

## THE HISTORY OF TEA

Prior to the introduction of tea into Britain, the English had two main meals-breakfast and dinner. Breakfast was ale, bread and beef.

Dinner was a long, massive meal at the end of the day. It was no wonder that Anna, the Duchess of Bedford (1788-1861) experienced a "sinking feeling" in the late afternoon. Adopting the European tea service format, she invited friends to join her for an additional afternoon meal at four o'clock in her rooms at Belvoir Castle. The menu centred around small cakes, bread and butter sandwiches, assorted sweets, and, of course, tea. This summer practice proved so popular, the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a 'walking the fields'." The practice of inviting friends to come for tea in the afternoon was quickly picked up by other social hostesses. A common pattern of service soon merged. The first pot of tea was made in the kitchen and carried to the lady of the house who waited with her invited guests, surrounded by fine porcelain from China. The hostess warmed the first pot from a second pot (usually silver) that was kept heated over a small flame. Food and tea was then passed among the guests, the main purpose of the visiting being conversation.

Served Daily from 1.00pm until 5.00pm

Please note that seating for afternoon tea is at the discretion of the hotel.

Our chefs will be happy to create a selection of dishes especially for our diabetic guests.

FREE WI-FI THROUGHOUT THE HOTEL  
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Montague on the Gardens Hotel



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## TRADITIONAL AFTERNOON TEA

Your choice of our selected tea varieties

Egg mayonnaise

Smoked salmon with lemon mayonnaise

Free-range corn-fed chicken with celery and mayonnaise

Cucumber and cream cheese

Traditional plain and fruit scones

*Served with homemade strawberry preserve and clotted cream*

Selection of seasonal pastries

49.00 per person

## ULTIMATE BOTTOMLESS AFTERNOON TEA

Lanson Le Black Réserve, Brut NV

99.00 per person

Includes bottomless food and drink (90 minutes)

## CHAMPAGNE (GLASS 125ML)

Lanson Père et Fils, Brut NV

17.50

Lanson Rosé, Brut NV

20.00

## LITTLE PRINCE & PRINCESS TEA

Jam and peanut butter sandwiches,  
cupcake and ice cream served with a hot chocolate or a soft drink

19.50

VAT at current standard rate

All prices are subject to a discretionary 12.5% service charge