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tonicandremedy.co.uk



TONIC & REMEDY



@tonicandremedy

## • [ nibbles ] •

£3 each

mixed olives      spiced nuts      English charcuterie

## — < grazing > —

£5 each

'T&R' fries – Lincolnshire poacher, bacon, spring onion

'g&t' cured salmon, pickled cucumber

bourbon glazed duck leg sliders

charred halloumi, chilli, lime, honey

crispy fried chicken wings, chilli glaze

## |||||| sides |||||||

£3 each

corn on the cob,      tender stem  
spicy mayo,      broccoli, chilli, lime  
parmesan      rosemary &  
garden salad      garlic fries

## FROM THE JOSPER GRILL

### burgers

*all served with fries*

'T&R' burger £12.50

bloody mary ketchup, baby gem, tomato, red onion

'dirty' burger £15.50

Lincolnshire poacher, jalapeños, sriracha mayo

bbq cheese burger £14.50

with bourbon glazed bacon

Southern-fried chicken burger £14.00

avocado, tomato, ranch sauce

portobello mushroom £10.50

feta, piquillo pepper tapenade, rocket

extras: cheddar | stilton | bacon £1.00 each

double up with an extra burger £6.00

### from the sea

whole seabass £20.00

charred salmon £15.00

coriander, red onion, charred sweetcorn, lime, chilli

### — from the land —

*all served with fries or salad*

sticky bbq pork ribs £14.00

Lake District 8oz ribeye steak £24.00

Lake District 8oz sirloin steak £26.00

sauses £2.50 each

sriracha | beef juices | peppercorn

### from the garden

'T&R' Caesar £9.00 | £14.00 (w/o | with chicken)  
baby gem, soft egg, parmesan, anchovies, croutons

beetroot, goats cheese, walnut £8.00

quinoa, avocado, piquillo pepper £8.00

potato & Lincolnshire poacher hash £12.50

grilled leeks, poached egg

If you have a food allergy or intolerance please speak to a member of the team before ordering. A 12.5% discretionary service charge will be added to your final bill. All prices include VAT @ 20%.