

THE TRAVELLERS FRIEND

Mon closed | Tue-Sat 12pm – 5pm, 6pm – 9pm | Sun 12pm – 6pm

The Aviary Room at The Travellers Friend

BAR SNACKS		SANDWICHES <i>served 12-4pm Monday to Saturday</i>	
TRAVELLER'S SAUSAGE ROLL salad garnish & brown sauce	£4.50	<i>add chips £1.50</i>	
SALT & PEPPER SQUID sweet chilli sauce & lime wedges	£7.00	TRAVELLERS FRIEND CROQUE MONSIEUR Old Mill honey roast ham, bechamel, melted cheese & sourdough, with mixed leaves salad	£7.75
THE SPIVS SCOTCH EGG Cumberland sausage meat, "Clarence Court egg" & piccalilli	£5.50	<i>Make it a MADAME – add a fried egg £1</i>	
OLIVES AND SOURDOUGH (v)	£6.50	FISH FINGER SANDWICH breaded haddock goujons, cos, tartare sauce	£6.75
BREADED CHICKEN WINGS, HARISSA MAYO	£6.50	THE BEARDED BUTCHERS BEEF BAGUETTE hot succulent beef, horseradish cream, caramelised onions & watercress	£8.50
WHILE YOU DECIDE		THIRSTY...	
SOURDOUGH BREAD served with butter (v)	£3.00	PIMMS	£5.50
GARLIC TOASTED SOURDOUGH (v)	£4.00	APEROL SPRITZ	£7.50
OLIVE SELECTION (pb)	£3.50	CAMPARI SPRITZ	£7.50
		<i>... Why not take a look at our full drinks list!</i>	

SMALL PLATES

HAM & PEA TERRINE pickled vegetables & mustard dressing	£7.50
SMOKED SALMON, CRAY FISH AND CELERIAC REMOULADE pickled cucumber	£8.50
CURED SPANISH MEAT PLATTER rocket, pickles and bread	£8.50
ROASTED BUTTERNUT SQUASH & PLANT BASED FETA Frisée lettuce & citrus dressing (pb) (gif)	£6.50
CRISPY SEEDED HALLOUMI FRIES sweet chilli dip (v)	£6.50
HUMMUS, ROASTED BEETROOT, CONFIT ONIONS, CHICKPEAS sourdough (pb)	£6.50
PAN FRIED SCALLOPS celeriac & burnt apple puree, crispy prosciutto & samphire (gif)	£10.00

MAINS

ROASTED CHICKEN SUPREME sautéed wild mushroom & Cajun cream sauce with mash potato (gif)	£13.50
FISH & CHIPS Spivs Ipa Real Ale & batter, crushed peas, tartare sauce	£13.50
MARKET FISH OF THE DAY tendersteam broccoli, beetroot & caper, lemon butter sauce	£15.50
GOAT'S CHEESE PAPPARDELLE walnut, cherry tomato, peas, garlic and wild rocket pesto (v)	£13.50
SQUASH, SPINACH AND CHICKPEA MADRAS basmati rice, garlic naan, mango chutney (v)	£12.50
CONFIT DUCK LEG sweet potato puree, bok choy, ginger & soy dressing (gif)	£16.50

We are proud to say that our meat is sourced locally from The Bearded Butcher



GRILL		STEAKS	
SPIVS BURGER gherkins, mustard mayo, brioche & chips <i>Add mature cheddar cheese / Stilton / mushrooms £1.50 each</i>	£10.50	10 OZ RIB EYE	£24.00
MOVING MOUNTAINS BURGER (pb) Piquillo pepper, smoked gouda & burger sauce	£11.50	10 OZ SIRLOIN	£27.00
		8 OZ FILLET	£28.00
		<i>Served with choice of chips or salad then onion rings, broccoli or mushrooms with Béarnais, blue cheese sauce or pink peppercorn</i>	

SIDES

TRIPLE COOKED CHIPS (pb)	£3.50
CREAMED POTATOES (v)	£3.00
SEASONAL VEGETABLES (v)	£3.00
DRESSED LEAVES (pb)	£3.00
SWEET POTATO FRIES (pb)	£3.50

(v) Vegetarian (pb) Plant based (gif) Gluten ingredients free
Some of our dishes contain nuts and other allergens. If you have a known allergy, please inform a member of staff and they will be happy to help
12.5% service charge on tables of 8 or more

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DESSERTS		DESSERT WINES	
CARAMEL FUDGE BROWNIE (v) nougat ice cream & toasted almonds	£7.00	SAUTERNES CLOS DADY (125ml glass)	£6.30 £27.00 (375ml bottle)
STICKY TOFFEE TRIFLE (v) brandy cream, walnuts	£7.50	MUSCAT DE SAINT-JEAN DE MINERVOIS	£6.30 £27.00 (125ml glass) (375ml bottle)
PEAR, QUINCE AND APPLE CRUMBLE (v) vanilla custard	£6.50		
CHEESE PLATE chutney, grapes, celery & biscuits	£9.00		
		<i>Please ask for our range of speciality teas and coffees</i>	

CHURCHILL FUNCTION SUITE

-Speak to us about private hire and what we can offer-

With space for 65 standing and 28 sit down, a fully staffed bar and still room for live entertainment or a DJ. We can accommodate any and all dietary needs and are happy to write bespoke menus on your behalf with no room hire charges for private dining. We can offer a full range of delicious food offerings, from set-menus to our excellent buffet selection. We are fully flexible with a personal service, so whether your event is social or professional, a dinner or a do come and find out what we can offer. The Churchill room offers its own television facilities too – perfect for all your conference and business requirements alongside sharing those weird and wonderful pictures of loved ones on their special nights.

HAVING A PARTY?

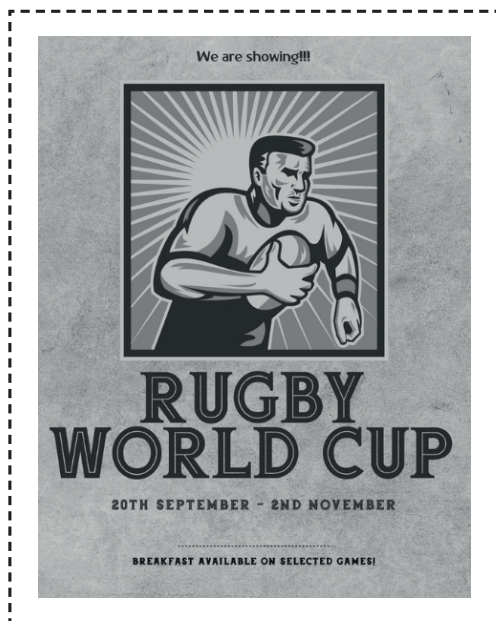
CAPACITY	28 seated	65 standing
FACILITIES	 	 



WHAT'S ON

RUGBY WORLD CUP

Catch all the home nation games live from Japan.
Open from early hours so you don't miss a single tackle.
We'll be serving coffee, breakfast and lots of beer



FIZZY THURSDAYS

Every Thursday



Sign up to our newsletter for all our latest events and follow us on



thetravellersfriendwoodford/

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