

LIVE FOR SPORT.

SPORTS BAR
AND GRILL

LIVE FOR FOOD.



01 SHARE TOGETHER

BBQ BEEF BURNT ENDS 7.45**STEAMED BUNS** 🍷

Steamed buns with slow-cooked hickory smoked burnt ends, sweet chilli slaw and spring onion. 620 kcal

CALAMARI & PRAWN DUO 🍷 7.45

Panko-crumbed calamari sticks and crispy coated king prawns with mayo. 515 kcal

JACKFRUIT STEAMED BUNS (VG) 🍷 7.45

Steamed buns with lightly spiced BBQ jackfruit, sweet chilli slaw and spring onion. 482 kcal

SOUTHERN-FRIED CHICKEN GOUJONS 🍷 6.45

With sticky BBQ sauce. 427 kcal

POTATO DOG 🍷 6.45

Pork hot dog wrapped in a crispy fried rosti potato coating with a Louisiana BBQ sauce for dipping. 386 kcal

BUFFALO WINGS 🍷 7.95

Chicken wings tossed in tangy blue cheese dressing and Frank's® RedHot® sauce, finished with chopped chives and served with crunchy celery. 458 kcal

CHICKEN WINGS 8.45

Ten chicken wings 455 kcal coated with our choice of sauce: Sweet Chilli +35 kcal, Louisiana BBQ +42 kcal, Blue Cheese +107 kcal or Frank's® RedHot +7 kcal.

CAULIFLOWER WINGS (VG) 🍷 6.45

Lightly spiced fried cauliflower wings with a sweet chilli dip, vegan mayo and coriander. 591 kcal

NACHOS (V) 12.95

Corn chips topped with grated cheese, guacamole, tomato salsa, sour cream and jalapeños.

Recommended for 2 people. 1390 kcal

Add BBQ Beef Burnt Ends & BBQ Pulled Pork +254 kcal 1.95

SWEET CHILLI NACHOS (VG) 12.95

Corn chips topped with fresh avocado, sweet chilli sauce, Violife grated mature, guacamole, tomato salsa, vegan mayo and spring onion.

Recommended for 2 people. 1800 kcal

MATCHDAY COMBO 20.95

Southern-fried chicken goujons, garlic bread, onion rings, potato-wrapped pork hot dog, corn-on-the-cob, crispy chicken wings, served with 2 portions of skinny fries and a selection of dips.

Recommended for 3-4 people. 2812 kcal

TOPPED FRIES

THREE PIGS FRIES 8.95

Skinny fries topped with BBQ pulled pork, chorizo and streaky honey bacon, finished with gherkins, sticky BBQ sauce and coriander.

1406 kcal. Recommended for 2 people

CHICKEN AND BACON FRIES 8.95

Skinny fries topped with grated cheese, streaky honey bacon, southern-fried chicken goujons, sticky BBQ sauce and spring onion.

1609 kcal. Recommended for 2 people

ANGRY FRIES (V) 8.95

Skinny fries topped with blue cheese dressing, crumbled Stilton® and Frank's® RedHot.

1296 kcal. Recommended for 2 people

JACKFRUIT FRIES (VG) 8.95

Skinny fries topped with Violife grated mature, lightly spiced BBQ jackfruit, guacamole, tomato salsa, vegan mayo and spring onion.

1404 kcal. Recommended for 2 people

02 BURGERS

All our burgers are served in a soft burger bun, with burger sauce, ketchup, chopped onion, gherkin and iceberg lettuce, served with skinny fries, house slaw and a Louisiana BBQ sauce dip.

Unless otherwise stated

LOW & SLOW 16.95

A 6oz beef burger patty topped with a burger cheese slice, streaky honey bacon, BBQ beef burnt ends and jalapeños. 1583 kcal

CHEESE & BACON BURGER 13.95

A 6oz beef burger patty topped with a burger cheese slice and streaky honey bacon. 1281 kcal

FIERY BRONCO BURGER 15.95

A 6oz beef burger patty topped with a burger cheese slice, slices of chorizo, jalapeños and Frank's® RedHot. 1196 kcal

CHICKEN & AVOCADO BURGER 15.95

Char-grilled chicken breast topped with a burger cheese slice, streaky honey bacon and fresh avocado. 1473 kcal

KATSU CHICKEN 15.95

Southern-fried chicken fillet topped with a burger cheese slice, katsu mayo and fragrant slaw. 1399 kcal

BUFFALO CHICKEN BURGER 15.95

Southern-fried chicken fillet topped with a burger cheese slice, streaky honey bacon, jalapeños and Frank's® RedHot. 1373 kcal

JACKFRUIT BURGER (VG) 14.95

Plant-based soya burger topped with Violife grated mature, lightly spiced jackfruit and tomato ketchup, served in a soft burger bun, loaded with iceberg lettuce, diced gherkins, onion and vegan mayo. Served with skinny fries, BBQ sauce and house slaw. 1266 kcal

