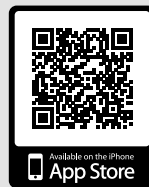


DOWNLOAD OUR ORDER & PAY APP

S&L



VEGGIE & VEGAN

SEE OUR BREAKFAST MENU FOR OUR VEGGIE AND VEGAN OPTIONS - SERVED BEFORE 12PM

SMALL PLATES

GARLIC BREADED MUSHROOMS (V)

With garlic mayo

MARGHERITA ARANCINI (V)

Crispy coated rice balls, filled with red pepper, tomato and cheese, served with peri-peri mayo

VEG GYOZA (VG-M)

Japanese-style dumplings glazed with sweet chilli sauce and toasted sesame seeds

SOFT TACOS

With your choice of filling:

Pulled BBQ jackfruit (VG) or

Smokin' BBQ soya (VG)

BREAD AND OLIVES (VG)

TO SHARE

CHEESY NACHOS (V)

With guacamole, tomato salsa, sour cream and jalapeños

SMOKIN' BBQ SOYA NACHOS (VG)

With vegan cheese, guacamole, tomato salsa, vegan mayo and jalapeños

A BIT OF GNOCCHI (V-M)

Gnocchi in a gooey cheese sauce with beer-battered onion rings, bread rocks, crudités and red pepper & sesame houmous dip

VEGAN FEAST WITH FRIENDS (VG)

Smokin' BBQ soya tacos, baked falafel bites, pulled BBQ jackfruit sliders, mac 'n' cheese topped with vegan soya crumb, red pepper & sesame houmous, crudités, olives and topped nachos

SIDES

REGAL FRIES

Smokin' BBQ soya and Italian hard cheese (V)

FRIES AND GARLIC MAYO (V)

CHIPS AND GARLIC MAYO (V)

SWEET POTATO FRIES AND GARLIC MAYO (V)

GARLIC BREAD (V)

BUTTERY MASH (V)

SIDE SALAD (VG)

Mixed leaves with a lemon & olive oil dressing, cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds

BEER-BATTERED ONION RINGS (V-M)

GLAZED SEASONAL VEG (V)

MAINS

Dishes with this symbol are under 600 Calories – excluding toppers

BATTERED HALLOUMI AND CHIPS (V)

With tartare sauce and your choice of peas or mushy peas

MAC 'N' CHEEZE (VG)

Made with vegan cheese, topped with a vegan soya crumb and BBQ sauce and served with bread rocks and side salad.

Swap your bread rocks for garlic bread (V)

VEG THAI CURRY (VG)

With cauliflower rice (or basmati rice - sorry - not under 600 Calories)

BUTTERNUT SQUASH TAGINE (VG)

Served with cauliflower rice

SUPER MIXED SALAD (VG)

Mixed leaves tossed in a lemon & olive oil dressing with cucumber, onion, avocado, peppers, soya beans and tomatoes, finished with omega and sesame seeds

THE POWER BOWL (VG)

Seasonal mixed leaves, baby spinach, pea shoots, peas, omega seeds and sesame, kale & chickpea salad, tomatoes, gherkin, broccoli, pomegranate seeds, avo and almond pesto

Under 600 Calories

BURGERS

MEAT-LESS BURGER (V)

Moving Mountains® or Louisiana Chick'n™ plant-based burger, layered with red pepper & sesame houmous, vegan soya crumb, spinach and smokin' BBQ soya with a burger cheese slice in a sesame seed beetroot bun – served with boozy Bloody Mary dip and topped nachos

Swap burger cheese slice to vegan cheese to make VG

TOP YOUR BURGER

CHEESE SLICE (V)

FRIED EGG (V)

JALAPEÑOS (VG)

MUSHROOMS (VG)

BEER-BATTERED ONION RINGS (V-M)

HALLOUMI (V)

SMOKIN' BBQ SOYA (VG)

How do you like your sarnie? White or multiseed sub or a wheatbran wrap. All served with fries

SUBS & WRAPS

HALLOUMI AND AVO (V)

With tomato and mayo

OPEN SANDWICHES

RED PEPPER & SESAME HOUMOUS (V)

With quinoa, chickpea & butternut squash salad, avocado, slow-roasted tomatoes and olives.

Swap fries to topped nachos to make VG

DESSERTS

BOOZY BAILEYS PROFITEROLES (V)

SALTED CARAMEL IRISH CREAM & VODKA MARTINI BITES (V)

WARM MINI CHURROS (V-M)

With caramel and chocolate dipping sauces

WARM MINI BROWNIE BITES (V)

PORNSTAR ETON MESS (V)

Mini shots of layered whipped cream, meringue and a Prosecco, vodka, mango & passion fruit compote

LIMONCELLO DRIZZLE SPONGE (V)

CHERRY BROWNIE CHEESECAKE (VG-M)

Contains almond milk

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. (V-M) Made with veggie ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

Do you have any allergies?

Please inform staff of any allergies, before placing your order, even if you have eaten a dish before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes/drinks. **While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination.** All vegan cheese used in our dishes is non-dairy. Fish* and poultry dishes may contain bones. All weights are approximate uncooked. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. All tips earned by our hard-working team members delivering great customer service are retained by them. As we process credit-card tips through our payroll, we are required to make statutory deductions. If a service charge is added to the bill, this is entirely discretionary and is paid to those employees providing the service. Subject to availability. 50%-off-food offer (not in conjunction with any other offer) will be removed from bars on bank holiday weekends and on 20/12/21 and 27/12/21. Management reserves the right to withdraw/change offers (without notice), at any time. All menu items are subject to availability. Images are for illustrative purposes only. We thank you for your custom and hope that you have enjoyed our Slug & Lettuce dishes. For more information, please visit our App or website, where you can subscribe to our newsletters and receive the latest offers and updates from the S&L team. You can also reserve tables, check further details from our allergy information link and download our menu online: www.slugandlettuce.co.uk Please give us your feedback – for details, log on to: www.lettuceknow.co.uk. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4J5

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DRINK SENSIBLY