


STARTERS


A TASTE OF THINGS TO COME.

TO GET YOU GOING


BREAD, £3.75 
Selection of fresh breads & chimichurri butter.

HUMMUS & CRISP BREADS, £3.95 
With aubergine caviar, chilli and nuts.

OLIVES PIQUANTE, £3.75  

BEEF CAU-PACCIO, £6.95 
Rump steak, green chimichurri, cherry and sunblush tomatoes.

SHRIMP CHICHARRÓN £6.95
Crispy fried shrimp, ají amarillo sauce, red jalapeño, spring onion and coriander cress.

CROQUETTES, 3 FOR £6.25
The classic Spanish favourite.
• Smoked haddock
• Porcini mushroom & black truffle 
• Ham hock & manchego

MAINS


LOOSEN YOUR BELT.

THE CLASSIC CAU BURGER, £9.95
Your choice of coal-grilled beef patty or CAU fried chicken - with CAUchup, beef tomato and lettuce, served with thin chips. Beef up your burger with your choice of - [Fried egg, onion ring, bacon, cheese \(£1.00\)](#) or if you're feeling brave, double up your patty (£3.75).



THE ULTIMATE STEAK SANDWICH, £13.50
Flash-grilled tapa de cuadril, salt beef and BBQ brisket in a toasted ciabatta with crispy onions, dill pickle, spicy mayo and melty Monterey Jack cheese - Buenos Aires eat your heart out. Served with your choice of chips.

BRICK GRILLED SPATCHCOCK CHICKEN, Half £9.95 / Whole £14.95
Coal grilled & maple-glazed with Pico de gallo and your choice of chips.



TWISTED FISH & CHIPS, £14.95
Quinoa crusted cod, chimichurri tartare sauce, grilled lemon and sweet potato chips.

COAL BAKED BREAM, £15.95 
Filleted sea bream cooked over coals, with a smoked aubergine purée and salted courgette ribbons. Served with our mixed salad.

SPICED SWEET POTATO SOUP, £5.25 
Fennel seed, ají molido, crème fraîche, crisped bread flakes and coriander cress.

ANTI-CU-CHOS (SKEWERS), £6.75 EACH
Cooked on every street corner in Buenos Aires.
• Chipotle chicken with guacamole
• Halloumi and aubergine, brushed with truffle honey.  

FLATBREADS, £6.25 EACH
Our nod to the Buenos Aires love of pizza. So good, the chef changes it daily.



EMPANADAS, CHOOSE ANY 2 FOR £7.50
The classic Argentinian filled mini 'pasty'.
• Spicy beef
• Spanish chorizo and cream cheese
• Spinach, ricotta and date 
• Spicy creamed corn & Taleggio cheese 


FISH TACOS, £6.95
Crispy battered pollock, chipotle mayo, peppers, Pico de gallo and coriander.

ARGENTINE BEEF STEW, £14.95
Known as “Carbonada” in Argentina, a classic Argentine staple. Slowly cooked salt beef with apricots, raisins and sweet potato, finished with crispy onions, served with jalapeño corn bread.

SUPERCHARGED SALAD
Small £7.95 / Big £12.50
With goat's cheese, avocado, beetroot, edamame beans, pearl barley, cherry tomatoes, grated carrot, radish & toasted mixed nuts with a mustard dressing. [Add chicken breast £3.75.](#)

ARGENTINA OWES MUCH OF ITS CULINARY HERITAGE TO ITALY. THE DISHES BELOW CELEBRATE THIS

PUMPKIN RISOTTO, £12.95  
Finished with feta cheese, pumpkin seeds and coriander cress.

MUSHROOM LINGUINE, £12.50 
Chestnut mushrooms, paprika, lemon and crème fraîche, topped with crunchy pangrattato and pea shoots.


CRISPY CHICKEN PARMIGIANA, £13.50
Breaded chicken, sweet tomato sauce, melty mozzarella with your choice of linguine spiked with lemon or a classic rocket and parmesan salad.

BEEF

PAMPAS TO PLATE

There's beef and then there's CAU. Our free range Aberdeen Angus cattle are grass fed on the Pampas. Aged for at least 30 days and cut to order, they produce a deep flavoured melt in the mouth tenderness.

OUR BEEF IS SERVED WITH A CHOICE OF THIN, THICK OR SWEET POTATO CHIPS OR OUR MIXED SALAD.

MEDALLIONS 
220g £15.25


The finest, most succulent cuts of lomito, filleted from the centre and grilled.


TAPA DE CUADRIL 
220g £15.95, 260g £16.95

This signature dish is cut from the top of the rump. Served the Brazilian way (don't tell the Argentines), it's thinly sliced and flash grilled so it melts in your mouth.

