PASSIONATE ABOUT FOOD



ANTIPASTI



To Share

San Carlo Antipasto

Start your meal the true Italian way! Our chef will prepare a large plate of antipasto representing the regional tastes of Italy

£9.95 (per person) (Minimum 2 people) Frittura di Pesce Portofino

Deep fried calamari, prawns, scampi & scallops served with tartar & sweet chilli sauce

£10.50 (per person) (Minimum 2 people)

Minestrone al Soffritto (V)

Classic Italian vegetable soup

£6.95

Costine di Maiale Orientale

Barbecue short ribs in a special San Carlo sauce

£8.50

Salmone Affumicato

Severn & Wye smoked salmon, with shallots & Sicilian capers

£9.50

Tuscan Paté

Chicken liver paté with Italian brandy, served with toast & chutney

£7.50

Fegatini di Pollo

Chicken livers sautéed with marsala, chestnuts & grapes

£7.80

Insalata Caprese (V)

Avocado, beef tomato & mozzarella di bufala

st £7.95 mc £11.50

Mozzarella in Carrozza

Fried mozzarella in bread with a garlic & anchovy sauce

£7.80

Burrata Pugliese e Melanzane (V)

Burrata specially imported from Puglia with aubergines marinated in garlic, chilli & mint

£9.50

Funghi Piemontese (V)

Salsiccia con Spinaci

Mixed mushrooms in garlic & parsley butter in a filo pastry basket

Tuscan homemade pork & fennel

sausage with spinach & chilli

£7.70

£7.95

Prosciutto Tanara & Mozzarella

Prosciutto with buffalo mozzarella & Sicilian sun blushed tomatoes

£8.95

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Calamari Fritti

Deep fried squid with fresh chilli & tartar sauce

£7.95

Melanzane al FornoBaked sliced eggplant, with parmesan cheese & tomato sauce

st £8.30 mc £12.20

Insalata di Cesare

Caesar salad with grilled chicken & Sardinian flat bread

st £7.80 mc £10.95

CARPACCIO & TARTARE



Beef Carpaccio

Very thin sliced raw Aberdeen fillet of beef with mustard dressing, parmesan cheese & rocket

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£10.50

Beef Tartare

Classic - raw chopped Aberdeen fillet of beef with shallots, capers, olive oil, french mustard & lemon juice (Prepared at the table)

£12.95

Tuna Tartare

Sashimi grade tuna mixed with olive oil, mustard, lemon juice, wild rocket (Prepared at the table)

£10.95

Fried rice balls with truffle & parmesan to share with your meal





CROSTACEI Shellfish





Colchester Rock Oysters

Six - £12.00

Nine - £18.00

Cozze all Arrabbiata or Mariniere

Fresh mussels in a spicy tomato sauce with chilli & garlic OR white wine, garlic & parsley

£8.50

Gamberoni alla Diavola

Tiger prawns sautéed with garlic, fresh chilli & white wine

£10.50

Avocado Bernardo

Avocado with lobster, scampi & prawns, served with marie rose sauce

£10.50

Cocktail di Gamberetti

Tender Norwegian prawns on a bed of crispy romaine lettuce with marie rose sauce

£9.50

Capesante al Forno

Roasted scallops with olive oil, garlic, topped with breadcrumbs

£10.95

Avocado Diverso

Avocado served with Devonshire crab, smoked trout, sunblushed tomatoes, horseradish and marie rose sauce

£9.85

Crab & Prawn Cakes

Devonshire crab, prawns, ricotta cheese, served with sweet chilli sauce

£8.90

Gamberoni Luciana

Trio di Bruschette

3 different toppings

Tiger prawns with garlic, chilli, tomato & a touch of cream

£10.50

BRUSCHETTE E PANE



Selection of Italian bread (V)

Bruschetta Romana (V)

Toasted Altamura bread with chopped Sicilian tomatoes, garlic & olive oil

£5.50

£3.50

Focaccia (V)

Flatbread with sea salt, olive oil & rosemary

Chef's selection of the day with

£4.65

£6.95

Garlic Bread with Tomato (V)

£4.95

Garlic Bread with Cheese (V)

£5.95

Bruschetta del Duca

Toasted Altamura bread with Calabrian ground 'Nduja sausage & buffalo mozzarella

£5.95

Garlic Bread (V)

Flatbread with garlic & sea salt

£4.65

Garlic Bread with Tomato & Cheese (V)

£6.95

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PIZZA »

Our Pizza is made with Neopolitan flour, Sicilian tomatoes & the finest mozzarella.

