

### **BREAKFAST**

Full English Breakfast 7.99 Grilled bacon, Cumberland sausages, two fried eggs, grilled tomato, mushrooms, beans, white or brown toast,

tea or Americano coffee

Veggie's Full English V 7.99
Quorn sausages, two fried eggs,
wilted baby spinach, grilled
tomato, mushrooms, beans,
white or brown toast, tea or
Americano coffee



#### SERVED UNTIL NOON AND TOTALLY WORTH GETTING OUT OF BED FOR!

#### Eggs Benedict Bacon Muffin 5.99

Two poached eggs, grilled bacon, with Hollandaise sauce, on an English muffin

### Eggs Florentine Muffin V 5.99

Two poached eggs, wilted baby spinach, Hollandaise sauce, on an English muffin

### Spinach, Eggs and Sweet Potatoes V 6.99

Buttered spinach, sweet potatoes, poached eggs, Virgin Mary ketchup

### Big Breakfast Wrap 6.99

Grilled bacon, scrambled egg, Cumberland sausage, grilled tomato, crispy potato omelette soldiers – in a tomato flour tortilla

### Mexican-Style Breakfast 5.99

Spicy rice, pulled pork in Tabasco, guacamole, fried egg, diced sweet potato, tomato & chilli salsa

#### **Breakfast Sharer 14.99**

Bacon sliders, omelette soldiers, honey-glazed pork sausages, BBQ beans, sautéed mushrooms on ciabatta, topped with avocado and slow-roasted tomatoes, with fries and dips

Make IT (1784)

ADD 2 DRINKS FOR £20

CHOOSE PINT OF AMSTE

#### Smashed

Avocado Ciabatta V 5.49 Toasted ciabatta, smashed avocado, poached egg,

## slow-roasted tomato Yoghurt & Granola V 4.49

It's all good! Greek-style yoghurt, Dorset granola, fresh strawberries, blossom honey

#### Fruity Porridge V 2.79

With fresh strawberries, blossom honey or strawberry jam

### White or Brown Toast V 2.79 With marmalade or strawberry

jam

### SMALL PLATES

#### Southern-Fried Chicken Goujons 5.49

Southern-fried chicken goujons with tomato salsa, sticky BBQ sauce

### Garlic Breaded Mushrooms V 5.29

Breaded mushrooms with garlic mayo

#### BBQ Pulled Pork Steamed Buns 5.79

Lotus-style steamed buns with BBQ pulled pork, pickled red onion

#### Crispy Salt & Pepper Shrimp Bombs 5.79 With paprika garlic mayo

Falafel Bites VG 5.49 With baba ganoush and crudités

#### Margherita Arancini V 5.49

Crispy coated rice balls, filled with tomato and melted cheese and served with a Virgin Mary ketchup

### Lemongrass & Chilli King Prawn Skewers 5.79

With garlic, served on a skewer with ciabatta and lemon



### SHARING BOARDS

#### Camembert Sharer V 11.29

Baked boxed Camembert, falafel bites, baba ganoush, fritatta, mixed olives, ciabatta bread strips, crudités with Virgin Mary ketchup and vegan mayo

#### Vegan Nachos VG 10.79

Tortilla chips topped with a quinoa, black bean & butternut squash chilli, with jalapeños, guacamole, tomato salsa and vegan mayo

#### Cheesy-Topped Nachos V 9.29

Mozzarella, Cheddar, jalapeños, guacamole, pickled red onion, sour cream, tomato salsa

#### Add Chilli Beef 1.49

Add BBQ Pulled Pork 1.49

#### Feast with Friends 13.99

Teriyaki-glazed chicken skewers with omega and sesame seeds, Southern-fried chicken goujons, breaded mushrooms, margherita arancini, frittata, onion rings, garlic ciabatta bread strips and fries. Served with a selection of dips

