	2.25
MOCHA	2.95
HOT CHOCOLATE	2.95
CHAI LATTE	2.95
MUG OF BREAKFAST TEA	1.95
TEAPOTS	2.25

Camomile, Darjeeling, Decaffeinated Ceylon, Organic Green,
Hot Cinnamon Spice, Earl Grey, Japanese Sencha, Fresh Mint

BOOZE

from 10am

PROSECCO BRUT	£4.95
Veneto, Italy, 11%	
MIMOSA	£4.95
Prosecco & freshly squeezed orange	
BLOODY MARY	£6.95
vodka, spiced tomato juice & celery stick	

