

**BLAH
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GRAINS & FRUITS

GRANOLA & GREEK YOGHURT 6

home-made granola, Greek yoghurt, summer berries, banana, toasted almonds, honey

CHIA SEED PUDDING 6

chia seeds, dates, fresh fruit, cashew nuts

GREEK YOGHURT 6

choose from 3 of the following, at the table:
sunflower seeds, raisins, chia seeds, buckwheat, almonds, walnuts, cashews, pumpkin seeds, goji berries, apple, raspberries

DAILY PASTRIES, MUFFINS & TRAY BAKES

ask your server

SOMETHING ON TOAST

TOAST 4

home-made set jam or marmalade:
raspberry, strawberry, orange marmalade

FIELD MUSHROOMS 7

sautéed with crème fraîche,
sourdough toast

EGGS 6

cooked to your liking, on sourdough toast

add toppings - all £1 per item:

- bacon
- chorizo sausage
- beans
- smoked salmon
- spinach
- crushed avocado
- ham

PLATES

HAM HOCK HASH 7

slow-cooked ham hock, parsley,
shallots, potatoes, fried egg

MINUTE STEAK, 12 EGG & HASH

rare breed steak, potatoes, fried egg

SALMON HASH 8

smoked salmon, potatoes, fried egg

HAM & EGGS 8

Ibérico ham, potatoes, dry fried eggs

KEDGEREE 9

flaked haddock, boiled rice, parsley,
turmeric, butter with a poached egg

EGGS IN PURGATORY 8

poached egg, plum tomato sauce,
smoked paprika, smashed avocado (v)

BENEDICTS

HOUSE 8

two poached eggs, honey smoked ham,
hollandaise, toasted English muffin

ROYALE 8

two poached eggs, smoked salmon,
hollandaise, toasted English muffin

FLORENTINE 7

two poached eggs, tomato, buttered spinach,
hollandaise, toasted English muffin

OMELETTES

3-egg, pan-forked omelette

LOBSTER, DIJON MUSTARD, PARMESAN 12

IBÉRICO HAM, MANCHEGO 9

MANCHEGO CHEESE, FIELD MUSHROOMS 9

HADDOCK, SPINACH 8

COFFEES & TEAS

AMERICANO 3

FLAT WHITE 3

CAPPUCINO 3

SELECTION OF TEAS 3

LATTE 3

ask your server for
our tea selection

ESPRESSO 3

REDEMPTION ROASTERS, 1847 BLEND

country: brazil and tanzania

tasting notes: nutmeg, grapefruit, honey

THE GABETO FULL HOUSE 10

two eggs, smoked back bacon, chorizo, grilled
tomato, mushrooms, baked beans, potatoes

add juice, tea or coffee & toast 3

THE GABETO 'V' FULL HOUSE 7

two eggs, manchego, grilled tomato, mushrooms,
baked beans, potatoes (v)

add juice, tea or coffee & toast 3

PANCAKES 7

three buttermilk American style pancakes

- bacon, maple syrup
- berry compote, crème fraîche

We proudly use Blackdown Hills free range eggs,
known for their deep yellow yolk.

Sourdough, wheat free or carb free toast available.

SMOOTHIES

GREEN BLEND 6

watercress, basil, kiwi, spirulina, pumpkin seed
butter, honey, broccoli

RED BLEND 6

raspberry, matcha powder, beetroot, watermelon,
cherry tomato, honey

FULL PRESS 7

passion fruit, blueberry, celery, spinach, Greek
yoghurt, banana, goji berry, turmeric, sunflower
seeds, whey protein

HOUSE PRESSED JUICES

GREEN PRESS 5

Granny Smith apple, cucumber, coconut water,
light agave, lime

RED PRESS 5

beetroot, carrot, smoked paprika,
cinnamon, raspberry

FULL PRESS 6

grapefruit, ginger, honey, blueberries,
basil, pear, kale, lime

ALCOHOLIC REVITALISERS

BODY BOOSTER 10

gin, ginger, honey, cucumber, parsley, pineapple

MIND TEASER 12

vodka, sunflower seeds, almond butter, spinach, apple

EGO LIFT 9

Eau de Vie raspberry, basil, avocado, raspberry,
lime, honey

BLOODY MARY KICKERS

GABETO CLASSIC MARY 10

home-made Mary mix, vodka

BLOODY MARIA 10

Arette Reposado tequila, home-made Mary
mix and Tapatio hot sauce

ELIXIR BLOODY MARIA 10

Gabeto Mary mix, dill, olive brine, cayenne
pepper, honey

BLOODY & BACON 12

Mary mix, vodka, bacon, beef jerky

BLOODY SHAME 9

Gabeto special Mary mix

Adorning the walls of Gabeto is a specially commissioned gallery of artwork by artist *John Bulley*,
synonymous with the area, renowned artist behind the famous Camden Lock bridge.

JOIN OUR CONVERSATION @GABETOLONDON OR VISIT US AT GABETO.CO.UK

Please inform us of any allergies or dietary requirements as we are unable to guarantee that the dishes will be completely allergen free.
A discretionary charge of 12.5% will be added to your bill. All prices include VAT.

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