

**LUNCH
& SUP-
PER
COUNTER**

BONELESS BITES

6 – 7.00 / 12 – 12.00 / 18 – 16.00
SEASONED COATED BONELESS CHICKEN, CELERY +
CARROT STICKS + SOUR CREAM DIP

WINGS

6 – 7.00 / 12 – 12.00 / 18 – 16.00
MARINATED IN YOUR CHOICE OF SAUCE,
SERVED WITH CELERY, CARROT + BLUE CHEESE DIP.
SAUCES
ANCHO CHILLI / BUFFALO / BBQ / BANANA BBQ / SCOTCH BONNET

BEEFY CHILLI NACHOS

7.00 / 9.00
BEEF CHILLI, TRICOLOURED CHILLIES, SOUR CREAM,
CHEESY SAUCE, SMASHED AVOCADO + SALSA
NACHOS NON CARNE (V) 5.50 / 8.50

**MEAT-UP
BURGERS**

SERVED IN A BRIOCHE BUN WITH LETTUCE + MAYO

THE USUAL 7.50

CHOOSE BETWEEN BEEF PATTY OR GRILLED
CHICKEN BREAST + MONTEREY JACK CHEESE

KATSU 9.00

CLUCKIN' SPICY FRIED CHICKEN
+ KATSU CURRY SAUCE

LOS POLLOS 9.00

CLUCKIN' SPICY FRIED CHICKEN, AVOCADO,
BACON + CHILLI RELISH

**BOSS YOUR
BEAST 6.50**

START WITH A

BEEF PATTY, CHARGRILLED CHICKEN BREAST OR
AUBERGINE + HARISSA PATTY (VE)

AND ADD ANY OF THE FOLLOWING
TOPPINGS (ALL £1 EACH):

BEEF CHILLI / FLAT MUSHROOM / BACON /
HALLOUMI / MONTEREY JACK
TOBACCO ONIONS / TRICOLOURED CHILLIES /
BLUE CHEESE / AVOCADO

BIG COW 9.50

BEEF PATTY, BEEF BRISKET,
CHEESY SAUCE + TOBACCO ONIONS

THE EX BOYFRIEND 9.00

CHARGRILLED JERK CHICKEN BREAST,
SCOTCH BONNET DIP + LIME MAYO

CHEESY CHILLI BURGER 9.50

BEEF PATTY, CHEESY SAUCE,
TOBACCO ONIONS + BEEF CHILLI

STABLE FRIENDS 10.00

BEEF PATTY, BACON, SPICY FRIED CHICKEN,
MONTEREY JACK + CHILLI RELISH

THE SOFIA 8.00

OUR VOLUPTUOUS ITALIAN BIRD -
CHICKEN BREAST, MOZZARELLA, TOMATO,
ROCKET, SPINACH + PESTO MAYO

CHEWY LOUIE 9.50

BEEF PATTY, CHORIZO
+ CHARGRILLED HALLOUMI

ADD A BEEF PATTY OR EXTRA CHICKEN BREAST FOR £2

GOT NO BEEF

CRAB FAB

10.50

SERVED IN A SOFT BRIOCHE BUN
FRIED SOFT SHELL CRAB, LOBSTER, AVOCADO + APPLE SALAD

VEGGIE BURGERS

SERVED IN A VEGAN ANCIENT GRAIN BUN WITH LETTUCE

NEW AGE HIPPY (VE) 7.50

AUBERGINE + HARISSA PATTY + SMOKED TOMATO HOUMOUS

SHROOMALOOMI (V) 8.00

ROASTED FLAT MUSHROOMS + GRILLED HALLOUMI

SUPER SALAD

**GRILLED GOATS CHEESE, ROAST BEETROOT
+ PUY LENTILS (V) 8.00**

WHISKEY ROAST BEETROOTS,
DRESSED SPINACH, WATERCRESS + WALNUTS

AVOCADO + PAPAYA CUP (VE) 9.00

RED PEPPER, CORIANDER, RED ONION + LEMON DRESSING

TROPICAL SALAD (VE) 7.50

BABY SPINACH, PINEAPPLE, ORANGE, CRANBERRIES, TRICOLOURED CHILLIES,
TURTLE BEANS, BLACK-EYED PEAS + CITRUS DRESSING

JERK CHICKEN SALAD 9.50

ADD A WARM SPICY BREAST TO THE TROPICAL SALAD

**MOZZARELLA, SUNBLAZED TOMATOES
+ PESTO SALAD (V) 8.00**

GRILLED COURGETTE, RED PEPPERS, DRESSED ROCKET + SPINACH

CHICKEN STOP

BIRD

HALF 7.50 / BIG BIRD 12.00

ROAST CHICKEN BASTED WITH CHICKEN GRAVY,
SERVED WITH YOUR CHOICE OF DIPPING SAUCE

FRIED CHICKEN

7.00

JUICED UP FROM AN OVERNIGHT MILK SOAKING
+ FRIED TO PERFECTION IN YOUR CHOICE OF
SEASONING, DIPPING SAUCE + COLESLAW

JERK

HALF 8.00 / BIG JERK 12.50

ROAST CHICKEN, MARINATED IN JERK SPICE,
SCOTCH BONNET DIP + GRAVY.

SEASONINGS

SOUTHERN-FRIED / SALT 'N' PEPPER
CLUCKING SPICY

DIPPING SAUCES

ANCHO CHILLI / BUFFALO / BBQ
BANANA BBQ / SCOTCH BONNET

WILD SIDES

ALL SERVED AS INDIVIDUAL OR TO SHARE

CLASSIC FRIES 2.90 / 5.50

BEEFY CHILLI FRIES 4.00

BEEF CHILLI, CHEESE + TRICOLOUR CHILLIS

TRIPLE COOKED CHIPS 3.50 / 5.50

MUG O' MAC 'N' CHEESE

GOOEY CHEESE + HERB CRUST,
CLASSIC 4.50 / LOBSTER MAC 5.50

SWEET POTATO FRIES 3.50 / 5.50

TART UP YOUR CHIPS 1.00

CHEESY SAUCE / KATSU SAUCE
CHEESE 'N' GRAVY

DIRTY SANCHEZ 4.50 / 7.50

HASH BROWNS, CORN TORTILLAS, CHEESY SAUCE,
HOT SAUCE + TRICOLOURED CHILLIES

TOBACCO ONIONS 2.00 / 3.00

CRISPY SPICED ONIONS

TROPICAL SALAD (VE) 4.00

AVOCADO + PAPAYA CUP (VE) 4.50