Pizza Margherita

Tomato, buffalo mozzarella & oregano (v)

£9.95

£13.95

Pizza Prosciutto e Funghi

Tomato, buffalo mozzarella, ham & mushrooms £12.85

Pizza Primavera

Tomato, mozzarella, aubergines, courgettes & red onions topped with goats cheese (v) £10.70

Pizza San Carlo

Tomato, buffalo mozzarella, parma ham, rocket, parmesan shavings £13.85

Pizza Diavola

Tomato, buffalo mozzarella, spicy Calabrian sausage, onions & chilli Pizza Rustica Piccante

With Calabrian 'Nduja sausage, pepperoni, Tuscan sausage, chilli, tomato & rocket

£12.95

Pizza Tonno

With tomato, mozzarellla, tuna and onions and olives £13.95

Pizza Pollo e Rosmarino

Tomato, buffalo mozzarella, chicken, mushrooms & rosemary £12.65

Pizza Tartufo

Caciocavallo cheese, porcini mushrooms & black truffle (v) £14.50

Pizza Quattro Stagioni

Tomato, buffalo mozzarella, mushrooms, artichokes & sweet peppers

£12.45

Pizza Montanara

Mozzarella, cherry tomatoes, porcini, fresh fennel sausage £12.95

Pizza Parmigiana

Tomato, mozzarella, aubergine, egg, parmesan shavings £12.65

Pizza Fiorentina

Mozzarella, tomato, spinach and egg

Calzone Pollo

Folded pizza with chicken, garlic, spinach & cheese topped with tomato sauce £13.95

Calzone Salsicca Piccante

Folded pizza with spicy sausage, tomato, mozzarella, chilli £13.95

Extra toppings £1.90



PASTA



To Share

Tris di Pasta

Three different types of pasta chosen by our head chef

£12.95 (per person)

Tagliatelle Bolognese

Original Bologna recipe with slow cooked beef ragu

st £8.50 mc £12.65

Spaghetti a Pomodoro e Basilico (V)

Thin spaghetti with San Marzano tomato, garlic & fresh basil, slightly spiced

st £6.95 mc £9.95

Rigatoni alla Norma (V)

The most popular pasta dish in Southern Italy, with aubergine, tomato, basil & garlic, topped with pecorino cheese

st £7.50 mc £10.95

Zitoni Toscanini

Long pasta tubes, favourite of the great Maestro Toscanini, made with Tuscan spiced sausage, extra virgin olive oil, tomatoes & Tuscan pecorino

£12.95

Spaghetti Carbonara

Pancetta, egg yolk, parmesan cheese & cream

st £7.50 mc £10.95

Spaghetti Shellfish

With venus clams, mussels, prawns, garlic & tomato

£15.40

Tagliatelle Montecarlo

Pasta ribbons served with monk fish, shallots, white wine, chilli, tomato & cream sauce

£14.95

Lasagne Emiliane

Fresh layers of pasta with slow cooked bolognese sauce, baked with béchamel, mozzarella & parmesan cheese

st £8.50 mc £12.65

Spaghetti Vongole e Gamberoni

Baby clams, prawns, tomato sauce & garlic

£15.40

Penne Arrabbiata (V)

Short tubes of pasta in a spicy tomato sauce with chilli & garlic

st £6.95 mc £9.95

Spaghetti Gamberoni Piccanti

Thin spaghetti with king prawns, hot chilli, anchovies, capers, olives, fresh parsley & San Marzano tomato