MEAT-LESS BURGER (VG) 14.95

Plant-based soya burger topped with Violife grated mature and tomato ketchup, served in a soft burger bun, loaded with iceberg lettuce, diced gherkins, onion and vegan mayo. Served with skinny fries, BBQ sauce and house slaw. 1186 kcal

ADD A LITTLE EXTRA

EXTRA BURGER 2.95

Beef & cheese +279 kcal, southern-fried chicken fillet +323 kcal, char-grilled chicken breast +289 kcal or meat-less soya burger (VG) +243 kcal

BBQ PULLED PORK +105 kcal 1.95**STREAKY HONEY BACON** +160 kcal 1.25**FLAT MUSHROOM (VG)** +51 kcal 1.95

03 HOT DOGS

Our hot dogs are served in a roll with your choice of topping. Served with house slaw and skinny fries

BACKYARD BBQ DOG 11.95

Pork hot dog topped with streaky honey bacon, sautéed onion and Louisiana BBQ sauce. 1153 kcal

HOT 'N' SPICY DOG 13.95

Pork hot dog topped with BBQ pulled pork, jalapeños and Frank's® RedHot. 1101 kcal

THE POTATO KATSU DOG 12.95

Potato-wrapped pork hot dog in a bun with katsu sauce and crispy onion. 1087 kcal

MOVING MOUNTAINS® HOT DOG (V) 12.95

Plant-based meat-free hot dog topped with Violife grated mature, sautéed onion, tomato ketchup & French's® mustard. 990 kcal

Add Pulled Oumph!® made from soybeans in BBQ sauce (VG) +83 kcal / **Sweet Chilli Avocado (VG)** +162 kcal / **Lightly Spiced BBQ Jackfruit (VG)** +80 kcal 1.95

04 WINGS

Crispy chicken wings coated with your choice of sauce: Sweet Chilli, Louisiana BBQ, Blue Cheese or Frank's® RedHot. Weights are before cooking

1KG OF CHICKEN WINGS 14.95

1023 kcal. Recommended for 3 people
Sweet Chilli +70 kcal. Louisiana BBQ +84 kcal. Blue Cheese +215 kcal. Frank's® RedHot +13 kcal

2KG OF CHICKEN WINGS 26.95

2047 kcal. Recommended for 5 people
Sweet Chilli +175 kcal. Louisiana BBQ +210 kcal. Blue Cheese +536 kcal. Frank's® RedHot +33 kcal

4KG OF CHICKEN WINGS 49.95

4094 kcal. Recommended for 10 people
Sweet Chilli +350 kcal. Louisiana BBQ +420 kcal. Blue Cheese +1073 kcal. Frank's® RedHot +65 kcal

CHICKEN WING ROULETTE 20.95

30 crispy chicken wings tossed in 3 sticky sauces (Louisiana BBQ, Sweet Chilli and Frank's® RedHot), served with sour cream and lime wedges.

Recommended for 4 people. 1387 kcal

05 PIZZAS

All of our pizzas are made with a tomato sauce and mozzarella & Cheddar cheese base, unless otherwise stated

BBQ BURNT ENDS 14.95

Slow-cooked hickory-smoked BBQ beef burnt ends, Louisiana BBQ sauce. 1691 kcal

MARGHERITA (V-M) 10.95

Tomato, basil, mozzarella and Cheddar cheese. 1062 kcal

PEPPERONI 11.95

Loaded with spicy pepperoni and sour cream. 1359 kcal

THREE-CHEESE (V-M) 11.95

Mozzarella, Cheddar and Stilton® cheese topped with a blue cheese dressing, slow-roasted tomatoes and spring onion. 1380 kcal

GIVE IT SOME OUMPH (VG-M) 12.95

Our pizza base with tomato sauce and Violife grated mature, topped with pulled Oumph!® made from soybeans in BBQ sauce, spring onion and coriander. 1081 kcal

SWEET CHILLI CHICKEN TIKKA 12.95

Tikka-marinated chunky chicken pieces with sour cream, sweet chilli sauce and spring onion. 1352 kcal

MEAT FEAST 13.95

Pepperoni, slow-cooked hickory-smoked BBQ beef burnt ends, streaky honey bacon and chicken breast pieces. 1542 kcal

06 THE MAIN FIXTURES FANS' FAVOURITES

FISH AND CHIPS 14.95

Beer-battered cod* cooked until golden and crispy, served with skinny fries, garden peas and tartare sauce. 1194 kcal

Swap for mushy peas +36 kcal
Add Bread and Butter +265 kcal 1.95

CITY SOUL BOWL (V) 12.95

A kale, tomato, brown rice and quinoa salad with fresh avocado, slow-roasted tomatoes, spring onion and mixed salad leaves, topped with a poached egg and a lemon & olive oil dressing. 623 kcal