### **SWEET & PETITE**

### Warm Brownie Bites V 2.99 With whipped double cream

Clotted Cream Cheesecake Bites V 2.99 With a fruity raspberry

### Cookie Crumb Profiteroles V 2.99

coulis

With chocolate-flavoured sauce

#### Chocolate Salted Caramel Bites 2.99

Salted caramel & choc truffle bites

#### Strawberry Scone Bites V 2.99

Made with clotted cream

### Warm Mini Churros V 2.99 With a caramel and chocolate-

With a caramel and chocolate flavoured dipping sauce

### Mini Chocolate-Orange Fondants V 2.99

With chocolate-flavoured sauce and whipped double cream

### Sticky Dicky Bites V 2.99 With custard

**Lemon Sorbet VG 2.99**Fresh and zesty lemon sorbet



## Sour Cherry & Pistachio Bites V 2.99

Apple & almond sponge with sour cherries and pistachios. Served with a raspberry coulis

**Elderflower Mousse 2.99** With a pinch of candy floss

### SIDES

Sweet Potato Fries and Garlic Mayo V 3.99 Chips and Garlic Mayo V 2.99

Skinny Fries and Garlic Mayo V 2.99

Garlic & Herb Ciabatta Sticks V 2.99

Beer-Battered Onion Rings V 2.99

Superfood Side Salad VG 2.99

Seasonal Veg V 2.99

Spicy Rice VG 2.99

CHECK OVER THE PAGE FOR



### WRAPS & SANDWICHES

Chicken Club Wrap 8.29

Tomato flour wrap, filled with chicken breast, bacon, avocado, tomato, Cos lettuce and mayo. Served with skinny fries

Rump Steak Ciabatta 8.99

Sautéed peppers, onions, melting Cheddar, lettuce, BBQ drizzle. Served with skinny fries

Bacon & Avocado Ciabatta 7.99

Ciabatta, bacon, tomato, Cos lettuce, mayo, avocado. Served with skinny fries

Fish Finger Sandwich 8.49

Brioche bun, fish fingers, Cos lettuce, tartare sauce. Served with skinny fries

Halloumi & Avocado Ciabatta V 8.49

Ciabatta, halloumi, tomato. Cos lettuce, mayo, avocado. Served with skinny fries

FLT Wrap VG 7.99

Tomato flour wrap filled with falafel, baba ganoush, mixed peppers, onions, tomato, Cos lettuce and vegan mayo. Served with skinny fries Southern-Fried Chicken Wrap 7.49

Tomato flour wrap, southern-fried chicken, Cos lettuce, sour cream, tomato salsa. Served with skinny fries

Chicken, Cheese, Bacon & BBQ Ciabatta 7.99

Chicken breast, bacon, cheese & BBO drizzle. Served with skinny fries

Upgrade to Sweet Potato Fries 1.49

### SALADS

Fishcake Salad 10.79

Smoked haddock, coley and Applewood Cheddar, in an oat & parsley breadcrumb coating superfood salad, with edamame beans, omega seeds, and a lemon oil dressing

Avocado & Quinoa Salad VG 7.79 Vegan superfood salad with black

rice, quinoa, red pepper, carrot and sova beans. Topped with fresh avocado and balsamic glaze

Herb Marinated Chicken Tortilla Salad 9.79

Yoghurt-&-herb-marinated chicken, with tikka spices, superfood salad, edamame beans, omega seeds, lemon oil dressing - in a tomato flour tortilla bowl

Grilled Halloumi Tortilla Salad V 8.79

Avocado, edamame beans, tomato, omega seeds, lemon oil dressing, in a tomato flour tortilla bowl

These salads can be served without tomato flour tortilla bowl. Just ask.

### **AVAILABLE BEFORE 4PM TUES-FRI** SOME OF OUR FAVOURITES AT EVEN BETTER VALUE

Southern-Fried Chicken Wrap 6.00 Chilli Con Carne and Rice Fish Finger Sandwich Halloumi & Avocado Ciabatta V 6.00 Vegetable Linguine V

6.50 Grilled Chicken Tortilla Salad **Breaded Plaice and Chips** 7.00

6.50 7.00 7.00

Battered Cod and Chips 10.99

Hand battered cod fillet, chips, tartare sauce and your choice of peas or mushy peas

Battered Halloumi and Chips V 10.99

Hand battered halloumi, chips, tartare sauce and your choice of peas or mushy peas

**Smothered Chicken 9.49** 

Chicken breast, bacon, Cheddar, mozzarella, BBQ sauce, peas, grilled tomato, chips

