


PASTRIES


CROISSANT   
Served with butter and jam

BLUEBERRY MUFFIN 

PAIN AU CHOCOLAT   
With a chocolate and hazelnut filling

BREAKFAST

THE FULL BREAKFAST  
British pork sausages, streaky bacon, free range eggs, roasted mushroom, tomato, baked beans and toasted sourdough


THE VEGGIE BREAKFAST   
Linda McCartney vegetarian sausages, free range eggs, roasted mushroom, tomato, baked beans, beetroot hash and toasted sourdough

THE VEGAN BREAKFAST   
*3 of your 5 a day*  
Scrambled tofu with spinach, vegan sausages, tomato and chickpea stew, roasted mushroom, avocado and beetroot hash


EGGS BENEDICT  
Toasted English muffin topped with ham and poached free range eggs, served with omega seed sprinkle and lemon hollandaise  
Add avocado £2.00


EGGS ROYALE  
Toasted English muffin topped with smoked salmon and poached free range eggs, served with omega seed sprinkle and lemon hollandaise  
Add avocado £2.00


EGGS FLORENTINE   
Toasted English muffin topped with sautéed spinach, roasted mushrooms and poached free range eggs, served with omega seed sprinkle and lemon hollandaise  
Add avocado £2.00


SMASHED AVOCADO & FETA SOURDOUGH   
Topped with chilli, spring onion and coriander

BACON SANDWICH  
With sliced tomatoes and tomato sauce

SAUSAGE SANDWICH  
With sliced tomatoes and tomato sauce  
Swap to our veggie sausages 

*So tasty* SWEET BELGIAN WAFFLES   
Maple syrup, strawberries, banana, blueberry compote and Greek-style yoghurt

VEGAN BREAKFAST HASH   
Seasoned diced potatoes, spinach, mushrooms, red onion and tofu topped with Sriracha sauce, vegan mayonnaise and fresh herbs

SHAKSHUKA   
*Source of protein*  
Free range eggs baked in a spicy chickpea, pepper & tomato stew with spinach  
Add chorizo £2.00

Shelter

We're working with Shelter to help make a difference to UK families who are struggling with bad housing or homelessness. We donate 25p from every sale of all our breakfast dishes to Shelter

CHORIZO EGG POT  
*Source of protein*  
Smashed avocado, free range poached eggs, topped with crumbled feta, chilli and chorizo  
Add sourdough £1.50

*Our Fave*  
PROTEIN EGG POT   
*Source of protein*  
Smashed avocado, free range poached eggs, topped with crumbled feta, spicy chickpeas and chilli  
Add sourdough £1.50

EXTRAS


Sourdough  £1.50, Avocado  £2.00, Mushrooms  £2.00, Streaky Bacon £1.50, Chorizo £2.00, Feta  £2.00

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or you require our allergen information, please let us know before ordering.

 = made with vegetarian ingredients,  = made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. Please note that fish dishes may contain small bones.


One of your 5-a-day. A portion of fruit or veg for our meals is based on a minimum 80g serving size and 80g edible pulp and/or 150ml pure fruit juice for drinks. Source of protein - At least 12% of the calories come from protein.


## FEEL GOOD DRINKS

SUPER C SMOOTHIE   
 Passionfruit, pineapple, mango

AVO-GO-GO SMOOTHIE   
 Spinach, avocado, ginger, lime

BERRY BLAST SMOOTHIE   
 Strawberry, raspberry, blackberry

RASPBERRY, APPLE & ROSE COOLER   
 30 calories

EQUINOX ORIGINAL KOMBUCHA 0.05% VOL   
 A traditional fermented drink made from green tea and yeast

## FRAPPÉS

Available to take away

BEETROOT FRAPPÉ 

TURMERIC FRAPPÉ 

VANILLA FRAPPÉ 

HAZELNUT FRAPPÉ   
 Add an espresso shot 50p

CARAMEL FRAPPÉ 

## COFFEE



**ERNEST+GREEN**  
ARTISAN ROASTERS

Available to take away

Our 100% Arabica, Rainforest Alliance Certified coffee beans are ethically sourced from fincas (farms) in the highlands of Brazil or Colombia to ensure the best quality in taste and flavour.

ESPRESSO

CAPPUCCINO

LATTE

AMERICANO

FLAT WHITE

BEETROOT LATTE

MACCHIATO

MOCHA

TURMERIC LATTE

HOT CHOCOLATE

Add an espresso shot 50p

Add flavoured syrup 50p (Choose from: hazelnut, caramel or vanilla)

Swap to oat milk 25p

## TEA

Available to take away

TEAS

Breakfast / Earl Grey / Rooibos / Camomile / Peppermint / Green

## COCKTAILS

After all, a brunch without a cocktail is just a sad, late breakfast. Licensing hours apply.

BLOODY MARY APEROL SPRITZ BELLINI