

THE ALL DAY BRUNCH until 17:00

megan's

bread: 7 seeded organic sourdough | eggs: free range | food: delicious

BRUNCH

CHEESE & TOAST cheese fondue w/ 7 seeded sourdough to dip great for sharing (v gf av) + 3.5 bacon + 3.5 sausage	9.5
MEGAN'S BRUNCH egg, sausage, bacon, garlic mushrooms, shakshouka & 7 seeded organic sourdough toast (gf av)	11.5
VEGGIE BRUNCH egg, halloumi, smashed avo, garlic mushrooms, tomato shakshouka, spinach, & toast (v gf av)	11.5
SMASHED AVO ON 7 SEEDED ORGANIC SOURDOUGH TOAST w/ omega seeds & chilli (vg gf av) + 4.5 smoked salmon +3.5 sujuk 'Turkish chorizo' + 4 vegan chorizo (vg) + 1.5 poached egg (v) + 3.5 bacon	7.5
THE HALF-BAKED COOKIE DOUGH w/ Nutella, pistachios & ice cream (v n)	9.5

EGGS

LAMB & SWEET POTATO HASH baked eggs w/ sweet potato & diced lamb	11
SHAKSHOUKA spiced tomato baked eggs w/ 7 seeded organic sourdough (v gf av)	9.5
SHAKSHOUMI w/ grilled halloumi & 7 seeded organic sourdough (v gf av)	12.5
SHAKSHORIZO w/ sujuk 'Turkish chorizo' & 7 seeded organic sourdough (gf av)	12.5
ROYALE smoked salmon w/ poached eggs & hollandaise on 7 seeded organic sourdough (gf av)	10.5
BENEDICT Parma ham w/ poached eggs & hollandaise on 7 seeded organic sourdough (gf av)	9.5
2 FREE-RANGE EGGS ON 7 SEEDED ORGANIC SOURDOUGH scrambled poached fried (v gf av)	5.5

OATS & TOAST extra jam/marmalade +0.5 | gf bread +0.6

COCO BERRY OVERNIGHT OATS w/ pistachios, fresh strawberries & dried raspberries (vg n)	6
COCONUT PORRIDGE w/ coconut milk, banana, caramelised demerara & omega seeds (vg)	5
OAT, FRUIT & NUT GRANOLA w/ coconut milk, almond milk or Greek yoghurt (v n)	5.5
7 SEEDED ORGANIC SOURDOUGH TOAST & JAM (vg gf av)	3.5
PASTRIES from (v)	2

SIDES

VEGAN CHORIZO (vg) 4.5 SMOKED SALMON PARMA HAM 4.5 GARLIC SPINACH (vg) 2.5 HASHBROWN ROSTIS (vg) 2.5 SUJUK 'TURKISH CHORIZO' 3.5 SMASHED AVOCADO (v) 3.5 HALLOUMI (v) 3.5 SAUSAGE 3.5 BACON 3.5 SCRAMBLED EGGS (v) 3.5 POACHED OR FRIED EGG (v) 1.5 TOMATO SHAKSHOUKA (vg) 1.5 GARLIC MUSHROOMS (v) 1.5	
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THE LUNCH MENU from 11:30

deli bar available weekdays

POSH KEBABS double up: lamb/halloumi/falafel/chicken/vegan chorizo/sujuk 'Turkish chorizo' +4 | cauliflower +3

OPEN: <i>on a flatbread w/ harissa hummus, pickled veg, aubergine & tomato 'bayildi' & pickled red cabbage</i>	
POSH LAMB 'DONER' overnight braised lamb shoulder w/ feta & pistachio (n)	14.5
SPICY CHICKEN w/ peanut dukkah (n)	13.5

DECONSTRUCTED: *in a spicy tomato shakshouka w/ flatbread*

CHILLI CHICKEN w/ chilli sauce & tzatziki (gf av)	13.5
QUINOA FALAFEL & CAULIFLOWER w/ pistachio & coconut yoghurt (vg n)	12.5

BOWLS + 4 vegan chorizo (vg) | + 3.5 grilled halloumi (v) | + 4 grilled chicken

HUMMUS BOWL w/ harissa hummus, crispy kale, mixed pickled veggies, crunchy chickpeas & beetroot (vg gf n)	10.5
SWEET POTATO BOWL w/ sweet potato, plum & sundried tomatoes, olives & green beans (vg gf)	10.5
VEGAN EARTH BOWL smashed avo, kale, chilli, fresh spinach, harissa hummus, quinoa & pomegranate molasses (vg gf)	10.5

SIDES

CRISPY POLENTA w/ muhammara (vg n) 5 HALLOUMI FRIES (v) 6 FETA & LAMB FRIES 6.5 (+1 sweet potato fries) FRIES (v) 4 GARLIC SPINACH (v) 4 TURKISH CHOPPED SALAD (v n) 4.5 SWEET POTATO FRIES (v) 4.5 MIXED LEAVES (v) 3.5 BULGUR & POMEGRANATE (v) 3.5 7 SEEDED ORGANIC SOURDOUGH SLICE 1	
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SAUCES

PIRI PIRI (vg) 1.5 TZATZIKI (v) 1.5 GARLIC DIP (v) 1.5	
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We do a lot of cooking so cannot guarantee that our kitchen is totally nut or gluten-free. If you have any allergies, please let your team member know & ask to see our allergen guide for the full ingredients list Prices inclusive of VAT | A discretionary 12.5% service charge will be added to your bill for the team.

megan's

what we're up to...



Good water.

£1pp & unlimited throughout your meal.

Our still & sparkling water is filtered & bottled on site, which reduces carbon emissions, eliminates waste & saves energy. Plus, we donate 20% of water sales to our chosen charity. That's good water.



...tot up.

So far we have raised just over **£18,000** for local charities! Our current charity is London Guide Dogs & we are donating **£5,000** to sponsor a puppy!

We have also supported Royal Trinity Hospice, Little Village, Living Space, West London Action for Children & more...

Head to @megansrestaurants on Instagram for more info & please email megan@megans.co.uk if you know of any other great local charities that we should support.



Win supper for four... Prosecco included of course.

Every Friday you can win a three course supper for four people to try out our posh kebabs or delicious mezze...

with two bottles of Prosecco included, of course.

Follow us on Instagram @megansrestaurants to find out how.