£15.95

Penne Pollo e Gamberetti

Penne pasta in a creamy sauce with chicken, baby prawns & parsley

£13.95

Penne Romana

Short pasta with pancetta, onions, garlic, tomato sauce & parmesan shavings

£11.95

Tortellini panna e prosciutto

Fresh pasta filled with spinach & ricotta in a ham & cream sauce, petit pois & parmesan cheese

£13.95

Tagliolini Lobster

San Carlo's most famous pasta dish with lobster, brandy, tomato, peas & a touch of cream

£23.50

Risotto Lobster

(with black truffle add £3.00)

£23.50

Risotto San Carlo

Carnaroli rice with wild mushrooms, cream & white wine wrapped in parma ham

£14.95

Ravioli Salmone Romanoff

Ravioli filled with salmon, flambéed in vodka with pink peppercorns, touch of tomato & cream

£13.95

Ravioli Lobster

Ravioli stuffed with lobster & crab meat in a light creamy & pink peppercorn sauce st £9.95 mc £14.65

Ravioli Tartufo

Handmade ravioli filled with Pecorino cheese & truffle, with a cream, Parmesan & truffle oil sauce, topped with fresh truffle

st £9.95 mc £14.65

CONTORNI

Chargrilled AvocadoWith vinaigrette, chilli & rock salt

Sautéed Spinach £4.20 With garlic, chilli & Worcester sauce

French Beans £3.95
With shallots & butter

French Fries £3.60

Petit Pois £4 20

With onions, pancetta & a touch of cream **Zucchine Fritte**Fried courgettes

£4.20

Sautéed Potatoes £3.95 With bacon, onion & rosemary

Mashed potato £5.70 With black truffle

Portobello Mushroom £4.90 Pan fried with balsamic vinegar & garlic

Potato Dauphinoise \$4.20 Baked sliced potato with garlic, cream & cheese

Rocket & Parmesan Salad£4.15Sicilian Tomato & Onion Salad£4.50

Mixed Salad £4.20



CARNE



Saltimbocca alla Romana

Sliced Tuscan veal with ham, cooked in white wine, sage & butter

£18.95

Scaloppine Signor Sassi

Tuscan veal cooked in cream, brandy, mustard seeds & chopped mushrooms £18.95

Scaloppa alla Milanese

Tuscan veal escalope in breadcrumbs, pan fried in olive oil £18.95

Scaloppine al Limone

Tuscan veal cooked in butter & lemon £18.95

Nodino di Vitello

Tuscan veal cutlet with butter & sage £25.95

OR

Char-grilled with rosemary & black truffle £28.95

Pollo alla Romana

Pan fried breast of chicken with English mustard & cream, served with gnocchi sautéed in butter & sage

£17.50

Pollo Sorpresa

Chicken breast in breadcrumbs stuffed with garlic butter

£17.50

Pollo alla Milanese

Chicken breast in breadcrumbs pan fried in olive oil

£16.50

Suprema di Pollo Principessa

Pan fried breast of chicken with white wine, mushrooms & cream sauce, garnished with asparagus

£17.95

Abbacchio Ligure

Roasted rack of lamb with red wine & mixed Italian herbs

£19.95

Agnello Toscana

Lamb cutlets with Barolo and rosemary sauce

£19.95

Fegato alla Veneziana

Thinly sliced strips of calves liver in white wine & onion sauce served with grilled polenta

£18.95

Fegato Burro e Salvia

Pan fried calves liver in butter & sage £18.95

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BISTECCHE



We go to great lengths to source some of the best beef from around the world including Scotland, Piemonte in Italy & USA.

All steaks are cooked on our Robata grill.

