# **GLUTEN AT WAHACA**

# **NIBBLES** & SIDES

Guacamole v vg £5 50 freshly made every day with avocados, lime & coriander, served with certified gluten-free tortilla chips

add chilli oil & chilli flakes to your guacamole for an extra kick s v +40p

Fresh tomato salsa with tortilla chips v vg £4.50 with fresh lime and a touch of chilli

Mexico city nachos £6.95 with Trealy Farm chorizo, cheese sauce, tomatillo & avocado salsas

Veggie nachos v vgo £6.00 Our Mexico City nachos, without the chorizo

Green salad v vg £4.50 with avocado, corn & beans, topped with pumpkin seeds

Chargrilled tenderstem broccoli v vg £4.50 tossed in lime juice & ajillo dressing, served with dressed slaw

creamy black beans served with; crumbled cheese & crema v £3.95 or Mexican style chorizo £4.50

### FOR THOSE WITH MILDER **GLUTEN INTOLERANCES**

Sweet potato v vg • £4.50 crispy fried chunks, tossed in smoky caramelised garlic mojo de ajo

# STREET **FOOD**

Smaller plates. Order two or three per person

Pork pibil tacos £5.95 slow-cooked in citrus & spices, with pink pickled onions

Slow-cooked beef brisket tacos £6.50 with mild spices and black beans

Grilled chicken & avocado tacos £6.95

with ancho rub, guacamole & green tomatillo salsa

### Chargrilled steak & cheese **tacos** £7.95

British bavette with grilled cheese, chipotle & avocado salsas

**Grilled mushroom &** cheese tacos v vgo £6.25 sweet ancho rubbed mushrooms with crispy grilled cheese

#### FOR THOSE WITH MILDER **GLUTEN INTOLERANCES**

Plantain tacos v vgo ● £6.25 with hibiscus, crema & crumbled feta

Sweet potato & feta taquito v ● £5.95 with caramelised onion, salsas & chiptole mayo in a crisp blue corn tortilla

# **SALADS** & BOWLS

A fresh & healthy meal for one

#### Mexican bowls

everything we love about Mexico in a bowl; black beans, green rice, slaw, fresh salsas and crema

- Pork pibil £10.25
- Grilled chicken £10.50

#### The Sonora salads

corn & black bean salsa & mixed leaves. Ask your waiter for it without the flour tortilla bowl or spelt

- Avocado & feta v vgo £10.95
- Yucatecan grilled chicken £11.50

### FOR THOSE WITH MILDER **GLUTEN INTOLERANCES**

#### Mexican howls

Sweet potato & tenderstem broccoli v vgo • £9 25

# **DESSERTS**

Mexican inspired sweets to finish. One spoon or more?

s = can be spicy

v = vegetarian

VG = vegan

VGO = vegan option available

N = contains nuts

= fried dishes

Please see the note for those with milder gluten intolerances

### WAHACA

Discover the vibrant and delicious market food of Mexico

Ice cream & sorbets v £6.25 your choice of 3 flavours

- Salted caramel & vanilla with hot chocolate sauce
- Black coconut & vanilla with hot chocolate sauce
- Raspberry sorbet & vanilla with hibiscus syrup

#### **GLUTEN AT WAHACA**

We've designed this menu to help you choose dishes based on your own special relationship with The Big G. We've split items that are aluten-free and those which have no gluten but have a higher risk of cross-contamination in our, or our suppliers' kitchens, for those with milder intolerances.

### **OUR KITCHEN POLICY**

While we make every possible effort to avoid cross-contamination of ingredients, it is not a factory production environment and we cannot guarantee your dishes will not have come into contact with a wheat-based product.

If you are at all concerned please notify a manager who will explain our procedures and do anything we can to go the extra mile.

### FOR THOSE WITH MILDER **GLUTEN INTOLERANCES**

Some dishes – whilst not containing any gluten in their ingredients - are cooked in our fryers. Whilst our fryers are cleaned and filled with fresh oil regularly, they will have also been used to cook products containing gluten during a service. Some dishes also contain ingredients that our suppliers cannot guarantee contain no traces of gluten as a result of their production environment. Dishes marked with a dot (●) should be avoided if this level of cross contamination may affect you or if you suffer with coeliac disease.