Chicken Tikka Masala 8.99

Basmati rice, sour cream, tomato salsa, tomato flour flatbread

Scampi and Chips 9.29

Chips, tartare sauce and your choice of peas or mushy peas

**Cumberland Sausages** and Mash 8.29

Three pork sausages, buttery mash, peas, red wine gravy, sautéed onion Veggie option available V

**British Beef Cottage Pie 8.29** Cheesy mash top, peas,

red wine gravy Creamy Mushroom Linguine V 8.79

Creamy garlic mushroom linguine topped with hard italian cheese

Chilli Con Carne and Rice 8.29 Served with tortilla chips, sour cream, chilli salsa



Vegetable Linguine VG 8.79

Linguine with onions, peppers, slow roasted tomatoes, olives, spinach with lemon & olive oil dressina

Lasagne 8.79

Beef, pork & tomato ragu, creamy cheese sauce, garlic & herb ciabatta

Butternut Squash Lasagne V 8.79 Spinach, goat's cheese, roasted tomato, garlic & herb ciabatta

**Breaded Plaice and Chips 8.99** With a superfood side salad

Chicken Pie 10.49

Chicken breast pieces in a smoked cheese sauce, with bacon, butter beans, topped with a puff pastry lid, with mash, red wine gravy and seasonal mixed veg

Grilled Sea Bass 13.79

Grilled fillets of sea bass. served with a superfood side salad, with lemon & olive oil dressing



Quinoa Chilli VG 8.79

Quinoa, black bean & butternut squash chilli, topped with spring onions and served with spicy rice, quacamole, tomato salsa, vegan mayo, tortilla chips

10oz Rump Steak 12.79

British 35-day-aged steak, skinny fries, grilled tomato, beer-battered onion rings just tell us how you like it!

Add Peppercorn Sauce 1.99

Add Panko-Coated Calamari Strips 2.79

Add Lemongrass & Chilli King Prawn Skewers 2.79

Add Crispy Salt & Pepper Shrimp Bombs 2.79



# **BURGERS**

All burgers are served in a brioche bun, with burger sauce, Cos lettuce, pickle, with a sticky BBQ sauce and skinny fries

Cheese & Bacon Beef Burger 10.49

Beef burger, Cheddar and bacon

**Smothered Chicken Burger 10.79** Bacon, Cheddar and BBQ sauce

Chipotle Bean Burger ∨ 9.49 BBQ chipotle quinoa, smoked Cheddar, red pepper and sweetcorn, in a

Reuben Burger 10.99

crispy breadcrumb coating

Beef burger topped with slow-cooked beef rib, with cheese and French's mustard Wagyu Burger 12.49

Wagyu burger with creamy garlic mushrooms and Camembert

#### TOP IT OFF WITH

Mushroom V 49p Bacon 99p

Cheese V 49p

Beer-Battered Onion Rings V 49p

Chilli Beef 99p Fried Egg V 49p Jalapeños V 49p

BBQ Pulled Pork 99p

Add another patty or chicken breast 1.49 Swap fries for sweet potato fries 1.49

V = veggie VG = vegan

Please note that we do not operate a dedicated vegetarian/vegan kitchen area.









www.slugandlettuce.co.uk

Please give us your feedback - for details log on to: www.lettuceknow.co.uk. For full allergen information, please visit our website or ask a team member. Before ordering your food and drinks, please speak to our team if you want to know about ingredients. There may be a risk of cross-contamination which could affect those Please give us your feedback - for details log on to: www.lettuceknow.co.uk. For full allergen information, please visit our website or ask a team member. Before ordering your food and drinks, please sepack to our team if you want to know about ingredients. There may be a real full of our dishes are 100% free from nuts or their derivatives. All menu items are subject to availability. All weights are approximate uncooked. ABVs are contain bonnes. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. All menu items are subject to availability. All weights are approximate uncooked. ABVs are correct at time of our times. We accept Delta, Maestro, MasterCard and Visa. Thank you for your custom. Our waiters receive all cash tips. For credit-card tips, an 8% charge is deducted to cover processing costs. Slug & Lettuce does not profit from this charge. This menu does not list all ingredients. 2-for-I cocktail sust be the same cocktail type, to qualify for the offer. Offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where Year's Day Year's D