

#lolabcooks

Callaloo Soup (Ve)

w/ locally grown perpetual spinach & green banana for body

Saltfish and Okra Fritters

Salted white fish matched with lady's fingers

Guava Beef Ribs

Slow cooked in homemade sweet and savoury sauce

Locally Sourced Mutton

Slow cooked fragrant curry w/ coconut (bone in)

Sweet Potato Pottage (Ve)

African style stew packed with aromatic spices

Mac Cheese (V)

A special take on this timeless classic

Orange Rice (Ve)

Lola.B's Jollof

Plantain (Ve)

Simply fried and enjoyed in both African and Caribbean Cuisine

Slaw (Ve, N)

Specially seasoned carrot, cabbage and green mango dressed in lime and sesame

PUFF- PUFF (Ve)

African doughnuts served w/ tangy pineapple jam

Made with locally milled flour

Ve- Vegan V- Vegetarian N-Nut

Vegan starter options: Okra Fritter and Guava veggie skewers available on request

All Meat is Halal

Hot Sauce (Ve)

Scotch bonnet based hot sauce for spice lovers

Shito (F)

A traditional African condiment