

# BEAR

It's always good to open with a joke, so here's one of our favourites:

*"What's the fastest liquid on Earth? Milk. It's pasteurised before you see it."*  
**Steve, Head Chef at BEAR Stone**

## EARLY START. until 10:30am

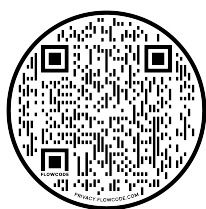
- 3.5 **Toasted Sourdough**  
Two slices of toasted sourdough, served with butter and your choice of strawberry jam or marmalade (v) (vo)
- 4.0 **Toasted Banana & Chocolate Bread**  
Served with nut butter and house compote (vg)
- 5.0 **Eggs on Toast**  
Two eggs, poached or fried, served with herbed butter on toasted sourdough (v)
- 5.5 **Bacon & Egg Brioche**  
Streaky bacon and fried egg served in a toasted brioche bun
- 5.5 **House Made Granola**  
Served with greek yoghurt, fruit compote and fresh fruit (v)
- 2.5+ Freshly baked pastries available at the counter

## BRUNCH COCKTAILS. from 10am

- 8.0 **Espresso Martini**  
Mr. Black coffee liqueur, rum, fresh espresso, sugar syrup
- 7.0 **BEAR Bloody Mary**  
Gin, tomato juice, Worcestershire sauce, sriracha, coriander, lime
- 6.0 **White Peach Bellini**  
White peach, prosecco, mint
- 7.0 **Breakfast Martini**  
Monkey Shoulder, marmalade, orange juice

## ADD-ONS & EXTRAS. available with any dish

- 2.0 Two poached eggs (v) | Two fried eggs (v)  
Herbed mushrooms (v)
- 2.5 Halloumi (v) | Chorizo | Streaky Bacon



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## ALL DAY. until 3pm

- 8.0 **Avocado & Pea Smash**  
Seasoned avocado and pea smash served on toasted sourdough, topped with poached eggs, sesame seeds and herbs (v) (vo)  
**Add streaky bacon 2.5**  
**Add halloumi (v) 2.5**  
**Add smoked salmon 4.0**
- 7.0 **Turkish Eggs**  
Poached eggs, greek yoghurt, chilli butter, pickles and herbs served with toasted sourdough (v)
- BEAR Bennies**  
House made bubble & squeak cakes topped with poached eggs, hollandaise and your choice of:
  - 10.0 **Streaky bacon**
  - 10.0 **Halloumi (v)**
  - 11.5 **Smoked salmon**
- 8.0 **Shakshuka**  
House made tomato & red pepper ragu topped with a poached egg, greek yoghurt, sumac, pink onions and herbs, served with toasted sourdough (v)  
**Add chorizo 2.5**
- 11.0 **BEAR Breakfast**  
Streaky bacon, sausages, poached egg, herbed mushroom, grilled tomato and house made shakshuka beans served with toasted sourdough
- 7.0 **Bubble & Squeak Cakes**  
Crispy potato, savoy cabbage & mint cakes served with chipotle ketchup, black bean & corn salsa, pink onions and herbs (vg)  
**Add chorizo 2.5**  
**Add streaky bacon 2.5**
- 8.0 **Burrito Bowl**  
Seed-dipped avo, buckwheat, chipotle-roasted beets, citrus slaw, black bean & corn salsa, gem lettuce, edamame beans, coriander and lime dressing (vg)  
**Add smoked salmon 4.0**  
**Add halloumi 2.5**
- 8.0 **Angry Mac**  
Pork patty, streaky bacon, caramelised onions, fried egg, American cheese, sriracha mayo and chives, served in a toasted brioche bun
- 8.5 **Maple Bacon Pancakes**  
Fluffy pancakes topped with streaky bacon and maple butter
- 8.5 **Fruit Pancakes**  
Fluffy pancakes topped with fresh fruit, greek yoghurt, granola and fruit compote (v)
- 7.0 **Falafel Wrap**  
Falafel, hummus, citrus slaw, gem lettuce and cucumber served in a wrap (vg)  
**Add halloumi 2.5**  
**Add chorizo 2.5**

# B E A R

## COFFEE.

- 2.9 **Filter Coffee**  
+ free refills (before 10:30am)
- 5.0 **Brew Board** *(please allow extra time)*  
Experience your coffee in 3 different ways: Single Espresso, Piccolo & Filter
- 3.5 **Hand Brew** *(please allow extra time)*  
Hand-brewed filter coffee made to order, served black
- 2.9 Espresso  
2.9 Long Black  
2.9 Cortado  
3.2 Flat White  
3.2 Latte  
3.2 Cappuccino  
3.5 Mocha

