

DAYTIME MENU

Served until 4pm

TOGETHER

SLUG & LETTUCE

BREAKFAST

SERVED UNTIL NOON AND TOTALLY WORTH GETTING OUT OF BED FOR!

Full English Breakfast 7.49

Grilled bacon, Cumberland sausages, two fried eggs, grilled tomato, mushrooms, beans, white or brown toast, tea or Americano coffee

Veggie's Full English V 7.49

Quorn sausages, two fried eggs, wilted baby spinach, grilled tomato, mushrooms, beans, white or brown toast, tea or Americano coffee

Eggs Benedict Bacon Muffin 5.49

Two poached eggs, grilled bacon, with Hollandaise sauce, on an English muffin

Eggs Florentine Muffin V 5.49

Two poached eggs, wilted baby spinach, Hollandaise sauce, on an English muffin

Spinach, Eggs and Sweet Potatoes V 6.49

Buttered spinach, sweet potatoes, poached eggs, Virgin Mary ketchup

Big Breakfast Wrap 6.49

Grilled bacon, scrambled egg, Cumberland sausage, grilled tomato, crispy potato omelette soldiers – in a tomato flour tortilla

Mexican-Style Breakfast 5.49

Spicy rice, pulled pork in Tabasco, guacamole, fried egg, diced sweet potato, tomato & chilli salsa

Breakfast Sharer 14.49

Bacon sliders, omelette soldiers, honey-glazed pork sausages, BBQ beans, sautéed mushrooms on ciabatta, topped with avocado and slow-roasted tomatoes, with fries and dips

Make It Tippy
ADD 2 DRINKS FOR £20
CHOOSE: PROSECCO, MIMOSA OR A PINT OF AMSTEL

Smashed

Avocado Ciabatta V 4.99

Toasted ciabatta, smashed avocado, poached egg, slow-roasted tomato

Yoghurt & Granola V 3.99

It's all good! Greek-style yoghurt, Dorset granola, fresh strawberries, blossom honey

Fruity Porridge V 2.29

With fresh strawberries, blossom honey or strawberry jam

White or Brown Toast V 2.29

With marmalade or strawberry jam

BRUNCH TIME TIPPLE
CÍROC
BLOODY
MARY
OR MIMOSA
ADD TO ANY
BREAKFAST
FOR ONLY
£3.45

SMALL PLATES

Southern-Fried Chicken Goujons 4.99

Southern-fried chicken goujons with tomato salsa, sticky BBQ sauce

Garlic Breaded Mushrooms V 4.79

Breaded mushrooms with garlic mayo

BBQ Pulled Pork Steamed Buns 5.29

Lotus-style steamed buns with BBQ pulled pork, pickled red onion

Crispy Salt & Pepper Shrimp Bombs 5.29

With paprika garlic mayo

Falafel Bites VG 4.99

With baba ganoush and crudités

Margherita

Arancini V 4.99

Crispy coated rice balls, filled with tomato and melted cheese and served with a Virgin Mary ketchup

Lemongrass & Chilli

King Prawn Skewers 5.29

With garlic, served on a skewer with ciabatta and lemon

ANY
3 FOR
£12
ALL DAY EVERY DAY
5 FOR
£18

SHARING BOARDS

Camembert Sharer V 10.79

Baked boxed Camembert, falafel bites, baba ganoush, fritatta, mixed olives, ciabatta bread strips, crudités with Virgin Mary ketchup and vegan mayo

Vegan Nachos VG 10.29

Tortilla chips topped with a quinoa, black bean & butternut squash chilli, with jalapeños, guacamole, tomato salsa and vegan mayo

Cheesy-Topped Nachos V 8.79

Mozzarella, Cheddar, jalapeños, guacamole, pickled red onion, sour cream, tomato salsa

Add Chilli Beef 1.49

Add BBQ Pulled Pork 1.49

Feast with Friends 13.49

Teriyaki-glazed chicken skewers with omega and sesame seeds, Southern-fried chicken goujons, breaded mushrooms, margherita arancini, frittata, onion rings, garlic ciabatta bread strips and fries. Served with a selection of dips

SWEET & PETITE

Warm Brownie Bites V 2.99

With whipped double cream

Clotted Cream

Cheesecake Bites V 2.99

With a fruity raspberry coulis

Cookie Crumb

Profiteroles V 2.99

With chocolate-flavoured sauce

Chocolate Salted

Caramel Bites 2.99

Salted caramel & choc truffle bites

Strawberry Scone

Bites V 2.99

Made with clotted cream

Warm Mini Churros V 2.99

With a caramel and chocolate-flavoured dipping sauce

Mini Chocolate-Orange

Fondants V 2.99

With chocolate-flavoured sauce and whipped double cream

Sticky Dicky Bites V 2.99

With custard

Lemon Sorbet VG 2.99

Fresh and zesty lemon sorbet

Sour Cherry & Pistachio Bites V 2.99

Apple & almond sponge with sour cherries and pistachios. Served with a raspberry coulis

