

APPETISERS

GREEN OLIVES & FETA
£3.00

GARLIC FOCACCIA
£3.00

CHEESE FOCACCIA
£3.95

BREAD BASKET
(BUTTER OR DIP)
£3.25

GLUTEN FREE OPTIONS ARE AVAILABLE

STARTERS

SOUP OF THE DAY
(ASK YOUR SERVER)
£5.50 ✓

CREAMY MUSHROOMS
(TOASTED BRIOCHE)
£6.00 ✓

PIRI PIRI PRAWNS
(KING PRAWNS, BREAD)
£7.25

SMOKED SALMON
(PICKLED BEETROOT, CAPERS & HORSE RADISH CREAM)
£6.50

ASIAN STYLE BEEF SKEWERS
(MICRO SALAD, SOY SAUCE & SESAME SEEDS)
£7.00

WARM SMOKED DUCK SALAD
(CARAMELISED PEAR, CHICORY, WATERCRESS, WALNUTS & HOI SIN)
£6.75

SHARING

SEA BOARD
MINI PRAWN COCKTAILS, ANCHOVIES, SQUID, PIRI-PIRI KING PRAWNS, SWEET CHILLI SAUCE & BREAD
£13.00

BUTCHERS BOARD
BBQ PORK RIBS, HONEY GLAZED HAM, CHICKEN WINGS, CRISPY PORK BELLY, PICKLED GHERKIN, BBQ SAUCE & BREAD
£13.00

MAINS

BBQ PORK SPARE RIBS
with
SKINNY FRIES, COLESLAW & BBQ SAUCE
£13.50

WHOLE LOBSTER
with
HOUSE SALAD & SKINNY FRIES
£34.95
THERMIDOR OR GARLIC BUTTER

LAMB SHANK
with
CREAMY MASH, HONEY CARROTS & JUS
£17.50

CHICKEN IN PANCETTA
with
ROASTED VEGETABLES, NEW POTATOES & CAPER JUS
£15.50

CONFIT PORK BELLY
with
BRAISED RED CABBAGE, CELERIAC, ONION MASH & JUS
£14.50

HALF LOBSTER
with
HOUSE SALAD & SKINNY FRIES
£17.95
THERMIDOR OR GARLIC BUTTER

WINTER PENNE PASTA
with
GRILLED COURGETTES, CHERRY TOMATOES, ROASTED PEPPERS, TOMATO SAUCE & PARMIGIANA CRISPS
£11.95 ✓
ADD PRAWNS OR CHICKEN £4.00

PAN-FRIED SEA BASS
with
CREVETTES, PETITS POIS A'LA FRANCAISE & ROASTED NEW POTATOES
£17.50

FROM THE GRILL

EIGHT OUNCE RUMP
£16.95*

TEN OUNCE RIB-EYE
£21.95*

SIX OUNCE FILLET
£23.95*

BRAVEHEART SIXTEEN OUNCE RUMP
£28.95*

EIGHT OUNCE TUNA STEAK
£14.00*

ADD SURF & TURF TO ALL THE ABOVE

HALF LOBSTER
£14.00
THERMIDOR OR GARLIC BUTTER

GRILLED KING PRAWNS
£6.00
GARLIC BUTTER

*PEPPERCORN, BLUE CHEESE, BEARNAISE, GARLIC BUTTER, CHILLI GARLIC BUTTER ADD £1.50

OUR AWARD WINNING STEAKS FROM EASTWOODS OF BERKHAMSTEAD ARE SERVED ON A UNIQUE LAVA ROCK, WITH GRILLED CHERRY TOMATOES, MUSHROOM, WATERCRESS & FRIES

BURGERS & DOGS

CAJUN CHICKEN BURGER
with
GARLIC MAYO
£9.95

SOCIAL BEEF BURGER
with
BACON, MONTEREY JACK CHEESE & RELISH
£9.95

GRAND SOCIAL DOUBLE BEEF BURGER
with
PULLED PORK, MONTEREY JACK CHEESE, EGG, BACON & RELISH
£16.95

PORTOBELLO BURGER
with
HALLOUMI CHEESE & PESTO
£8.95 ✓

SLOW COOKED PULLED PORK BUN
with
BARBECUE SAUCE
£8.50

ALL BURGERS ARE SERVED ON MAYO SALAD, ONIONS, TOMATOES, GHERKIN WITH FRIES OR CHUNKY CHIPS / EXTRA TOPPINGS: EGG, BACON, MONTEREY JACK CHEESE, STILTON, PULLED PORK JUST £1.00 EACH - UPGRADE TO SWEET POTATOES FOR £1.00 - GLUTEN FREE OPTIONS ARE AVAILABLE

STEAK SANDWICH
with
CARAMELISED ONIONS, MUSTARD MAYO & FRIES
£9.95

CLUB SANDWICH
TRIPLE STACK CAJUN CHICKEN, BACON, MONTEREY JACK CHEESE, LETTUCE, TOMATO, ONIONS, GARLIC MAYO & FRIES
£9.95

ITALIAN DOG
with
TOMATOES, MOZARELLA, ROCKET SALAD & GARLIC MAYO
£9.50 | £8.50 ✓

AMERICAN DOG
with
PICKLES & BBQ PULLED PORK
£9.50

FRENCH DOG
with
CRISPY ONIONS & MUSTARD
£8.75

SOCIAL DOG
with
BACON, MONTEREY JACK CHEESE, CRISPY ONIONS & RELISH
£9.50

ALL DOGS ARE SERVED ON CIABATTA ROLLS WITH SMOKED PORK SAUSAGE AND FRIES OR CHUNKY CHIPS - UPGRADE TO SWEET POTATOES FOR JUST £1.00

SALADS

CHICKEN CEASAR
with
BRIOCHE CROUTONS, PARMESAN, ANCHOVIES & CEASAR DRESSING
£9.50

DEEP FRIED GOAT CHEESE
with
BEETROOT, PEANUTS, LEAVES, RED ONIONS, TOMATO CHUTNEY & BALSAMIC VINEGAR
£8.50 ✓

TERIYAKI BEEF
with
AVOCADO, SPINACH, HALLOUMI, CHERRY TOMATOES, CHICORY & CELERIAC
£11.00

EAST COAST DETOX
with
RED CABBAGE, CELERIAC, PEPPERS, RADISH, ASPARAGUS, CARROTS, WALNUTS, AVOCADO, SESAME SEEDS & GINGER DRESSING
£8.50 ✓

- FOR ALL SALADS ADD PRAWNS OR CHICKEN £4.00 -

SIDES

HOUSE SALAD
£3.50

COLESLAW
£3.00

WINTER VEGETABLES
£3.50

TOMATO & RED ONION SALAD
£3.25

SWEET POTATO FRIES
£3.95

CHUNKY/SKINNY CHIPS
£3.00 | £3.25

NEW POTATOES
£3.50

CREAMY MASH POTATO
£3.25

East Coast Social

NUTRITION AND ALLERGY ADVICE:

IT IS IMPORTANT THAT YOU KNOW WHAT GOES INTO OUR CAREFULLY PREPARED FOOD, SO OUR WAITING AND KITCHEN STAFF WILL BE MORE THAN HAPPY TO ANSWER ANY ALLERGY QUESTIONS. PLEASE UNDERSTAND THAT ALL OUR FOOD IS PREPARED AND COOKED TO ORDER & DURING BUSY TIMES THIS MAY RESULT IN SMALL DELAY. A 10% SUGGESTED DISCRETIONARY GRATUITY WILL BE ADDED TO YOUR BILL.