



*As with all Feast & Flow menus, this is completely plant-based and
gluten free.*

A glass of bio-dynamic, organic wine will be served with each course

Canapés

Savoury granola bar topped with creamy avocado smash

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Mini poké style bowl

Main course

'Chick 'n' Waffles'

Oat flour waffles with crispy fried tofu,
pickled pineapple and whipped coconut yogurt