

DAY

EVERY



OOWNLOADOUR

UNTIL

4PM

LUNCHTIME TO TREAT YOURSELF



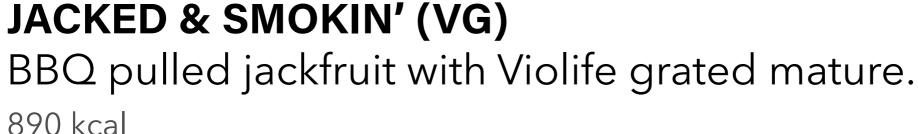
FOR DINNER AS WELL. MAKE TIME FOR LUNGHTIME

ALL LOADED SUBS COME WITH SKINNY FRIES... WHY NOT UPGRADE TO SOMETHING WITH A BIT MORE OOMPH? LOADED SUBS

CHEESY JOE Slow-cooked smoky BBQ beef with melted cheese and red onion. 894 kcal **POSH FISH FINGER**

Cod goujons with iceberg lettuce

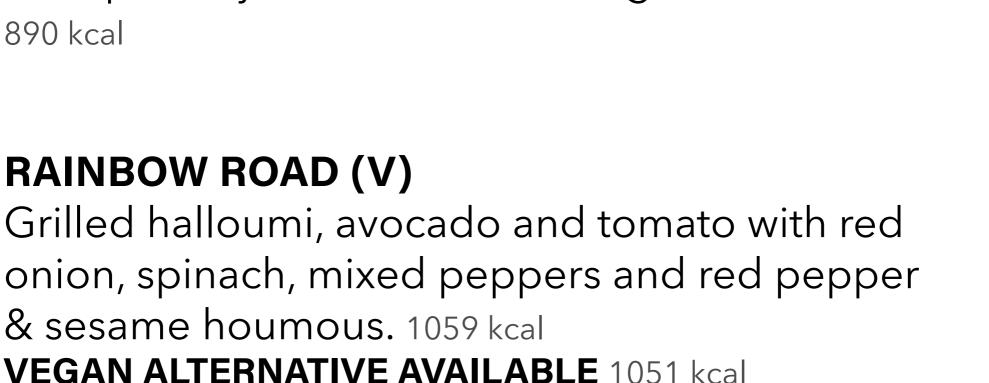
and tartare sauce. 941 kcal



1206 kcal

8 each

RAINBOW ROAD (V) Grilled halloumi, avocado and tomato with red



& sesame houmous. 1059 kcal

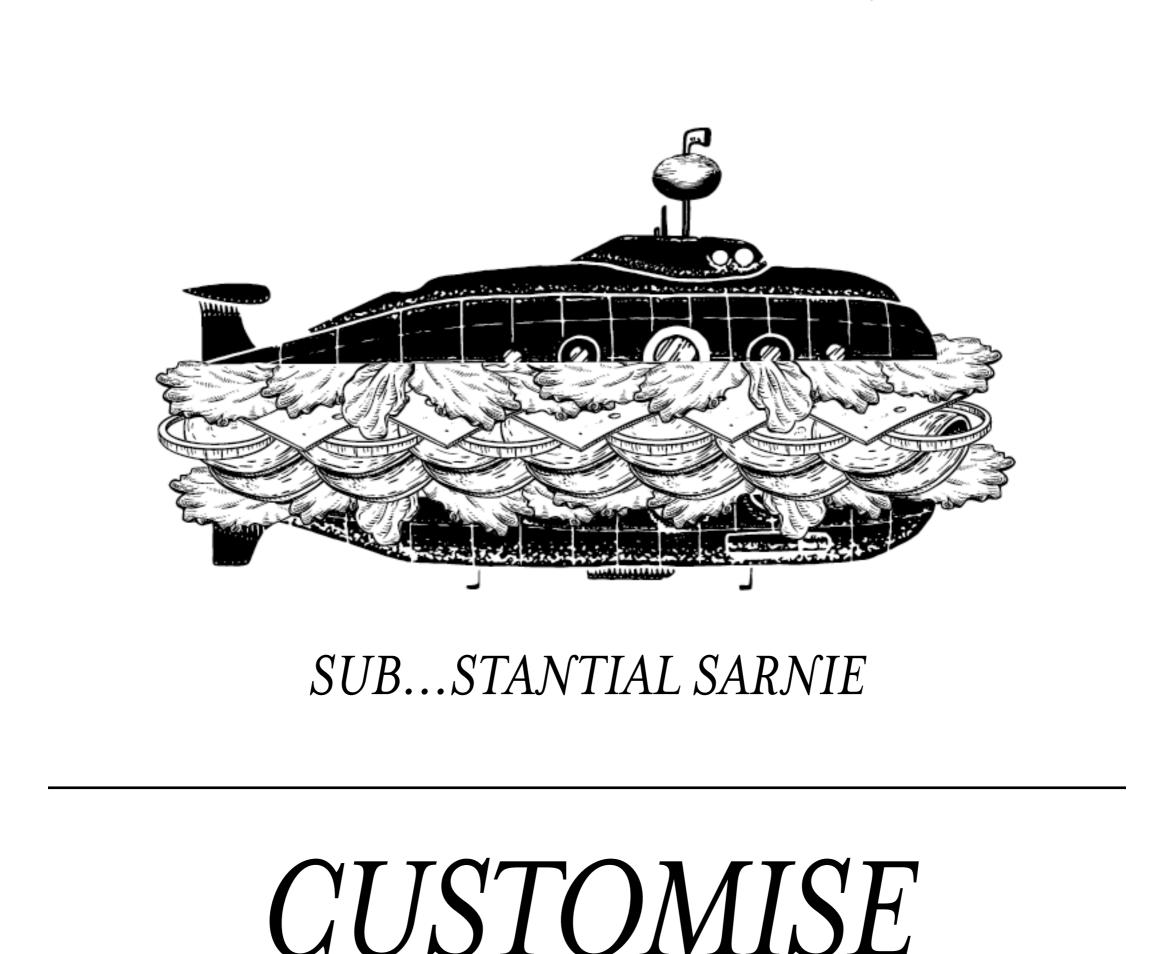
KICKIN' CHICKEN Karaage Japanese-style coated chicken with

