

# Discover Lunch From £7.50

Monday–Friday until 4pm

Full allergen information is available on request from our team. Our menus do not list all ingredients. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination

## Add a Starter £3

### Prawn & Calamari Duo

Crispy coated prawns and panko coated calamari strips with sweet & sour red onion, lemon mayo and rocket leaves. 359 kcal

### Southern-Fried Chicken Goujons

Served with a deliciously sticky BBQ sauce, sweet & sour red onion and rocket leaves. 395 kcal

### Seasonal Soup of the Day

Served with lightly toasted bloomer bread.

- Ask a team member to see today's options and calorie information

### Vegetable Gyoza (VG-M)

Japanese style dumplings glazed with a sticky Korean BBQ sauce, served with iceberg lettuce, sweet & sour red onion, spring onion and fresh lime.

174 kcal

## Sandwiches

Our sandwiches are served on soft white bloomer bread with seasoned skin-on fries and a dressed salad garnish (unless stated otherwise)

Choose malted boomer bread. +12 kcal

### Chicken, Bacon & Avocado

Tender grilled chicken breast and streaky bacon with avocado, sliced tomato, iceberg lettuce and mayo. 1493 kcal

**50p supplement**

### Rosemary & Buttermilk Coated Chicken

Crispy rosemary & buttermilk coated chicken with iceberg lettuce and lemon mayo. 1407 kcal

### Philly Cheese Steak

Succulent rump steak and melted Taw Valley Cheddar with sautéed peppers & onion, iceberg lettuce and mayo. 1557 kcal

**1.50 supplement**

### Tomato, Mozzarella & Avocado (V)

Tomato, creamy mozzarella and avocado with chive mayo. 1574 kcal

### Hand-Battered Cod Goujons

Flaky hand-battered cod goujons with iceberg lettuce and tartare sauce. 1389 kcal

### Buttermilk-Style Fillet (V)

Crispy coated buttermilk-style fillet with iceberg lettuce and vegan mayo. 1280 kcal

**(VG) swap your fries for nachos** -177 kcal

## Pub Favourites

### Classic Burger

Your choice of beef 1125 kcal or rosemary & buttermilk coated chicken burger 1162 kcal, stacked in a soft glazed bun with tangy burger sauce, tomato ketchup, iceberg lettuce and chopped onion & gherkin served with seasoned skin-on fries and a deliciously sticky BBQ sauce

**+** Add Monterey Jack cheese and streaky

bacon +196 kcal for 1.50

### Tomato, Pepper & Cannellini Bean Pie (VG)

Tangy tomato, pepper and cannellini beans encased in vegan shortcrust pastry, served with crushed baby potatoes, seasonal veg

and a rich gravy. 889 kcal

**1.00 supplement**

### Whitby Scampi

Crispy and golden, served with triple cooked chunky chips, tartare sauce and creamy minted peas. 1128 kcal

**+** Add two slices of bloomer bread

& butter +530 kcal for 1.50

### Beef, Pork & Smoked Bacon Lasagne

Layers of beef and pork mince with smoked bacon in a rich red wine ragù, served with garlic bread and a dressed side salad. 787 kcal

### Signature Hunter's Chicken

Grilled chicken breast topped with streaky bacon, melted mozzarella, Cheddar and a deliciously sticky BBQ sauce, set on marinara sauce and served with triple cooked chunky chips, beer-battered onion rings, peas and a grilled tomato. 1225 kcal

**50p supplement**

### Almond Pesto Linguine (VG)

With wilted spinach, slow-roasted tomatoes and sautéed mushrooms. 491 kcal

### Signature Salad (VG)

Quinoa salad tossed with broccoli, cucumber, peas, slow-roasted tomatoes, spinach, sugar snap peas, red onion and rocket leaves, drizzled with a lemon & olive oil dressing. 300 kcal

- Perfectly paired with any of our rosé wines

## Add a Dessert £3

### Sticky Toffee Rum Sponge (V)

Sumptuous sticky toffee rum sponge drizzled in sweet toffee and rum sauce, served with a jug of creamy custard. 491 kcal

**(VG) when served with vanilla non-dairy iced dessert (VG)** +27 kcal

**or dairy-free custard (VG)** -27 kcal

### Espresso Chocolate Brownie

Rich chocolate brownie drizzled with espresso martini flavour Belgian chocolate sauce and salted caramel sauce, scattered

with crushed Biscoff® biscuit and marshmallows and served with a chocolate flake and vanilla ice cream. 894 kcal

### Crumble of the Day (V)

Today's flavour of classic crumble, served with a jug of creamy custard

**(VG) when served with dairy-free custard or vanilla non-dairy iced dessert**

- Ask a team member to see today's options and calorie information

Adults need around 2000 kcal a day.

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. (V-M) Made with veggie ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

### Do you have any allergies?

Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before placing your order, so that every precaution may be taken in the kitchen to prevent cross-contamination. All weights are approximate uncooked. Ingredients are based on standard product formulations, variations may occur, and calories stated (excluding drinks options) are subject to change.

Photography is for illustrative purposes only. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice), at anytime. Prices are in pounds sterling and include VAT, at the current rate. At Stonegate Group, all tips earned by our hard-working team members, from delivering great customer service, are retained by them. If a service charge is added to the bill, this is entirely discretionary and is paid to those team members providing the service. If, for any reason, you're not happy with your visit, please let a team member know. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SJ.