FILLET STEAK

Pan fried 9oz 28-day aged Fillet steak (UK)

Pepe Verde

Brandy & green peppercorn sauce

£25.95

Dolcelatte

Italian blue cheese & cream sauce

£25.95

San Carlo

Special homemade butter using over 30 ingradients

ingredients

£25.95

Steak Diane

Flattened steak with brandy mustard & mushroom sauce

£25.95

Tournedo Rossini

Crouton based topped with pate & Madeira wine sauce

£26.95

Tagliata Di Filetto Di Manzo

San Carlo special sliced & flambéed with brandy & balsamic vinegar, served with wild rocket

£25.95

CHARCOAL GRILL

All served with garlic butter or bearnaise sauce

Ribeye 10oz aged 28 Days

£19.80

Sirloin 9oz aged 28 days

£20.50

9oz Fillet aged 28 days

£24.95

To share

Tomahawk Steak 28oz (For 2)

A large bone-in steak with a big, rich flavour to match

£59.95

Chateaubriand (For 2)

Served with bearnaise sauce

£49.85

Steak & Lobster (For 2)

8oz dry aged fillet & whole native lobster served with zucchine fritte

£55.00

PESCE



For the best selection of fresh fish & shellfish in the city sourced from our shores & beyond, please see our our specials menu.



» APERITIVI » — «

Rossini	£8.90	Aperol Spritz	£9.50
Bellini	£8.90		

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	flute	btl		flute	btl
Prosecco White Edition	£8.50	£31.95	Laurent Perrier La Cuvée	£14.50	£75.00
Prosecco Grey Edition	£8.50	£31.95	Bollinger		£74.50
Rosato Brut	£8.75	£32.95	Laurent Perrier Rosé	£15.50	£90.00
Prosecco Le Manzane	£9.00	£32.95	Laurent Perrier 2007 Vintage		£95.00
House Champagne	£10.90	£44.90	Laurent Perrier Grand Siecle	5	£190.00
House Champagne Rosé	£12.70	£49.80	Dom Perignon	5	£195.00
Laurent Perrier Demi Sec		£55.00			

EXCLUSIVE HOUSE WINES BY THE GLASS



Specially imported for San Carlo restaurants

WHITES	175ml	250ml
House White	£5.65	£8.00
Colomba Platino	£9.50	£13.40
Vermentino	£8.50	£12.00
Rapitala Gran Cru	£11.80	£16.70
Bianco di Vespa	£7.55	£10.75
Sauvignon Friuli Aquilea	£7.95	£11.20
Gavi dei Commune di Gavi DOCG	£9.95	£14.00
Pinot Grigio San Leo IGT	£6.30	£8.90
Rosé	£7.00	£9.90

REDS	175ml	250ml
House Red	£5.65	£8.00
Nero D'Avola	£5.95	£8.40
Cabernet San Leo	£6.25	£8.80
Chianti	£7.00	£9.80
Barbera D'Alba	£9.50	£13.40
Syraz Principe di Butera	£7.90	£11.20
Mon Plaisir de Montresor	£8.90	£12.60
Il Rosso del Vespa Salento	£9.20	£13.00
Barolo	£13.00	£18.50
Amarone	£13.50	£19.10

Wines by the glass are also available in a 125ml measure

»·——·« HALF BOTTLES »·——·«

W	Н	IΤ	ES

Frascati Superiore	£13.50
Dry, fresh & fruity	

Pinot Grigio £18.50 Delightfully dry & full of flavour with a smooth texture

Chablis £26.00 A well balanced wine with a mineral, chalky & flinty backbone

emerge from a complex aromatic weave

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REDS

Valpolicella ClassicoIntense, velvety & well structured with a typical hint of cherry, mellow & mouth-filling with a long finish

Barolo £29.50 Full-bodied, warm & dry with a touch of oak on the finish

Amarone £34.50 One of Veneto's most famous & prestigious wines. Intensively flavoured dry red wine made from dried grapes

Brunello di Montalcino £38.00 Harmonious, fine & elegant with typical aromas of ripe red fruits combined with a hint of spice originating from the long ageing in barrels