grated cheese, Korean BBQ sauce, spinach and

Southern-fried chicken with bacon and mayo.

GUAC CHICK Chicken and avocado with Bulleit® Bourbon bacon & onion jam, tomato and mayo. 1196 kcal

spring onion. 1085 kcal



IIIENEH YUUK

ANGRY FRIES (V) + 1.5 +165 kcal

With crumbled Stilton®, blue cheese dressing,

sweet & sour onion and Frank's RedHot® sauce.

SALTED CHILLI FRIES (VG) + 1.5 +14 kcal

CHUNKY CHIPS (VG) +50p +61 kcal

With red chilli, spring onion and coriander.

SWEET & SOUR PICKLED ONION FRIES (VG) + 1.5 +11 kcal

THIRST_AND A DRINK Large glass of Diet Coke (2 kcal), Coke Zero (3 kcal) or lemonade (103 kcal); 330ml bottle of still or sparkling

water (0 kcal) or a regular hot drink (ask a team

member for our range and calorie information)

Pint of Carling, Foster's, Amstel, Inch's, Thatcher's

Gordon's - and mixer*; 175ml house red, white

or Strongbow; 25ml Smirnoff Red, Jack Daniel's or

Pint of Stella Artois, Birra Moretti, Peroni, Heineken, Guinness, BrewDog Planet Pale, Camden Hells, Strongbow Dark Fruit or Rekorderlig; 25ml Bulleit Bourbon, Absolut, Gordon's Pink, Tanqueray or Captain Morgan Spiced - and mixer*; 175ml New Zealand Sauvignon Blanc or Argentinian Malbec; 125ml Prosecco

*Mixers: Diet Coke, Coke Zero, lemonade or Fever-Tree bottle.

+50P

+1

or rosé

+2

All drinks are subject to availability; stocking policy varies by pub. DO YOU HAVE ANY ALLERGIES? Please inform staff of any allergies before placing your order, even if you have ordered the dish/drink before, as ingredients

the 14 legally declarable allergens contained in our dishes/drinks. Whilst all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee

can change and menus do not list all ingredients.

Full allergen information is available for all food & drinks, detailing

that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers. (V) Suitable for vegetarians. (VG) Suitable for vegans. (V-M) Made

(VG-M) Made with Vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated

(†) Fish and poultry dishes may contain bones.

Adults need around 2000kcal a day

with Vegetarian ingredients; however, produced in a factory which

handles non-vegetarian ingredients, with a 'may contain' warning.

1SPK Aug22 LM Bd4 410