Elderflower Mousse 2.99

With a pinch of candy floss

SWEET FOR SHARING
CHOOSE
FOR
3 FOR
£7

SIDES

Sweet Potato Fries and Garlic Mayo V 3.49

Chips and Garlic Mayo V 2.49

Skinny Fries and Garlic Mayo V 2.49

Garlic & Herb Ciabatta Sticks V 2.49

Beer-Battered Onion Rings V 2.49

Superfood Side Salad VG 2.49

Seasonal Veg V 2.49

Spicy Rice VG 2.49

CHECK
OVER
THE
PAGE
FOR

LUNCH
FROM
£5
TUESDAY TO FRIDAY UNTIL 4PM

WRAPS & SANDWICHES

Chicken Club Wrap 7.79

Tomato flour wrap, filled with chicken breast, bacon, avocado, tomato, Cos lettuce and mayo. Served with skinny fries

Rump Steak Ciabatta 8.49

Sautéed peppers, onions, melting Cheddar, lettuce, BBQ drizzle. Served with skinny fries

Bacon & Avocado Ciabatta 7.49

Ciabatta, bacon, tomato, Cos lettuce, mayo, avocado. Served with skinny fries

Fish Finger Sandwich 7.99

Brioche bun, fish fingers, Cos lettuce, tartare sauce. Served with skinny fries

Halloumi & Avocado Ciabatta V 7.99

Ciabatta, halloumi, tomato, Cos lettuce, mayo, avocado. Served with skinny fries

FLT Wrap VG 7.49

Tomato flour wrap filled with falafel, baba ganoush, mixed peppers, onions, tomato, Cos lettuce and vegan mayo. Served with skinny fries

Southern-Fried Chicken Wrap 6.99

Tomato flour wrap, southern-fried chicken, Cos lettuce, sour cream, tomato salsa. Served with skinny fries

Chicken, Cheese, Bacon & BBQ Ciabatta 7.49

Chicken breast, bacon, cheese & BBQ drizzle. Served with skinny fries

Upgrade to
Sweet Potato Fries 1.49

SALADS

Fishcake Salad 10.29

Smoked haddock, coley and Applewood Cheddar, in an oat & parsley breadcrumb coating – superfood salad, with edamame beans, omega seeds, and a lemon oil dressing

Avocado & Quinoa Salad VG 7.29

Vegan superfood salad with black rice, quinoa, red pepper, carrot and soya beans. Topped with fresh avocado and balsamic glaze

438
kcal

Herb Marinated Chicken Tortilla Salad 9.29

Yoghurt-&herb-marinated chicken, with tikka spices, superfood salad, edamame beans, omega seeds, lemon oil dressing – in a tomato flour tortilla bowl

Grilled Halloumi Tortilla Salad V 8.29

Avocado, edamame beans, tomato, omega seeds, lemon oil dressing, in a tomato flour tortilla bowl

These salads can be served without tomato flour tortilla bowl. Just ask.



AVAILABLE BEFORE 4PM TUES-FRI

SOME OF OUR FAVOURITES AT EVEN BETTER VALUE

Southern-Fried Chicken Wrap	5.00	Chilli Con Carne and Rice	5.50
Fish Finger Sandwich	5.50	Grilled Chicken Tortilla Salad	6.00
Halloumi & Avocado Ciabatta V	5.00	Breaded Plaice and Chips	6.00
Vegetable Linguine VG	6.00		

MAINS

Battered Cod and Chips 10.49

Hand battered cod fillet, chips, tartare sauce and your choice of peas or mushy peas

Battered Halloumi and Chips V 10.49

Hand battered halloumi, chips, tartare sauce and your choice of peas or mushy peas

Smothered Chicken 8.99

Chicken breast, bacon, Cheddar, mozzarella, BBQ sauce, peas, grilled tomato, chips

Chicken Tikka Masala 8.49

Basmati rice, sour cream, tomato salsa, tomato flour flatbread

Scampi and Chips 8.79

Chips, tartare sauce and your choice of peas or mushy peas

Cumberland Sausages and Mash 7.79

Three pork sausages, buttery mash, peas, red wine gravy, sautéed onion Veggie option available V