ITALIAN WHITE »-----

£22.90	100% Sauvignon grapes, straw yellow with green-golde nuances. Intense but smooth with scents of green pepp	£36.70 en oer
£23.60	& sage, dry at the palate with an excellent body	
	Falanghina Mastroberardino Fresh & fruity with a hint of citrus & wild flowers	£34.50
£25.30		
£26.50	Gavi del Comune di Gavi DOCG Renowned dry white, made in Piedmont in the North-We	£39.00 est of Italy
£28.95	Rapitala Gran Gru One of the best Sicilian white wines, well structured inte smooth. Fruity & delicate to the palate	£49.75 ense but
£28.00 ne	Lugana Santa Sofia Delicate bouquet with parfum of white almond & golden Savoury & fresh tasting	£40.00 apple.
£29.20 ma	Pomino Doc Benefizio Frescobaldi Tuscan Chardonnay with high notes of pineapple & lem & vanilla	£69.00 non zest,
£32.00	Piodilei Chardonnay IGT Pio Cesare Single vineyard Chardonnay from Piemonte with notes of banana, melon, aniseed & mint. Elegant & mature	£63.00 of
£37.50 te	Bianca Di Valguarnera Duca Salaparuta Catarratto & Chardonnay from Sicily, Spring aroma of sensational flowers & fresh fruit	£74.00
£36.55 nse sh,	Cervaro Della Sala "Antinori" Very ripe full bodied, buttery Chardonnay fruit, is undergous amount of toasted oak	£98.00 pinned
	£23.60 rose £25.30 £26.50 £28.95 £28.00 ne £32.00 £37.50 te	£23.60 rose £23.60 rose Falanghina Mastroberardino Fresh & fruity with a hint of citrus & wild flowers £25.30 Gavi del Comune di Gavi DOCG Renowned dry white, made in Piedmont in the North-We £26.50 Rapitala Gran Gru One of the best Sicilian white wines, well structured inte smooth. Fruity & delicate to the palate Lugana Santa Sofia Delicate bouquet with parfum of white almond & golden Savoury & fresh tasting Pomino Doc Benefizio Frescobaldi Tuscan Chardonnay with high notes of pineapple & lem & vanilla £32.00 Piodilei Chardonnay IGT Pio Cesare Single vineyard Chardonnay from Piemonte with notes of banana, melon, aniseed & mint. Elegant & mature £37.50 te Bianca Di Valguarnera Duca Salaparuta Catarratto & Chardonnay from Sicily, Spring aroma of sensational flowers & fresh fruit £36.55 Ise Sh, Cervaro Della Sala "Antinori" Very ripe full bodied, buttery Chardonnay fruit, is under

FRENCH WHITE -0&

Vibrantly aromatic, opulent on the nose & palate, stylish & dry on the finish

Chablis Premier Cru

£45.00

A ripe Chablis with good weight & intensity. Green apple & pear emerges on the finish



Negramaro Spinelli dei Falcone Copertino

£27.20 Single vineyard from Puglia, outstanding berries & flowers on the nose, crisp & clean

Rosé Costaripa Rosamara £37.00 Very light colour of blossoming rose petal, bouquet of spring flowers, balanced and full

Pinot Grigio Rosé

£29.50 Full body delicate rosé petal aroma with fruit & tender softness

> ITALIAN RED -0%

£22.90 House Red Especially selected for San Carlo

Nero D'Avola £24.50

Forest fruit flavours, a hint of spice and soft round tannins

£25.00 Fruity rich & round smooth flavour of the South Puglian farmyards & sea breeze. Deep ripe fruit aroma

Primitivo Orus Vinosia £25.00 Fruity bouquet with an abundance of berries and plums

Merlot Grave del Friuli DOC £32.50 Nicely tannic with a smooth finish, easy drinking

Montelpuciano D'abruzzo Riparosso £32.00 Red fruit notes, full bodied, deep, ripe & round with a final note of liquorice

Valpolicella Classico DOC £30.50 Pleasantly fruity & smooth with a hint of spice Chianti Classico DOCG Dievole £29.00 Well balanced flavour with an aroma of ripe fruit Sasseo Primitivo del Salento £32.50 Pleasantly fruity & smooth with a hint of spice

