

TROPIX

SMALL PLATES

FROM THE FARM

EMPANADAS - £ 6.95

Wonderfully crisp and golden pastry shells, filled with your choice of beef, chicken or vegetables. These are cooked to a traditional Cuban recipe and served with a fresh tomato salsa.

JALAPENO CHICKEN WINGS - £ 6.95

Delicious chicken wings marinated in a fiery Jalapeno rub and chargrilled to perfection, served with a spicy Jalapeno salsa.

CHORIZO LOLLIPOPS - £ 6.95

Succulent bite size chorizo sausage coated with a fluffy and crispy butter served on a stick for a fun eating and sharing experience.

SUAVA BARBECUE WINGS - £ 6.95

Prime, succulent chicken wings, left to marinate in our special Mexican style barbecue sauce before being oven-baked until tender.

COSTILLITAS - £ 6.95 (GF)

Cuban-style back ribs marinated in fresh orange juice, lime juice, garlic and oregano, then slow cooked until they melt in the mouth. Served with home-made coleslaw.

TROPIX CHICKEN FRIES - £ 7

A highly addictive dish of thin chicken strips, coated in breadcrumbs and cooked until tender on the inside and crisp on the outside. Served with a fantastic choice of home-made dips.

POPCORN CHICKEN - £ 7.50

Bite size chicken coated in our TROPIX unique spice blend and deep-fried until crisp. Served with a generous drizzle of sweet chilli sauce, for a little extra kick.

FROM THE SEA

GARLIC AND CHILLI KING PRAWNS - £ 6.50 (GF)

King prawns pan-fried with garlic and lip-smackingly hot Amazon scotch bonnet peppers seasoned with spices from Madagascar - definitely a treat for the spice-lovers out there!

FRIED BABY SQUID - £ 7.50 (GF)

Baby squid coated with a traditional jerk rub and deep-fried until crisp, served with lemon and a mouth-watering garlic mayonnaise.

SALMON AND TILAPIA CEVICHE - £ 9.50 (GF) / LARGE £ 14.50 (GF)

A delicious Peruvian-style ceviche, served with ripe avocado, fresh cilantro, spring onion, red peppers and rocoto tiger milk.

MAC AND CHEES WITH SHRIMPS - £ 7.95 (V)

Authentic macaroni pasta, cooked until perfectly al dente and served with a rich, oozing cheese sauce. We added shrimp to kick it up a flavour notch!

FROM THE LAND

MOJITO BLACK BEAN AND QUINOA SALAD - £ 7.95 (VG) (GF)

A classic salad from Havana, with quinoa, black beans, bell peppers, fresh tomatoes and hot jalapenos, generously drizzled with a zingy Mojito dressing.

NACHOS - £ 7.95

Delicious nachos served with melted cheddar, jalapenos, tomato salsa, guacamole and sour cream.

MAC AND CHEES - £ 7.95 (V)

Authentic macaroni pasta, cooked until perfectly al dente and served with a rich, oozing cheese sauce.

LARGE PLATE

PINCHOS CARIBENOS - £ 13.50 (GF)

Puerto Rican pinchos-style skewers made with succulent chicken pieces, pineapple, peppers and onion chargrilled to perfection and accompanied by a refreshing coconut rice.

BRAZILIAN GRILLED LAMB CUTLETS - £ 17.50 (GF)

Premium lamb cutlets marinated in lemon, pepper and mint, before being chargrilled for a beautiful smoky flavour. Served with fresh salad and golden baby roast potatoes.

GUAVA BARBECUE JERK CHICKEN - £ 14.50 (GF)

A generous half chicken, which has been coated in fiery jerk seasoning, perfectly chargrilled and served with fluffy coconut rice and fried plantain.

CURRY - £ 12.50 (VG) (GF)

Select from prawns, chicken or vegan Curry all with an infusion of flavours coming from Mauritius traditional spices.

GRILLED SALMON - £ 15.95 (GF)

Delicious salmon fillets in a spicy and exotic Martinique style marinade, chargrilled and served with quinoa, black beans, pineapple, mango and jalapeno sauce.

TILAPIA - £ 14.95 (GF)

Pan-fried tilapia infused with tropical zesty flavours and served with grilled sweet potato and rice.

PLATTERS

WHOLE FRIED CHICKEN - £ 19.50

A whole chicken cut into bite-sized chunks and coated in our TROPIX original crust, before being deep-fried until golden. Served with sweet potato fries, home-made coleslaw and fresh corn on the cob.

THE FISH MARKET - £ 25

A real taste of the ocean, this is a mouth-watering assortment of crisp deep-fried baby squid, popcorn shrimps, hot chilli prawns and ceviche.

BUCKET OF WINGS - £ 19.50

This dish is a real crowd-pleaser! Thirty succulent chicken wings cooked in your choice of our spicy, barbecue or jalapeno and served with golden fries.

THE MIGHTY MIX - £ 29.50

For the sharing lovers and like to try all our best dishes we have made a selection of lamb chops, wings, costillida, chilli king prawn chorizo lollipop, popcorn chicken served with sweet potato fries.

SIDES

FRIES - £ 3.50 (VG) (GF)

SWEET POTATO FRIES - £ 3.95 (VG) (GF)

COLESLAW - £ 3.50 (VG)

MIXED SALAD - £ 3.95 (VG) (GF)

TRICOLOUR TOMATO SALAD - £ 3 (VG) (GF)

COCONUT RICE - £ 3 (VG) (GF)

EXTRA DIPS - £ 1.50 (RANCHERO, JALAPENOS, GUACAMOLE, AIOLI)
(VG) (GF)

(V)VEGETARIAN

(VG)VEGAN

(GF)GLUTENFREE