Go spicy and add Jalapeños and Frank's® RedHot (VG) +8 kcal 1.25

Add Char-Grilled Chicken +289 kcal 2.95

Add Slices of Chorizo +146 kcal /

Crispy Coated King Prawns +210 kcal 1.95

VEGAN CITY SOUL BOWL (VG) 12.95

A kale, tomato, brown rice and quinoa salad with fresh avocado, slow-roasted tomatoes, spring onion and mixed salad leaves with alemon & olive oil dressing. 523 kcal

Go spicy and add Jalapeños and Frank's® RedHot (VG) +8 kcal 1.25

Add Pulled Oumph!® made from soybeans in BBQ sauce (VG) +166 kcal /

Sweet Chilli Avocado (VG) +325 kcal /

Lightly Spiced BBQ Jackfruit (VG) 1.95

+160 kcal

BBQ RIBS AND WINGS 17.95

Half a rack of BBQ pork ribs and 10 BBQ chicken wings, served with house slaw, skinny fries and corn-on-the-cob. 1313 kcal

LOADED MAC AND CHEESE 14.95

Proper mac and cheese with extra cheese on top and finished under the grill, topped with BBQ beef burnt ends and diced gherkins. Served with garlic bread slices. 1157 kcal

VEGGIE MAC AND CHEESE (V) 13.95

Proper mac and cheese with extra cheese on top and finished under the grill, topped with cauliflower wings, diced gherkins and sticky BBQ sauce. Served with garlic bread slices. 1279 kcal

VEGAN MAC AND CHEESE (VG) 14.95

Topped with Violife grated mature, gherkins, sticky BBQ sauce and pea shoots. Served with kale, brown rice, quinoa, tomato and onion dressed mixed salad. 1024 kcal

Add Pulled Oumph!® made from soybeans in BBQ sauce (VG) +166 kcal / **Sweet Chilli Avocado (VG)** +325 kcal / **Lightly Spiced BBQ Jackfruit (VG)** +160 kcal 1.95

07 FROM THE SIDELINES

SIDE SALAD (VG) 3.50

A kale, brown rice, quinoa, tomato and onion-dressed mixed salad. 164 kcal

MAC AND CHEESE (V) 2.95

285 kcal

GARLIC BREAD STRIPS (V) 3.50

332 kcal

GARLIC BREAD WITH CHEESE (V) 3.95

427 kcal

SWEET POTATO FRIES (VG) 4.50

513 kcal

SKINNY FRIES (VG) 3.50

405 kcal

ONION RINGS (VG) 3.50

371 kcal

08 DESSERTS

OREO® COOKIE SUNDAE 6.45

Vanilla ice cream sundae loaded with crushed Oreo® cookies, marshmallows and Belgian chocolate sauce. 574 kcal

SALTED CARAMEL ROCKY ROAD BROWNIE (V) 6.45

Served with vanilla ice cream and Belgian chocolate sauce. 522 kcal

BAKED COOKIE DOUGH (V) 6.45

Goody baked cookie dough, loaded with vanilla ice cream, rainbow chocolate drops and Belgian chocolate sauce. 938 kcal

ICE CREAM (V)

Vegan option available 134 kcal per scoop

2 SCOOPS 3.45**3 SCOOPS** 4.45

Vanilla - 86 kcal per scoop
Chocolate - 94 kcal per scoop
Strawberry - 93 kcal per scoop

GREAT SPORT. GREAT FOOD.

WE'D LOVE YOUR FEEDBACK - FOR DETAILS, GO TO

SPORTSBARANDGRILL.CO.UK

DON'T MISS OUT ON THE ACTION

@SPORTSBARANDGRILL LONDON

Do you have any allergies?

Full allergen information is available for all dishes. Please ask a team member before ordering food and drinks, as menus do not list all ingredients.

(V) Suitable for vegetarians. (VG) Suitable for vegans. (V-M) Made with vegetarian ingredients, however produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free kitchen zones; it is not possible, therefore, to fully guarantee allergen separation. Please inform staff of any food allergies, before placing your order, even if you have eaten the dish previously, so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. We do not operate a dedicated vegetarian/vegan kitchen area. All vegan cheese used in our dishes is non-dairy. # Fish and poultry dishes may contain bones. All weights are approximate uncooked. Ingredients are based on standard product formulations, variations may occur, and calories stated are subject to change.

Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. All tips earned by our hard-working team members delivering great customer service are retained by them. As we process credit-card tips through our payroll, we are required to make statutory deductions. If a service charge is added to the bill, this is entirely discretionary and is paid to those employees providing the service. Subject to availability. Stonegate reserves the right to withdraw/change offers (without notice), at any time.