Ripasso della Valpolicella DOC £34.00 Fine & subtle, plum & berry flavours: bright & fruity

£32.50 Il Guardiano Poggio Mandorlo DOC Sangiovese & Merlot from Tuscany, musky hints of ripe cherries with violet notes

Barbera D'Alba £40.10 100% barbera grapes, red ruby with crimson reflections,

harmonious & long lasting with hints of blackberry

Barbera D'Asti £37.00Soft and full, ripe blackberry and cherry flavours with smooth tannins

Cannonau Riserva Sella Mosca Di Sardegna DOC Suprisingly elegant & generous. Earthy aromas and dark berry fruit flavours

Lago di Corbara - Castello di Corbara £39.90 Sangiovese, Merlot, Cabernet Sauvignon, presence of Montepulciano, intense ruby colour with a bouquet of ripe fruit

Chianti Classico Riserva Ruffino £45.00 Brilliant deep ruby red colour with an intense bouquet

£54.80 **Barolo DOCG** Superbly dry & smooth with a pleasant oakiness

£59.50 Amarone classico 'la Colombaia' Copious black fruit aromas with notes of balsamic, baking

spice & vanilla, bushels of warm cherry flavour

SPECIALLY SELECTED BY SAN CARLO

Mon Plaisir de Montresor £36.30 Rich, smooth wine with delicate spice & a generous, juicy fruity flavour

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Syraz Principe di Butera £31.00 Full bouquet & persistent with appealing notes of cherries, red fruits & sweet spices

Rubinus Smeralda £41.50 Sardinian smooth & lingering red

Chianti Ruffino Oro £59.00 Distinctive Tuscan bouquet offers notes of violet, cherry & plum. Full bodied & well balanced

Brunello di Montalcino DOCG

£71.50

£78.90

Superb, noble & wonderfully smooth with hints of spices

Amarone Classico della Valpolicella Montresor £72.50 With a hint of coffee, chestnuts, sweet blackberry, plums on the palate. Subtle taste, rich in texture

Barolo la Corda della Briccolina DOCG Single vineyard Barlolo aged in barrique

Information on allergens is available on request from the duty manager. An optional service charge of 10% will be added to your bill.



A SMALL VINEYARD IN PUGLIA

Bianco di Vespa White wine from a small vineyard in Puglia	£32.00
Il Bruno dei Vespa Rosso An IGP Puglia red that can elegantly accompany daily meals of all kinds	£31.40

Il Rosso dei Vespa SalentoIs a harmony of freshness & fantasy which reflects the Pugliese nature on our tables

£38.90

Raccontami Primitivo di Manduria DOC £56.60 Full bodied, aged 12 months in Never Barriques & Troncais

------ FINE ITALIAN WINES



Pinot Grigio Livio Felluga Interesting aroma of orange blossom, liquorice & white pepper. Full & balanced with a note of peaches	£54.00
Tignanello Rosso Toscana IGT Fantastic aromas of dark berries, and wood. Full body, polished tannins and bright acidity with great depth	£175.00
Amarone Campolongo A superb Amarone from a renowned historic vineyard with a history dating back to the 12th century	£250.00
Brunello di Montalcino Biondi Santi Aromatic, offering scents of juicy cherries, wild flowers & earth	£185.00
Amarone Classico Bertani The wine is a deep garnet red colour. The classical cherry flavours are immediately perceptible to the nose	£205.00
Sassicaia Sassicaia DOC has an intense, dep ruby colour. The scent is elegant & complex with notes of red fruits	£305.00
Solaia An intense ruby red in colour, at times impenetrably so, the Solaia shows intensely warm aromas which reflect the climate of the season while maintaining a delicate freshness as well	£390.00
Ornellaia The cuvée brings together the best terroirs of Tuscany & combines the Mediterranean experssion of opulence & generosity with structure & complexity	£415.00

Please ask your waiter for our latest cocktail menu.

Discretionary 10% service charge to be added to all bills. All prices include VAT of the current rate. Suitable for vegetarians, may not be suitable for vegans.