



BRUNCH WITHOUT A BLOODY MARY IS JUST A SAD LATE BREAKFAST

## LOST WEEKEND?

### Eggs in Hell 8

*2 eggs poached in a tomato chilli sauce  
Balans potatoes, Parmesan*

### Two Eggs Any Way 6

*with toast  
add bacon, sausage or avocado 2*

### Steak & Two Eggs Any Way 13

*Balans potatoes, chimichurri*

### Spinach Crêpe 8

*spiced chickpeas, onions, tomatoes*

### The Soho Full English 11

*2 eggs (any way), bacon, Cumberland sausage  
field mushroom, tomatoes, Balans potatoes, toast*

### The High Society Lobster Benedict 17

*poached eggs, avocado, bacon, English muffin, hollandaise*

### H Forman & Son Smoked Salmon 10

*scrambled eggs, avocado, granary toast*

### Eggs Benedict 9

*poached eggs, English muffin, hollandaise  
choice of H Forman & Son smoked salmon, ham or spinach*

### Breakfast Burrito 9

*spiced scrambled eggs, flour tortilla  
Mexicana cheese, salsa fresca, sour cream*

### Kedgeree 9

*smoked haddock, spiced basmati rice  
poached egg*

### Avocado & Quinoa Bruschetta 8

*cherry tomatoes, halloumi, pesto, balsamic glaze*

### Cheese Omelette 9

*fine herbs, Balans potatoes*

## SWEET

### French Toast 8

*strawberries, banana, warm maple butter*

### Pancakes 8

*choice of bacon, banana or berries, warm maple butter*

### Porridge 4.5

*with honey*

### House-Baked Granola 6

*berries, yoghurt, honey*

## LIGHT BITES

### Pumpkin Tortelloni 7

*hazelnut beurre noisette, roasted artichoke  
Parmesan*

### Manchego & Serrano Ham Croquettes 8

*Spanish paprika aioli*

### Smoked Mozzarella & Bolognese Arancini 8

*red pepper ketchup*

### Prawn Jambalaya 8

*Cajun spiced rice*

### Chickpeas 7

*falafel, houmous, crispy chickpeas  
harissa yoghurt, flat bread*

### Monkfish Scampi 7

*tartare sauce, lemon*

## QUINTESSENTIAL BALANS

### Lentil & Spinach Cottage Pie 13

*sweet potato topping*

### The Infamous Balans Burger 15

*Red Leicester, maple bacon, lettuce, dill pickle  
tomato, red onion marmalade, brioche bun, fries*

### Pan-fried Chicken 17

*braised cabbage, fondant potato, carrots  
pistachio & sausage farce*

### Beer-Battered Haddock 14

*mushy peas, hand-cut chips*

### Thai Red Curry 15

*chicken, shrimp or vegetables, cashews  
with jasmine rice or egg noodles*

### 10 oz Hereford Rib Eye Steak 26

*hand-cut chips, watercress, Café de Paris butter*

### Miso-glazed Tofu & Aubergine 12

*baby corn, sugar snaps, rice noodles, sesame*

### Cornish Crab Linguine 16

*chilli, lemon, garlic, parsley*

## ON THE SIDE

### One Pancake & Fruit 4

### Black Pudding 2

### Baked Beans 1.5

### Fries or Hand-Cut Chips 3.5

### Balans Potatoes 3.5

### Roast Fennel, Carrot & Squash

*herb olive oil*

### Sauté Kale 3.5

*ginger & garlic*

### Mixed Leaf Salad 3.5

*house vinaigrette*