

★ SMOLLENSKY'S ★

ON THE STRAND

SET MENU

2 Courses - £21.95

3 Courses - £24.95

Includes a glass of prosecco

TO START

SOUP OF THE DAY (v)

with crusty bread

FLOUR DUSTED CALAMARI

fried till golden with garlic mayonnaise

CHICKEN SKEWERS (n, gf)

grilled and served with satay sauce

MAINS

SUPERFOOD KALE SALAD (ve, n)

green kale, broccoli, red cabbage, chickpeas, red rice and quinoa, roasted peppers, grilled courgettes, avocado, and pomegranate seeds; with a lemon, almond and ginger dressing

PAN FRIED SEABASS FILLET (gf, df)

served with chunky avocado, tomato and caper salsa; with watercress

8OZ FLAT IRON STEAK

served with skin on fries, garlic butter, and watercress

DESSERT

CHOCOLATE AND SALTED CARAMEL BROWNIE (v)

served with vanilla ice cream and warm chocolate sauce

BANOFFEE PIE (v)

caramel, whipped cream, bananas, and chocolate sauce

TWO SCOOPS OF ICE CREAM (v) OR SORBET (ve, gf)

choose from vanilla, chocolate or strawberry ice cream; or mango sorbet

(v) = suitable for vegetarians, (ve) = vegan, (gf) = gluten free, (df) = dairy free, (n) = contains nuts

We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. Our menu descriptions do not contain all ingredients so please ask your server if you have any particular allergy or requirement.

A 12.5% optional service charge will be added to the final bill.