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Ben's Canteen

BURGERS · WINE · BRUNCH



All of our food is cooked fresh to order.
Please allow us around 20 minutes
to get it to your table.
If there is no sign by then, please do ask.

SNACKS

- Helloumi Fries (v, gf)** ...8.0
With Fennel & Cucumber Salsa, Pomegranate Ketchup
and Lime & Coriander Yoghurt.
- Hummus and Flatbread (v)** ...6.0
- Chicken Strips** ...6.5
With smoky BBQ sauce and homemade ranch dressing.
- Cheese Toastie (v)** ...6.0
Brixton sourdough, caramelised onion chutney,
four cheese mix.
- Ham & Cheese Toastie** ...7.0
Brixton sourdough, Korma Cold ham, tomato relish,
four cheese mix.

TOASTIES

SMOOTHIES & JUICES

- Orange, Carrot, Pink Grapefruit and Ginger** ...4.9
- Kale, Apple, Cucumber and Lemon** ...4.9
- Apple, Beetroot, Carrot and Ginger** ...4.9
- Fresh Orange Juice** ...3.5
- Cloudy Apple Juice** ...3.5
- Green Smoothie** ...5.0
Kale, mint, spinach, mango, kiwi and hemp seeds.
- Berry Smoothie** ...5.0
Blackcurrant, raspberries, strawberries, banana
and poppy seeds.
- Tropical Smoothie** ...5.0
Mango, pineapple, kiwi, banana, passionfruit and chia seeds.

BLOODY BENS

WANT TO MAKE PERFECT BLOODY MARYS AT HOME?
NOW YOU CAN WITH OUR UNIQUE
BLOODY BENS BLOODY MARY SPICE MIX
JUST ADD TOMATO JUICE (AND BOOZE IF YOU CHOOSE)
PERFECT TO IMPRESS YOUR HUNGOVER MATES
OR A GREAT GIFT.

330ML BOTTLE ...7.99

BURGERS · WINE · BRUNCH

BRUNCH

GLUTEN FREE TOAST AVAILABLE ON REQUEST

- Smashed Avo (v)** ...10.5
Two poached eggs with nut free basil pesto and vine tomatoes on Brixton sourdough toast.
Add Spring Chorizo ...3.0
Add Feta ...2.0
- Sweet Corn & Courgette Fritters (v)** ...10.0
With halloumi, balsamic roast tomato chutney and a poached egg.
Add Spring Chorizo ...3.0
Add Dry Cured Bacon ...2.5
- Banana Pancakes (vn)** ...10.0
With hazelnuts, salted caramel sauce, yoghurt and maple syrup.
Add Dry Cured Bacon ...2.5
Add Nutella ...2.0
- Fried Chicken Benedict** ...10.0
Fried chicken, poached eggs and BC Hollandaise You are naughty.
Add Dry Cured Bacon ...2.5
- Poached Egg on Sourdough Toast (v)** ...7.5
Served with a pot of BC Hollandaise.
To add your favourite extras, like bacon, please ask.

BRUNCH BUNS

GLUTEN FREE BUN AVAILABLE ON REQUEST

- The Recovery Burger** ...12.5
BC sausage & black pud patty, American cheese, bacon, BC hash brown, fried egg
and Recovery Sauce.
- Chicken Club** ...12.5
Grilled chicken breast, house rubbed smoked streaky bacon, avocado, boiled egg,
lettuce, tomato and black pepper mayo.
- Bacon, Cheese & Egg** ...8.5
House rubbed smoked streaky bacon, scrambled egg, cheddar cheese and HP sauce.
- Chorizo, Cheese & Egg** ...9.5
Grilled chorizo, scrambled egg, cheese and smoked chipotle mayo.
- Smoked Salmon & Egg** ...9.5
Smoked salmon, scrambled egg, BC hollandaise.
- Egg & Cheese (v)** ...8.0
Scrambled egg, cheese, spring onion and sriracha.
- Chicken, Bacon & Avocado Salad** ...10.5
- Spiced Squash Salad (gf, ve, n)** ...7.5
Spiced roasted squash, charred shallots, red pepper, spinach,
watercress and almonds.
Add Grilled Chicken ...4.0
Add Feta ...2.0

SALADS

BURGERS · WINE · BRUNCH

BURGERS

- Our Cheese Burger** ...8.75
6oz dry aged beef patty, Bloody Bens tomato relish, mustard, onion,
pickles, American cheese and beef dripping butter.
- Bacon Cheese Burger** ...10.25
6oz dry aged beef patty, house rubbed streaky bacon, cheddar cheese,
chipotle mayo, mustard, onion and pickles.
- Korean Fried Chicken** ...10.75
Buttermilk chicken, kimchi, American cheese, spring onions,
Korean hot sauce and mayo.
- Posh Fried Chicken** ...10.5
Buttermilk chicken, bacon and slow.
- An Awesome Veggie Burger (v)** ...9.0
Sweet potato, spring onion & horisssa patty, garlic mayo
and pickled red onions.

BURGERS SOLD SOLO - CHOOSE YOUR OWN SIDES & EXTRAS
BURGERS SERVED MEDIUM UNLESS REQUESTED OTHERWISE.
WE USE A GLAZED BUN. BUN AVAILABLE FOR BURGERS IN LETTUCE
OR SWISS TO A GF BUN FOR 1.0

£10 DAYTIME BURGER DEAL

ANY BURGER*
FRIES, SOFT DRINK
EVERY MONDAY - FRIDAY BEFORE 5PM
*EXCLUDES BURGER SPECIALS
ASK FOR MORE DETAILS

SAUCES & SIDES

- Buffalo Sauce** ...1.0
- Ranch Sauce** ...1.0
- BBO Sauce** ...1.0
- Garden Salad (gf,v)** ...3.5
- Skin-on Fries (gf,v)** ...3.5
- Sweet Potato Chips (gf,v)** ...4.5
- BC Slaw (gf,v)** ...3.5
- Onion Rings (v)** ...3.5

FREE BLOODY MARY

UPLOAD A PIC OF YOU, YOUR MATES AND/OR YOUR FOOD
TO INSTA WITH #BENSCHANTEMENU AND WE'LL
GIVE YOU A FREE BLOODY MARY.

ONE PER PIC, PER PERSON.



BENSCHANTEEN

All of our food may contain traces of allergens, to see our allergy information, please ask a member of staff.
To check out our food and drink before you order go to Instagram and search #benscanteenmenu

If you've got some thoughts for us then please email ben@benscanteen.com
Please note that an optional 1.25% service charge will be added to your bill.