

the canvas: cafe & creative venue

M E N U

Everything on our menu is homemade and **100% vegan**. In this, we hope for our menu to reflect our ethos of sustainable social impact. As a **not-for-profit**, in supporting our cafe you are simultaneously supporting us as a social enterprise and all of the wonderfully creative ideas that come out of our two spaces.

BREAKFAST

Served all day

TOAST + PB+J/PB + BANANA £5.5

*Our sourdough is from local bakery Dusty Knuckle and our peanut butter is Pip & Nut! Completely palm oil free and only the best natural ingredients!

AVO ON TOAST £6

Smashed avo with lime & chilli on sourdough. (G)

TOFU SCRAMBLE £6.5

Scrambled tofu 'eggs' with onion & chives on sourdough toast. (G) (S)

ACAI SMOOTHIE BOWL £7.5

Acai, berries, banana and avocado, blended and topped with fresh fruits and granola. (N)

FULL ENGLISH £8.5

Sausages, tofu scramble, mushrooms, hash browns, homemade beans, roasted tomato and sourdough. (G) (S)

HANDCUT CHIPS £3.5

LUNCH

Served from 12pm

ROASTED VEG SANDWICH £6.5

Roasted veg in a toasted sourdough sandwich with pesto and freshly made hummus. Served with side salad. (G) (N) (S) (M)

QUESADILLAS £7.5

Black beans and mixed veg cheesy quesadilla, with freshly made smashed avo and tortilla chips. (G) (S)

FALAFEL BOWL £7.5

Homemade falafels with massaged kale salad, fresh herbs and freshly made hummus. Topped with dukkah and a delicious tahini dressing. (M) (Ses.)

TOFISH + CHIPS £9.5

Deep-fried tofu and nori, in a delicious batter, served with handcut chips, minted peas and homemade tartar sauce. (G) (S) (M)

PULLED JACKFRUIT BUN £9.5

Spicy BBQ jackfruit, Holy F**k Mayo, with kale salad and handcut chips. (G) (M) (Ses.)

BEAN BURGER £9.5

Lentil and bean burger, homemade bourbon ketchup and mayo served with kale salad and handcut chips. (G) (S) (M) (Ses.)

+ vegan cheese for £1

ASK OUR STAFF FOR INFO ON ALLERGENS!

(G) Gluten

(S) Soya

(N) Nuts

(M) Mustard

(Ses.) Sesame