RUMP 
220g £14.25, 260g £16.50, 320g £19.95

The leanest cut with a distinctively pure flavour. We grill the rump slowly to ensure the beef is beautifully soft.

RIB-EYE 
260g £18.95, 320g £23.50, 380g £26.95
The steak lover's steak. A tender and full-bodied beef treat.

SIRLOIN 
220g £15.50, 260g £18.50, 320g £22.75
This classic steak has a distinctively full flavour.

CHEF'S CUTS

LOMITO
400g £29.95, 500g £34.95

The fillet of rump is considered the finest cut, combining the flavour of rump with the tenderness of fillet. Served with a stunning blue cheese sauce.

ASADO DE CHORIZO 
400g £30.95, 500g £35.95, 600g £40.95

A sirloin steak in a churrasco marinade of smoked paprika, ají molido, garlic & parsley.

TIRA DE ANCHO 
400g £30.95, 500g £35.95, 600g £40.95

The king of steaks. A spiral cut of rib-eye, marinated in chimichurri and grilled slowly for maximum tenderness.

CAU FEASTING PLATE, £89.95
400g cut each of -
• Lomito • Asado de Chorizo • Tira de Ancho

BREAKFAST

BUENOS AIRES STYLE.


EVERYDAY 9AM - 12PM

CAU BREAKFAST £9.95
Pork & herb sausage, morcilla black pudding, eggs, mushrooms, tomatoes, smoked bacon and sourdough toast.


FLATBREADS
 Bacon and egg with CAUchup. **£5.25**
 Creamy mushroom and herb. **£4.95** 
 Chorizo sausage, caramelised onion and mozzarella. **£6.95**

SWEET POTATO PANCAKES
 Goat's cheese, rocket and sticky onions. **£6.95**
 Spinach and poached egg. **£4.95** 
 Grilled pork belly, fried egg and maple syrup. **£8.95**

STEAK AND EGGS £9.95
Our tapa de cuadril flash-grilled with 2 fried hen's eggs.

AVOCADO EGGS £9.00 
2 eggs baked inside an avocado, drizzled with chimichurri.

CAU BENEDICT £7.25
Yerba-smoked beef, blue cheese hollandaise.

COAL ROASTED PEACHES £5.25 
Granola, natural yoghurt and honey.

EXTRAS £0.75
Bacon, Chorizo Sausage, Roasted Mushroom

 **Bottomless Brunch Saturdays 11AM - 3PM**
£25 Per Person 

SIDES

BEEF IT UP.

THIN or THICK CHIPS, £3.25

SWEET POTATO CHIPS, £3.95

CAUSLAW, £3.25 
Like coleslaw but better.

TRUFFLED MAC & CHEESE, £3.95

MIXED SALAD, £3.25 

ONION RINGS, £2.95
Cooked in tempura batter.

SAUCES

POUR IT ON.

PEPPER SAUCE, £1.95 

BLUE CHEESE HOLLANDAISE, £1.95

BÉARNAISE SAUCE, £1.95 

CHIMICHURRI BUTTER, £1.50 


CLASSIC CHIMICHURRI, £1.50 
The Buenos Aires ingredient for all occasions.

SUNDAY ROAST

PRaise BEEF.

SUNDAYS ALL DAY FROM 12PM, £15
A choice of roast rump of beef or half spatchcock chicken. Always served with Yorkshire pudding and all the CAU trimmings.

GREEN PEAS, £2.95 

CONFIT PORTOBELLO MUSHROOMS, £3.50 
Beef dripping, garlic, thyme and rosemary.

SMASHED ROASTED PUMPKIN, £3.50 
Crème fraîche and coriander cress.

DIRTY RICE, £3.25
Basmati rice cooked with BBQ brisket, pepper and onions. Finished with spring onion.

DESSERTS

YOU ONLY LIVE ONCE.

DULCE DE LECHE PANCAKES, £5.95

FLOURLESS CHOCOLATE CAKE, £4.95 

APPLE PIE CHEESECAKE, £5.95



CHURROS, £5.25

DULCE VOLCANO, £6.50

ARGENTINIAN ICE CREAM, £1.95
A SCOOP

CORNFLAKE SUNDAE, £6.25
A discretionary donation of 20p will be made on your behalf to a local children's charity.

OUR DISHES BEST REPRESENT CAU'S UNIQUE TWIST ON THE HEART, SOUL & SPIRIT OF BUENOS AIRES.

 - Denotes the vegetarian options from our starters, mains and breakfast.
 - Denotes our gluten-free options.
Please ask our team for any further requests.

Please ask your server for our full list of allergen information. At CAU we work with fresh food in our kitchens so we handle all types of ingredients. As such we cannot guarantee the absence of traces of any allergen in our food. A 12.5% discretionary service charge is added to all bills. Service charge is distributed 100% between all restaurant staff. Thank you.