# LUNCH & EARLY EVENING SPECIALS

# APPETISERS

® RED LENTIL, SMOKED PAPRIKA & TOMATO SOUP

> **® POTATO SKINS** Served with guacamole

BAKED SARDINES In a spicy tomato sauce

DUCK AND CUCUMBER WRAPS With sweet chilli dip

LAMB BURGER With tzatziki & red onion, served in a brioche bun with fries

PIRI PIRI CHICKEN

Tender chicken thighs in hot piri-piri sauce served with Spanish Rice

**© VEGETABLE PAELLA** Spanish rice with vegetables & a hint of chili

FISH SKEWERS Simply grilled & served with Romesco sauce & fries

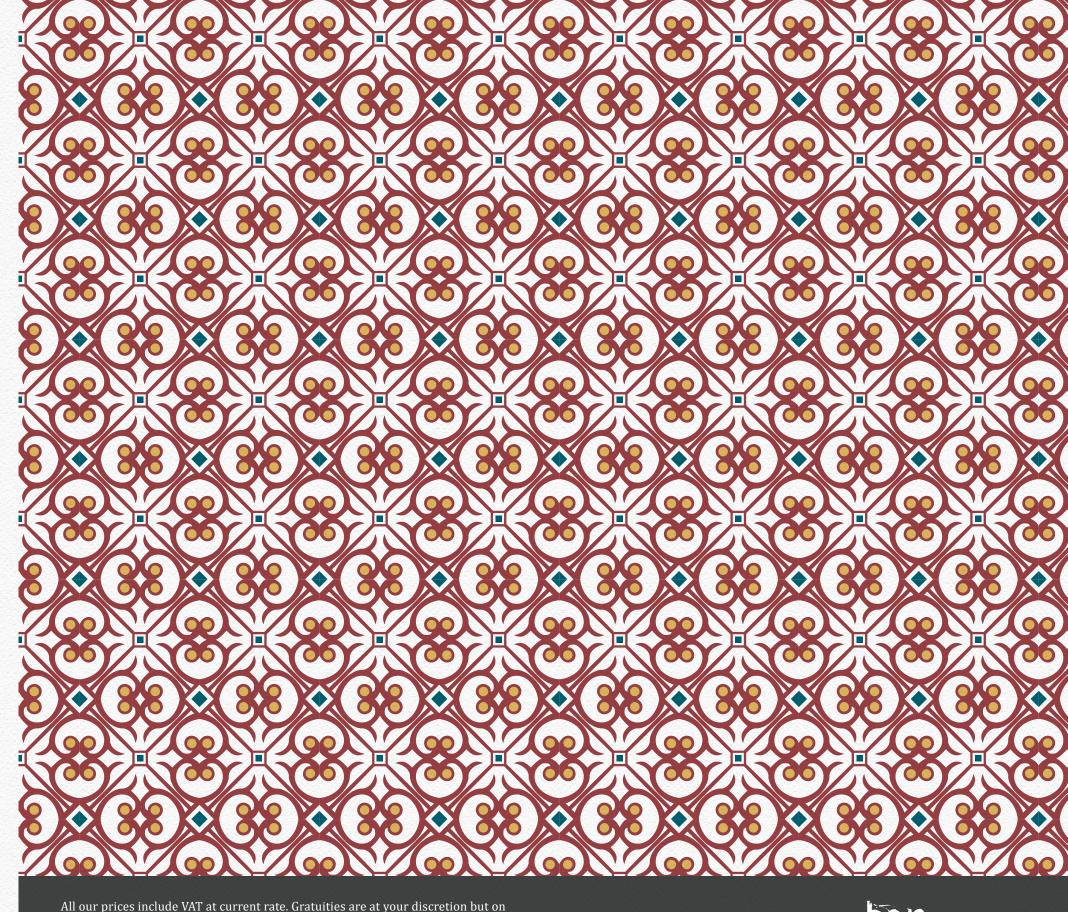
DESSERTS

MONDAY TO FRIDAY UNTIL 7PM

CHURROS With dulce de leche

LEMON CREMA CATALANA Our tangy version of this Spanish classic

CHOCOLATE MOUSSE



All our prices include VAT at current rate. Gratuities are at your discretion but on parties of 8 or more an optional 10% will be added to your bill. The company does not retain any gratuities and they all go directly to the staff.

Please advise your server if you have any special dietary requirements or wish to see our full allergens menu. Children's menu available.

Sign up to our e-club to receive great offers and promotions at www.barestilo.co.uk.



THE MENU



# BREAD, OLIVES & NUTS

- MARINATED OLIVES 2.95
- **©** GARLIC BREAD 2.75
- Add cheese 3.25 Add cheese & chorizo 3.95
- MIXED BREADS with alioli & tapenade 4.50

# FOR SHARING

 MEZZE BOARD - 11.95
 Tzatziki, spiced hummus, bulgar salad, tapenade, feta, marinated olives, herb flat bread & pitta

© NACHOS - 10.95
Heaps of corn chips with melted cheese, black bean chilli, guacamole, salsa, sour cream & jalapenos
Add chicken or chorizo - 1.95