- Free** Oatly, Soya, Coconut  
0.6 Flavoured syrup shot

## HOUSE MADE SOFTS.

### Over Ice

- 3.8 Iced Vanilla Oat Flat White  
3.8 Iced Caramel Coconut Latte  
3.5 Iced Hot Chocolate  
3.8 Iced Vanilla Oat Matcha
- 2.9 Peach & Green Iced Tea  
2.9 Hibiscus & Green Iced Tea  
2.9 Pink Grapefruit Still Lemonade  
2.9 Strawberry Hibiscus Still Lemonade

### Fruit Shakes

- 4.5 Strawberry, banana & apple juice  
4.5 Mango, passionfruit & coconut milk  
4.5 Strawberry, banana & coconut milk  
4.5 Pineapple, hibiscus, mango & coconut milk

## NOT COFFEE.

- 3.5 Hot Chocolate  
3.2 London Fog  
3.2 Maple Chai
- 3.2 Beetroot or Matcha Latte  
*(Made with oat milk as standard)*

## TEA.

- 2.9 English Breakfast  
2.9 Earl Grey  
2.9 Green  
2.9 Moroccan Mint  
2.9 Lemon & Ginger  
2.9 Chai  
2.9 Apple & Blackberry  
2.9 Co2 Decaf

## FOR THE GROWN-UPS.

- ½ Pint / Pint  
2.5 / 4.5 **Beer on Tap**  
2.5 / 4.5 Freedom Lager  
2.5 / 4.5 Freedom Pale

*The world of craft beer is huge, so our line-up of cans & bottles is always changing. Please ask your server about what's on offer!*

- 250ml / Bottle  
6.0 / 17.0 **Wine**  
6.0 / 17.0 Casta Vista Chardonnay, Chile  
6.2 / 17.6 Vinuva Organic Pinot Grigio, Sicily  
6.7 / 19.0 Dashwood Sauvignon Blanc, NZ
- 6.0 / 17.0 Casta Vista Cabernet, Chile  
6.7 / 19.5 Lunaris by Callia Malbec, Argentina  
7.3 / 21.0 Red Knot Shiraz, Australia

- 6.7 / 19.0 Wicked Lady Zinfandel, California  
*125ml servings available on request*

- Bottle  
22.0 **Fizz**  
6.5 Alberto Nani Organic Prosecco Brut  
Galanti Prosecco Extra Dry [20cl]

# BEAR

## COCKTAILS.

- 6.0 **Aperol Spritz**  
Aperol, soda, bubbles
- 8.0 **Espresso Martini**  
Mr. Black coffee liqueur, rum, fresh espresso, sugar syrup
- 7.0 **BEAR Bloody Mary**  
Tomato juice, gin, Worcestershire sauce, sriracha, coriander, lime
- 6.0 **White Peach Bellini**  
White peach, prosecco, mint
- 7.0 **Breakfast Martini**  
Monkey Shoulder, marmalade, orange juice
- 8.0 **Passionfruit Martini**  
Vodka, passionfruit, pineapple, lime
- 7.0 **Pineapple & Grapefruit Negroni**  
Pineapple & grapefruit rum, Aperol, lillet rouge
- 8.0 **Maple Old Fashioned**  
Monkey Shoulder, maple syrup, spiced apple bitters
- 7.0 **Matcha Colada**  
Havana 3 rum, pineapple juice, coconut, matcha
- 7.0 **Pink Grapefruit Collins**  
Broker's London Dry gin, pink grapefruit, soda
- 7.0 **Broker's G&T**  
Double Broker's London Dry gin, served with tonic



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## LOW & NO.

- 8.0 **Social Martini** (3% ABV)  
Havana 3 Rum, Three Spirits social elixir, espresso, maple syrup
- 7.0 **Light & Stormy** (0% ABV)  
Three Spirits social elixir, Gingerella, lime
- 6.0 **Grapefruit Spritz** (4% ABV)  
Lillet rose, pink grapefruit, tonic

## HOUSE MADE SOFTS.

- 2.9 Peach & Green Iced Tea  
2.9 Hibiscus & Green Iced Tea  
2.9 Pink Grapefruit Still Lemonade  
2.9 Strawberry Hibiscus Still Lemonade

## BEER & WINE.

- ½ Pint / Pint **Beer on Tap**  
2.5 / 4.5 Freedom Lager  
2.5 / 4.5 Freedom Pale

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- Bottle **Fizz**  
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