

All Day Menu

MAINS

Marsha's vegan burger & fries 14

Lentil, beetroot and peanut patty, vegan cheese, burger sauce, pickles, fries (vg)

Grilled chicken fillet burger & fries 15

Confit garlic mayo, autumn slaw, rocket, fries

Buttermilk-fried crispy chicken thigh burger & fries 15

Kimchi slaw, rocket, fries

SIDES

Hand-cut triple cooked fries 4.5 (v)

Cheesy truffle fries 5.5 (v)

Mixed leaf salad 3.5 (vg/gf)

Autumn slaw 3.5 (vg/gf)

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Wellbeing Month

For January we've created a special menu featuring hero ingredients that can help boost your mental and physical health. Hopefully you'll feel restored and energised after trying these!

SMALL PLATES

Bang Bang cauliflower, gochujang sauce 6.5 (vg)

Cauliflower is a source of choline - an essential nutrient for mood and memory

Kale, apple and fennel salad, maple and lemon dressing 7 (vg)

High potassium in fennel seeds improves cognitive performance; apples help to preserve key neurotransmitters

MAIN

Roasted hispi cabbage, smoked romesco, tahini, smoked almonds 11 (vg)

Cabbage is a powerful brain food that helps focus and concentration. Red peppers are one of the highest veggies in lycopene, which has been successfully tested in the prevention of cancers

DESSERT

Brownie, chocolate-chip ice cream 6.5 (vg)

Chocolate stimulates "falling in love" neurochemicals and increases mood-regulating serotonin