



# BREAKFAST MENU

8 A M - 1 1 A M , M O N D A Y - F R I D A Y 9 AM - MIDDAY, WEEKENDS Croissant / Pain au chocolat / Pain aux raisins

4.5

Toast and preserves Strawberry jam, apricot jam, orange marmalade 4.5

**Buttered crumpets** 

Fresh pastries

6

Wholenut and multi-seed granola, Greek yoghurt, berry compote (v) Coconut yoghurt available (pb)

8

Jumbo oat wholegrain porridge, toasted seeds, agave syrup Choose your milk

8

Smashed avocado on toast, chilli and toasted pumpkin seeds (pb)

8.5

Add poached eggs 4.5/streaky bacon 4.5/pb bacon 4.5

8

Streaky bacon brioche bap (pb bacon available)

8

Cumberland sausage brioche bap (pb sausage available)

8.5

Eggs any style on toast Tofu scramble, caraway cabbage, sourdough (pb)

12

Smoked salmon and scrambled eggs on toast

17

Prosciutto Eggs Benedict

16

Crab Cake Eggs Benedict/Eggs Royale

16

15

Eggs Florentine/Eggs Avocado **English Breakfast** 

19

Two eggs any style, streaky bacon, Cumberland pork sausage, black pudding,

hash browns, Portobello mushroom, baked beans, grilled tomatoes, toast English PB Breakfast

19

Tofu scramble, pb bacon, pb sausage, hash browns, Portobello mushroom, baked beans, grilled tomatoes, toast

– ADD ONS

Eggs any style | 4.5

Black pudding | 4.5

Streaky bacon/ pb bacon | 4.5

Smoked salmon | 6.5

Baked beans | 4.5

Portobello mushroom | 4.5

Cumberland pork sausages/pb sausages | 4.5 Crushed avocado | 6.5 Hash browns | 4.5

White sourdough toast/ multigrain toast/ gluten free toast | 4

Grilled tomatoes | 4.5

(v) vegetarian (pb) plant based Milk options: cows, oat, soya, coconut, almond



# FRESH SMOOTHIES AND JUICES ALL MADE FRESH TO ORDER

# SMOOTHIES 7.5

#### GOJI BOOSTER

Goji berries, blueberries, granola, pecan nuts, honey, almond milk

#### JAFFA

Banana, orange, raw cacao, pecan nuts, coconut milk

#### CLEAN GREEN

Apple, spinach, avocado, cucumber, dates, flax seeds, almond milk

#### SMOOTH PEANUT

Banana, dates, peanut butter, almond milk

#### VFRY BFRRY

Strawberries, blueberries, banana, milk

## JUICES 5.5

Orange	Orange, carrot	Apple	Apple, cucumber
	and ginger		and celery

### COFFEE

Espresso / double	2.6/3.1	Iced Latte	3.5
Macchiato / double	2.6/3.1	Flat white	3.5
Americano	3.1	Mocha	3.5
Cappuccino	3.5	Hot Chocolate	3.5
Latte	3.5		

# TEA

Chamomile	Popcorn   4
Flowers 3.5	Apple and Cinnamon   4
Mao Feng Green   3.5	Honeybush
Chocolate Flake   4	and Rooibos 4
	Flowers   3.5 Mao Feng Green   3.5

Plant based milks available: oat, soya, coconut, almond

