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BURGERS. WINE. BRUNCH

Ben's

Canteen



All of our food is cooked fresh to order Please allow us around 20 minutes to get it to your table

If there is no sign by then, please do ask

STARTERS & SMALL PLATES

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	With smokey BBO sauce and homemade ranch dressing.
6.5	Chicken Strips
7.5	Spiced Duck Nuggets
6.0	Hummus and Flatbread (v)
7.0	Ben's Epic Scotch Egg
	and Lime & Coriander Yoghurt.
	With Fennel & Cucumber Salsa, Pomegranate Ketchup
8.0	Halloumi Fries (v, gf)
8.5	Pulled Pork Nachos

VALAUS

Chicken, Bacon & Avocado Salad Spiced Squash Salad (gf.ve.n) Spiced rosets squash, charred shallots, red pepper, spinach, watercress and almands. Add G-rilled Chicken Add Feta BRUNCH	10.5 7.5 4.0 2.0
Add Grilled Chicken Add Feta	4.0
BRUNCH	
GLUTEN FREE TOAST AVAILABLE ON REQUEST)
Smashed Avo (v) Two poached eggs with nut free basil pesta and vine tomatoes on Brixton sourdough toast.	10.5
Add Spicy Chorizo	:. :::::::::::::::::::::::::::::::::::

8.5	Add Dry Cured Bocon Add Nutella Brunch Fries (Great to Share)
0	With hazelnuts, salted caramel sauce, yoghurt and maple syrup.
10.0	Banana Pancakes (v,n)
	Add Dry Cured Bacon
ω)	With halloumi, balsamic roast tomato chutney and a poached egg.
10.0	Sweet Corn & Courgette Fritters (v)
	BC Sausage & Black Pud Patty, American Cheese, Bacon, BC Hash Brown, Fried Egg and Recovery Sauce.
12.5	The Recovery Burger
3.0	Add Spicy Chorizo Add Feta
	Iwo poached eggs with nut free basil pesto and vine tomatoes on Brixton sourdough toast.
10.5	Smashed Avo (v)

ried Chicken Benedict ggs Pig Out nch Fries (----3 with Bloody Bens beans, cheese, bacon, 2k pudding, fried egg, ketchup & HP. egg dish: pulled pork with poached eggs and BC Hollandaise. not sauce and pair with a Bloody Mary for perfection. ggs and BC Hollandaise! You are naughty. ...10.0 ...10.0

Poached Egg on Sourdough Toast (v) Served with a pot of BC Hollandaise. To add your favourite extras, like bacon, please ask.	ldd Dry Cured Bacon

NOW YOU CAN WITH OUR UNIQUE BLOODY BENS BLOODY MARY SPICE MIX JUST ADD TOMATO JUICE (AND BOOZE IF YOU CHOOSE) BLOO WANT TO MAKE PERFECT BLOODY MARYS AT HOME? U BENS

PERFECT TO IMPRESS YOUR HUNGOVER MATES OR A GREAT GIFT. 250ML BOTTLE ...7.99

BURGERS & WINE

Jr Cheese Burger dry aged beef patty, Bloody Bens tomato relish, mustard, onion, pickles,	SWITCH TO A GLUTEN FREE BUN1.0	BURGERS SERVED MEDIUM UNLESS REQUESTED OTHERWISE, WE USE A GLAZED BUN.	CHOOSE YOUR OWN SIDES & EXTRAS.
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8.75
4.5/6.0
13.25
6.0 / 7.5
10.75
6.0/7.75
10.5
6.0 / 7.75
9.0
5.0 / 6.25

COMPLETE YOUR BURGER EXPERIENCE WITH

The Pickle House Pickle Shot ...2.0 Pickle Back (Whisky & Pickle Shot) ...6.0

THE HALLOWEEN SPECIAL

В С DIPS & SAUCES

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Ranch Sauce1.0		
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SHAKE . UP

Buffalo Sauce ...1

Make any of the above a hard shake with a shot of rum, whisky or cognac for an extra 3.0 Manhattan Shake	Hard Shake	Shake of the Month	Banana & Peanut Butter Shake	Vanilla Shake	Chocolate Shake
00 07	3.0	5.0	5.0	5.0	5.0

BURGER EXTRAS

 Double Up - Add a BC Dry Aged Beef Patty Double The Chicken - Extra Fried Chicken American Cheese Slice Smashed Avo Bacon	2.0	
 Double The Chicken - Extra Fried Chicken American Cheese Slice	2.0	
 Smashed Avo	2.0	
 Bacon	2.0	
 Jalapenõs	2.0	

BURGE D ဟ

Cheese Burger CHOOSE FROM THESE 3 SLIDERS

...6.5

27.5	Mini Burgers & Wine
16.0	Trio of All 3
6.5	Posh Fried Chicken
6.5	Awesome Veggie Burger (v)

THREE FOR EIGHTEEN

EVERY NIGHT 5 - 7:30PM, £18 PER PERSON ANY BURGER / MAIN STARTER OR DESSERT & DRINK

OR GO TO BENSCANTEEN.COM ASK FOR FULL DETAILS

SIDES

Onion Rings (v)	BC Slaw (gf,v)	Sweet Potato Chips (gf,v)	Skin-on Fries with or without BBQ Sprinkles (gf,v)	Garden Salad (gf,v)
3.5	3.5	4.5	3.5	3.5

...1.0

BLO O F R E D ~

UPLOAD A PIC OF YOU, YOUR MATES AND/OR YOUR FOOD TO INSTA WITH #BENSCANTEENMENU AND WE'LL GIVE YOU A FREE BLOODY MARY.

ONE PER PIC, PER PERSON

All of our food may contain traces of allergens, to see our allergy information, please ask a member to check out our food and drink before you order go to instagram and search #benscanteenmen

BENSCANTEEN

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