

## FOR THE TABLE

**Marinated Nocellara Olives | 5**

**Crambrook Nuts | 4**

**Baked Bread | 6**

thyme, onion, butter

**Padron Peppers | 8**

smoked salt, lime

**Hummus | 8**

heritage carrots, pea cress, olives

**Seabass Ceviche Tacos | 16**

coriander, salsa

**Ham Hock Croquettes | 12**

grain mustard

**Skirt Steak | 14**

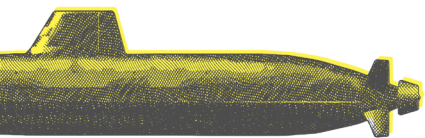
Scotch Bonnet oil, HP sauce

**Cultivated Shroom Toast | 14**

sourdough, egg, mushroom ketchup

**Crab On Toast | 16**

sourdough, jalapeños, coriander



## FLATBREADS

**Roast Courgette | 16**

tomato, coconut cheese, cumin, mint, paprika

**Tomato | 14**

onion, blue cheese, Cheddar, basil, rocket

**Ploughman | 17**

ham, mustard, pickles, Cheddar, watercress

**Curry Goat | 17**

coconut yogurt, coriander, pickled onions

# SEA CONTAINERS

## SMALL PLATES

**English Coastal Oyster | 2.80 each**

**Gin Cured Salmon | 16**

pastrami crust, dark rye, fish eggs, lemon

**Roasted Onion | 9**

kale, molasses, pine nuts

**Pan Fried Squid | 18**

soft potatoes, garlic, chilli

**New England Chowder | 12**

smoked haddock, pancetta, leeks

**Roasted Bone Marrow | 8**

capers, garlic, herb crumb

## TO SHARE

**Whole Grilled Seabass | 46**

lemon, parsley

**Whole Lemon Thyme Fried Chicken | 48**

drizzle

**Boston Rib Of Beef | 74**

horseradish gravy

## LARGE PLATES

**Orecchiette | 24**

mushroom, parsley, truffle, sour cream, Parmesan

**Celeriac Steak | 25**

sumo fries, truffle jus, shallot

**Chalk Stream Trout | 28**

parsnip, fennel, sea veg, fish jus

**Cod | 28**

buttermilk spinach, clams, leeks

**Reginette | 22**

four cheese sauce, parsley, chestnut

**Pork Fillet | 32**

grilled romaine, pickled apple, hazelnut

**Duck Breast | 33**

braised chicory, chestnut, green beans

**Dry-Aged Ribeye | 36**

watercress, shallot

**SeaCo Cheeseburger | 18**

Cheddar, bacon, red onion, fries

## SALADS & GRAINS

**Beets | 14**

spinach, orange, walnut, Ricotta, marigold

**Roasted Pumpkin | 17**

buffalo Mozzarella, basil, red onion

**Cos Lettuce | 12**

ranch dressing, Parmesan, cured egg

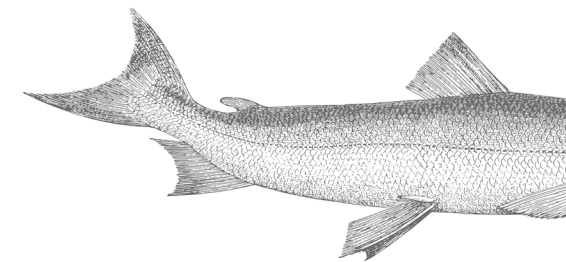
**Grilled Sweetheart Cabbage | 12**

red miso aioli, crispy shallot

**Quinoa | 12**

beef tomato, tenderstem, corn,

cranberries, Stilton



## SIDES

**Fries | 5**

old bay mayo

**New Potatoes | 6**

thyme, potato rub

**SeaCo Mac & Cheese | 6**

**Green Beans | 6**

garlic, chilli

**Mixed Leaves | 6**

balsamic vinaigrette

If you have any allergies or intolerances, please speak to a member of our team about your requirements before ordering. A full list of allergens contained in each dish is available upon request. All prices are in GBP and are inclusive of VAT at the current prevailing rate. Please note that a discretionary service charge of 12.5% will be added to your bill.



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