

# FRESH JUICES & SMOOTHIES

### FRESH JUICES £4

Apple - Orange - Pear - Pineapple - Grapefruit - Carrot - Coconut Water

## **SMOOTHIES £7**

Morning Fuel

Greek Yoghurt, Banana, Chia Seeds, Granola, Honey, Berries & Coconut or Almond Milk

Green Glow

Coconut Milk, Apple, Avocado, Flax Seeds, Celery, Spinach & Ginger

Energy Boost

Papaya, Banana, Dates, Lime & Coconut Milk

Mango-a-Go-Go

Mango, Passion Fruit, Orange & Chia Seeds

Vitality

Strawberries, Pineapple & Vanilla Extract

Lean Machine

Cranberry, Mixed Berries, Spinach & Flax Seed Oil

#### HOT SHOT £3

Ginger, Lemon Juice

# Served until 4pm

Food Allergies & Intolerances: Some of our menu items contain allergens and there is a small risk that traces of these may be in another dish served here. Please ask to speak to our staff if you want to know more about our ingredients. Please note there will be a discretionary service charge of 12.5% added to the bill.