British Beef Cottage Pie 7.79

Cheesy mash top, peas, red wine gravy

Creamy Mushroom Linguine V 8.29

Creamy garlic mushroom linguine topped with hard italian cheese

Chilli Con Carne and Rice 7.79

Served with tortilla chips, sour cream, chilli salsa



605
kcal

Vegetable Linguine VG 8.29

Linguine with onions, peppers, slow roasted tomatoes, olives, spinach with lemon & olive oil dressing

Lasagne 8.29

Beef, pork & tomato ragu, creamy cheese sauce, garlic & herb ciabatta

Butternut Squash Lasagne V 8.29

Spinach, goat's cheese, roasted tomato, garlic & herb ciabatta

Breaded Plaice and Chips 8.49

With a superfood side salad

Chicken Pie 9.99

Chicken breast pieces in a smoked cheese sauce, with bacon, butter beans, topped with a puff pastry lid, with mash, red wine gravy and seasonal mixed veg

Grilled Sea Bass 13.29

Grilled fillets of sea bass, served with a superfood side salad, with lemon & olive oil dressing

499
kcal

Quinoa Chilli VG 8.29

Quinoa, black bean & butternut squash chilli, topped with spring onions and served with spicy rice, guacamole, tomato salsa, vegan mayo, tortilla chips

10oz Rump Steak 12.29

British 35-day-aged steak, skinny fries, grilled tomato, beer-battered onion rings – just tell us how you like it!

Add Peppercorn Sauce 1.79

Add Panko-Coated Calamari Strips 2.49

Add Lemongrass & Chilli King Prawn Skewers 2.49

Add Crispy Salt & Pepper Shrimp Bombs 2.49



BURGERS

All burgers are served in a brioche bun, with burger sauce, Cos lettuce, pickle, with a sticky BBQ sauce and skinny fries

Cheese & Bacon Beef Burger 9.99

Beef burger, Cheddar and bacon

Smothered Chicken Burger 10.29

Bacon, Cheddar and BBQ sauce

Chipotle Bean Burger V 8.99

BBQ chipotle quinoa, smoked Cheddar, red pepper and sweetcorn, in a crispy breadcrumb coating

Reuben Burger 10.49

Beef burger topped with slow-cooked beef rib, with cheese and French's mustard

Wagyu Burger 11.99

Wagyu burger with creamy garlic mushrooms and Camembert



* Wagyu burger £2 supplement, Reuben burger £1 supplement.

Choose from a glass of house wine, a pint of Amstel, or a soft drink.

S&L
FAVE

TOP IT OFF WITH

Mushroom V 49p

Bacon 99p

Cheese V 49p

Beer-Battered Onion Rings V 49p

Chilli Beef 99p

Fried Egg V 49p

Jalapeños V 49p

BBQ Pulled Pork 99p

Add another patty or chicken breast 1.49

Swap fries for sweet potato fries 1.49

V = veggie VG = vegan

Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

Free Smart Wi-Fi f SlugandLettuceBars t SlugLettuce i SlugLettuce www.slugandlettuce.co.uk

Please give us your feedback – for details log on to: www.lettuceknow.co.uk. For full allergen information, please visit our website or ask a team member. Before ordering your food and drinks, please speak to our team if you want to know about ingredients. There may be a risk of cross-contamination which could affect those with severe allergies. Fish and poultry dishes may contain bones. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. All menu items are subject to availability. All weights are approximate uncooked. ABVs are correct at time of print, but are subject to change. Images are for illustrative purposes only. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. Thank you for your custom. Our waiters receive all cash tips. For credit-card tips, an 8% charge is deducted to cover processing costs. Slug & Lettuce does not profit from this charge. This menu does not list all ingredients. 2-for-1 cocktails must be the same cocktail type, to qualify for the offer. Offer will be removed from bars on bank holiday weekends and on race days in Epsom and York. 2-for-1 cocktail offer will be removed bank holiday weekends and on Friday 22nd December, Saturday 23rd, Christmas Eve and New Year's Eve. 50% off food offer will be removed bank holiday weekends and on Christmas Day and New Year's Day. Where applicable, 50% off food is not valid in conjunction with any other. Management reserves the right to withdraw/change offers (without notice), at any time. We hope that you have enjoyed our Slug & Lettuce dishes. For more information, please visit our website, where you can subscribe to our newsletters and receive the latest offers and updates from the S&L team. You can also reserve tables, check further details from our allergy information link and download our menu online: www.slugandlettuce.co.uk.

Full allergen information is available, on request, from a team member. SL-AW17-FMD-D-V2