



★ ALLERGENS ★

Ahh nuts.

It must be a bummer having to read all the fine print. We prepare our ingredients ourselves, so we know what goes into every dish. We carefully source our produce and take our ingredients seriously, meaning you can dine with peace of mind. Feel free to ask as many questions as you like.

ALL OUR DISHES ARE PRODUCED IN AN ENVIRONMENT WHERE NUTS, EGG, MILK, SOYA, CELERY, FISH, SULPHITES AND GLUTEN ARE ALSO USED.

GLUTEN STATEMENT

NON-GLUTEN INGREDIENT (NGI) OPTIONS ARE AVAILABLE

Although these items are made with gluten free flour, due to the airborne flour in our kitchens we cannot guarantee they are 100% free from traces of gluten.

If you have any concerns, we would be happy to talk you through the steps we take to minimise the risks of cross-contamination with our ingredients that contain gluten.

These include the chocolate brownie, apple crumble & NON-GLUTEN pizza bases.

SHARERS

STIX & DIPS - wheat
garlic aioli - milk, egg
butterbean aioli - sulphites

GARLIC BREAD - wheat - NGI base available

GARLIC BREAD WITH CHEESE - wheat, milk

POT OF GOLD - wheat, milk, soya, sulphites

SIDES

HOUSE SALAD - sulphites

PIZZA

MARGHERITA - wheat, milk - NGI base available

BILLY THE KID - wheat, milk, nuts, sulphites - NGI base available

SRIRACHA STATE OF MIND - wheat, milk, eggs (please note may contain nuts, peanuts & sesame) - NGI base available

ATLANTIC ANGLER - wheat, milk, fish (please note the fish may contain traces of shellfish & molluscs due to processing), egg - NGI base available

HAWAIIAN FIVE-OH - wheat, milk - NGI base available

LONGHORN JIM - wheat, milk - NGI base available

THE BLAZING SADDLE - wheat, milk, sulphites, egg - NGI base available

LAMB ROAST - wheat, milk - NGI base available

VEGAN PIZZA

VEGAN MARGHERITA - wheat - NGI base available

HAZELNUTTER - wheat, nuts, sulphites - NGI base available

THE BLAZING JACK - wheat, sulphites, mustard - NGI base available

GREEN DRAGON - wheat - NGI base available

PIES

THE STEAK OUT - wheat, sulphites, celery, egg, milk

THE WILD ROOSTER - wheat, sulphites, celery, egg, milk

THE SQUISH SQUASH - wheat, sulphites, celery

CHUTNEY - please note: our chutney contains mustard and is produced in an environment where nuts, milk, mustard and sulphites are also used.

SALADS

PESTO PECKER - wheat, sulphites

THYME OF YOUR LIFE - wheat

GIDDIP SALMON - milk, egg, mustard, fish, sulphites, (please note the fish may contain traces of shellfish & molluscs due to processing)

DIPS

GARLIC & HERB AIOLI - milk, egg

NAGA HARISSA SOUR CREAM - milk

BUTTERBEAN AIOLI - sulphites

SRIRACHA MAYO - egg (please note may contain nuts, peanuts & sesame)

NAGA CHILLI HUMMUS - sesame

RAPSCALLION BBQ - sulphites, mustard

WRAPS

SRIRACHA CHICKEN - wheat, milk, eggs, sulphites, (please note may contain nuts, peanuts & sesame)

PULLED BEEF - wheat, sulphites, milk, egg

ROASTED SWEET POTATO - wheat, sulphites, milk, egg

BBQ JACKFRUIT - wheat, sulphites, mustard

PUDDINGS

CHOCOLATE BROWNIE - soya, milk, egg, sulphites

TUMBLE CRUMBLE - sulphites

PUCKER UP - wheat, milk, nuts

VEGAN BROWNIE (SERVED WITH VEGAN ICE CREAM) - soya, cider in coulis contains sulphites

ICE CREAM - milk, soya - (may contain nuts, peanuts & egg)

VEGAN ICE CREAM - soya