# MONDAY TO FRIDAY UNTIL 5PM TAPAS LUNCH SPECIAL 25% OFF ALL OUR TAPAS DISHES

MIX & MATCH - ORDER AS MANY AS YOU LIKE! EXCLUDES "FOR SHARING" DISHES. PAELLAS & SALADS

# SALADS

HOUSE MIXED SALAD - 4.50Sherry vinaigrette & croutons

ROCKET & PARMESAN - 3.95 Olive oil & balsamic vinegar

WARM GOAT'S CHEESE - 6.75 / 10.95
 Rocket, roasted vegetables, caramelised onions, croutons & honey drizzle

GRILLED CHICKEN - 6.95 / 11.95
Piquillo peppers, green beans, bulgur wheat, orange & toasted almonds

# TAPAS & APPETISERS

#### FISH & SEAFOOD

SALT COD FRITTERS with tomato chilli sauce - 4.95
PRAWNS PIL PIL in garlic & chilli oil - 6.95
SALMON A LA PLANCHA with spiced chickpeas - 7.50
FILO PRAWNS with sweet chilli dip - 6.50
MUSSELS & SQUID in tomato & chickpea broth - 6.95
FISH SKEWERS with Romesco sauce - 7.95
OCTOPUS GALICIA with potatoes, olive oil & paprika - 6.95
CALAMARI with alioli - 6.95
BAKED SARDINES in a spicy tomato sauce - 5.25

#### MEAT

MEAT CROQUETTES with alioli - 3.95 CHICKEN SKEWERS with romesco & toasted almonds - 6.25 SPICY BEEF MEATBALLS in a smoky paprika sauce - 5.25 CHORIZO & HALLOUMI SKEWERS with tzatziki - 6.25 PULLED PORK, BLACK BEAN & CHORIZO WRAPS - 4.95 LAMB KOFTA, bulgur salad & tzatziki - 4.95 SPICY CHICKEN WINGS with sour cream - 5.95 BBQ RIBS with sweet chilli glaze - 7.95 CHORIZO cooked in red wine - 6.25 CHICKEN QUESADILLA with tomato salsa - 5.75 DUCK WRAPS with sweet chilli dipping sauce - 4.95 LAMB TAJINE with apricots & almonds - 7.25 TAPAS BURGERS, one lamb & one spicy beef in little buns with all the trimmings - 5.75 NACHOS with chicken or chorizo - 6.25 CHICKEN THIGHS in hot piri-piri sauce - 5.95

### VEGETARIAN

MORROCAN SPICED HUMMUS & warm pitta - 3.95

MANCHEGO CHEESE, chilli jam & herb flat bread - 5.95

SPANISH TORTILLA with alioli - 3.50

PIQUILLO PEPPERS stuffed with Spanish rice & baked in spicy tomato sauce with melted cheese - 4.50

SPICED CHICKPEAS with spinach & peppers - 4.25

Add extra feta cheese - 1.00

HONEY ROASTED FIGS, goats cheese & toasted almonds - 5.95

PATATAS BRAVAS with spicy tomato sauce & alioli - 4.95

HALLOUMI FRITTERS with quince, mint & chilli dip - 4.50

PADRON PEPPERS in a crispy batter - 4.50

BAKED MUSHROOMS with goat's cheese & chilli - 5.75

POTATO SKINS with guacamole - 4.50

SAUTÉED COURGETTES with feta, mint & lemon - £5.95

NACHOS with black bean chilli & cheese - 5.25

# MAIN COURSES

PIRI-PIRI CHICKEN SUPREME - 13.95 With sweet potato fries & sesame slaw

HONEY GLAZED CHICKEN - 12.95 With black bean chilli & Spanish rice

#### ESTILO BURGER - 10.95

Our spiced beef burger in a brioche bun with all the trimmings & fries Add cheese - 1.00 or Chorizo - 1.50

HALLOUMI, SWEET POTATO & QUINOA BURGER - £11.50
 In a brioche bun and served with fries

© PASTA WITH ROMESCO, GOATS CHEESE & ALMONDS - 10.50 Tomato, pepper & almond sauce with crumbled goats cheese & toasted almonds

Add extra chorizo or chicken - 1.95

#### LAMB TAJINE - 14.95

Tender pieces of lamb, vegetables, apricots & almonds in delicately spiced sauce, served with couscous

SEABASS FILLETS - £14.95

On a warm potato and chorizo salad with capers and piquillo peppers

GRILLED SALMON FILLET - 15.50

With sweet potato mash & mango salsa

RIOJA CHICKEN - 14.75

Supreme of chicken, wrapped in bacon & cooked in a red Rioja & mushroom sauce, served with roasted winter vegetables

RIBEYE STEAK - 20.95

10oz steak grilled to your liking, topped with garlic or herb butter, served with rocket & red onion salad & fries

#### JALAPENO STEAK - 21.95

10oz rib eye grilled to your liking & served with jalapeno ketchup, onion rings & sweet potato fries

## PAELL

ESTILO PAELLA - 8.95 / 15.95

Our spiced up version of this Spanish classic with chorizo, chicken, prawns, mussels & squid

▼ VEGETARIAN PAELLA - 6.95 / 10.95

With courgettes, peppers, chickpeas, sweet potato, green beans, tomato & chilli

SEAFOOD PAELLA - 8.95 / 15.95

Mixed fish, prawns, octopus, mussels & squid



# SIDES

FRIES - 3.25 SWEET POTATO FRIES - 3.75
ONION RINGS - 3.25 SPANISH RICE - 2.75
GREEN BEANS IN HERB BUTTER - 2.95
SPICED COUSCOUS - 2.50 SWEET POTATO MASH - 2.95
ROASTED WINTER VEGGIES - 3.95