No Gluten-Containing Ingredients Menu

Full allergen information is available on request from our team. Our menus do not list all ingredients. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination

To Start or Share

Cheesy Nachos (V)

Smothered with melting mozzarella and Cheddar, jalapeños, salsa, guacamole, sour cream and sweet & sour red onion

Recommended for 2 people. 1306 kcal

+92 kcal

Fresh Marinated Olives (VG-M) 183 kcal

Smoky Soya Nachos Sharer (V)

Smothered with melting mozzarella and Cheddar, jalapeños, salsa, guacamole, sour cream and sweet & sour red onion Recommended for 2 people. 1481 kcal

Glazed Chicken Skewers

Tender grilled chicken marinated in a mango, chilli & pineapple dressing, served with roasted peppers and rocket leaves, 220 kcal



Seafood Pie

Tender salmon, smoked haddock and king prawns in a creamy leek sauce, topped with buttery Taw Valley Cheddar cheese mashed potato and served with seasonal veg. 822 kcal

Sea Bass & Prawns with Almond Pesto Cream

Grilled sea bass and tender prawns in a creamy almond pesto sauce, served with crushed baby potatoes, spinach and rocket leaves. 974 kcal

- Perfectly paired with any of our fresh & light white wines

Rump of Lamb

Served with crushed baby potatoes, creamy Savoy cabbage & bacon, slow-roasted tomatoes and a rich beef gravy. 1113 kcal

Duck Breast

Served with crushed baby potatoes, roasted peppers, sweet & sour red onion, rocket leaves and a mango, chilli & pineapple dressing. 990 kcal - Perfectly paired with any of our aromatic & flavoursome white wines

Signature Salad (VG)

Quinoa salad tossed with broccoli, cucumber, peas,

slow-roasted tomatoes, spinach, sugar snap peas, red onion and rocket leaves, drizzled with a lemon & olive oil dressing. 295 kcal - Perfectly paired with any of our rosé wines

Top your salad with grilled chicken breast +184 kcal,

grilled sea bass fillets +227 kcal or grilled chicken breast

& bacon +305 kcal

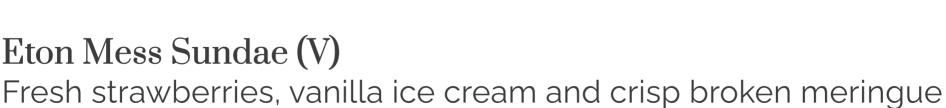
On the Side Crushed Baby Potatoes (VG) 224 kcal

Glazed Seasonal Veg (V) 80 kcal Buttery Mashed Potato (V) 284 kcal

Quinoa salad tossed with broccoli, cucumber, peas, slow-roasted

Dressed Side Salad (VG)

tomatoes, spinach, sugar snap peas, red onion and rocket leaves, drizzled with a lemon & olive oil dressing. 147 kcal



Something Sweet-

with tangy raspberry coulis, all topped with cream. 607 kcal Vanilla Ice Cream (V) 347 kcal

vegetarian/vegan kitchen area.

(VG) Option available +96 kcal

(V) Suitable for vegetarians. (VG) Suitable for vegans. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. (V-M) Made with veggie ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated

1PD_Jan23_NGCI/Veg_C_Gen_310

Adults need around 2000 kcal a day.

Do you have any allergies? Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before

placing your order, so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. Fish and poultry dishes

may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations, variations may occur, and calories stated (excluding drinks options) are subject to change. Photography is for illustrative purposes only. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice), at any time. Prices are in pounds sterling and include VAT, at the current rate. At Stonegate Group, all tips earned by our hard-working team members, from delivering great customer service, are retained by them. If, for any reason, you're not happy with your visit, please let a team member know. Stonegate Group, 3 Monkspath Hall SENSIBLY Road, Solihull, West Midlands B90 4SJ.