FOOD

Something Small

Share Platter £9

Toasted bread, cashew cheese, beetroot hummus, sauerkraut, kimchi, pickles, served with a spread of raw foods for dipping.

House Salad £5

Mixed seasonal greens, herbs and sprouts tossed with house dressing, coconut, toasted seeds, and slithered pear. (GF)

Chips & Dip £5

Corn chips with guacamole, the perfect bar snack. (GF)

Falafel £6

A portion of warm spiced falafel served with vegan sour cream, pickles and tomato. (GF)

Something More

Nacho Bowl £10

Corn chips topped with spiced beans, house vegan sour cream, guacamole, herbs, kimchi and nutritional yeast. (GF)

Scramble Burrito £ 9

Scrambled spiced tofu and beans, fresh salad, chilli mayo and kimchi in a wrap served with vegan sour cream. (GF)

Veggie Hot Pot £7

Butternut squash in a ginger turmeric spiced broth (GF) Served with a slice of bread.

Green Pesto Pasta £11

Edamame pasta mixed with house green herb cashew pesto, served with fresh tomato, nutritional yeast & a side of avocado. (GF)

ADD ONS + 50p + Toasted bread £ 2 + Sauerkraut + Kim Chi + Cashew cheese + Beetroot hummus £ 2.50 + Guacamole + Corn Chips + Spiced beans

DRINKS

Beer On Tap

Crate Cider (4.7%) £ 4.60 Camden Hells Lager (4.7%) £4.8 Beavertown Gamma Ray (5.4%) £ 5.9

Bottled Ciders

Cornish Orchard Pear £ 5

Orchard Pig Cider Dry/Medium £ 5

WINE

White Wine

Vila St Jean Blanc Languedoc, France £4.60 / £18 Trefili Pinot Grigio, Italian £5 / £20 Guy Allion Sauvignon Blanc, FR £5.40 / £22

Red Wine

Le Lesc Rouge, France £4.60 / £18

Almate Tempranillo Ribeira del duero, Spain £27

El Grano Carmenere Chile £5.50 / £24

Chateau Claymore Lussac St Emilion Bordeaux

DRINK SPECIALS

MCT Espresso Martini £10

East London Liquor Co. vodka, Kahlua, espresso & MCT oil, which promotes longer lasting energy, mental focus, cognitive function, weight loss and supports your hormonal system

Coconut Krak £6 / £8

Kraken spiced rum poured over frozen coconut ice sphere, let it melt and sweeten with every sip

Zing £7 / £9

Tequila and cold pressed apple, grape, lime, cucumber and mint.

Passion £7/£9

Organic passionfruit kombucha with house gin cucumber and lemon.

Toddy Tonic £6 / £8

Whisky, freshly squeezed ginger and turmeric, cayenne and maple with hot water and lemon.

Bloody Merry £7.50 / £9.50

Organic quinoa vodka with spiced kimchi, hot pepper sauce, tomato juice, lemon, black pepper, topped with pickles, celery, & tomato

