



## FRESH JUICES & SMOOTHIES

### FRESH JUICES £4

Apple - Orange - Pear - Pineapple - Grapefruit - Carrot - Coconut Water

### SMOOTHIES £7

#### Morning Fuel

*Greek Yoghurt, Banana, Chia Seeds, Granola, Honey, Berries & Coconut or Almond Milk*

#### Green Glow

*Coconut Milk, Apple, Avocado, Flax Seeds, Celery, Spinach & Ginger*

#### Energy Boost

*Papaya, Banana, Dates, Lime & Coconut Milk*

#### Mango-a-Go-Go

*Mango, Passion Fruit, Orange & Chia Seeds*

#### Vitality

*Strawberries, Pineapple & Vanilla Extract*

#### Lean Machine

*Cranberry, Mixed Berries, Spinach & Flax Seed Oil*

### HOT SHOT £3

Ginger, Lemon Juice

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### Served until 4pm

Food Allergies & Intolerances: Some of our menu items contain allergens and there is a small risk that traces of these may be in another dish served here. Please ask to speak to our staff if you want to know more about our ingredients. Please note there will be a discretionary service charge of 13.5% added to the bill.



