

LIVE FOR SPORT.

SPORTS BAR
AND GRILL

LIVE FOR FOOD.

01 SHARE TOGETHER

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BBQ BEEF BURNT ENDS STEAMED BUNS 🍌 7.95	CHICKEN WINGS 8.95
Steamed buns with slow-cooked hickory smoked burnt ends, sweet chilli slaw and spring onion. 611 kcal	Ten chicken wings 462 kcal coated with our choice of sauce: Sweet Chilli +54 kcal, Louisiana BBQ +42 kcal, Blue Cheese +107 kcal or Frank's® RedHot +6 kcal.
CALAMARI & PRAWN DUO 🍌 7.95	NACHOS (V) 12.95
Panko-crumbed calamari sticks and crispy coated king prawns with mayo. 517 kcal	Corn chips topped with grated cheese, guacamole, tomato salsa, sour cream and jalapeños. Recommended for 2 people. 1395 kcal
JACKFRUIT STEAMED BUNS (VG) 🍌 7.95	Add BBQ Beef Burnt Ends & BBQ Pulled Pork +313 kcal 1.95
Steamed buns with lightly spiced BBQ jackfruit, sweet chilli slaw and spring onion. 473 kcal	SWEET CHILLI NACHOS (VG) 12.95
SOUTHERN-FRIED CHICKEN GOUJONS 🍌 6.95	Corn chips topped with fresh avocado, sweet chilli sauce, grated mild Sheese®, guacamole, tomato salsa, vegan mayo and spring onion. Recommended for 2 people. 1826 kcal
With sticky BBQ sauce. 427 kcal	MATCHDAY COMBO 20.95
CAULIFLOWER WINGS (VG) 🍌 6.95	Southern-fried chicken goujons, garlic bread, onion rings, pork hot dog bites with French's® mustard, corn-on-the-cob, crispy chicken wings, served with 2 portions of skinny fries and a selection of dips. Recommended for 3-4 people. 2861 kcal
Lightly spiced fried cauliflower wings with a sweet chilli dip, vegan mayo and coriander. 609 kcal	
BUFFALO WINGS 🍌 8.45	
Chicken wings tossed in tangy blue cheese dressing and Frank's® RedHot® sauce, finished with chopped chives and served with crunchy celery. 456 kcal	

TOPPED FRIES

THREE PIGS FRIES 8.95	ANGRY FRIES (V) 8.95
Skinny fries topped with BBQ pulled pork, chorizo and streaky honey bacon, finished with gherkins, sticky BBQ sauce and coriander. 1521 kcal. Recommended for 2 people	Skinny fries topped with blue cheese dressing, crumbed Stilton® and Frank's® RedHot. 1296 kcal. Recommended for 2 people
CHICKEN AND BACON FRIES 8.95	JACKFRUIT FRIES (VG) 8.95
Skinny fries topped with grated cheese, streaky honey bacon, southern-fried chicken goujons, sticky BBQ sauce and spring onion. 1611 kcal. Recommended for 2 people	Skinny fries topped with grated mild Sheese®, lightly spiced BBQ jackfruit, guacamole, tomato salsa, vegan mayo and spring onion. 1405 kcal. Recommended for 2 people

02 BURGERS

All our burgers are served in a soft burger bun, with burger sauce, ketchup, chopped onion, gherkin and iceberg lettuce, served with skinny fries, house slaw and a Louisiana BBQ sauce dip. Unless otherwise stated

LOW & SLOW 17.45	BUFFALO CHICKEN BURGER 16.45
A 6oz beef burger patty topped with a burger cheese slice, streaky honey bacon, BBQ beef burnt ends and jalapeños. 1592 kcal	Southern-fried chicken fillet topped with a burger cheese slice, streaky honey bacon, jalapeños and Frank's® RedHot. 1382 kcal
CHEESE & BACON BURGER 14.45	KATSU CHICKEN 16.45
A 6oz beef burger patty topped with a burger cheese slice and streaky honey bacon. 1292 kcal	Southern-fried chicken fillet topped with a burger cheese slice, katsu mayo and fragrant slaw. 1418 kcal
FIERY BRONCO BURGER 16.45	MEAT-LESS BURGER (VG-M) 15.45
A 6oz beef burger patty topped with a burger cheese slice, slices of chorizo, jalapeños and Frank's® RedHot. 1204 kcal	Plant-based soya burger topped with grated mild Sheese® and tomato ketchup, served in a beetroot bun, loaded with iceberg lettuce, diced gherkins, onion and vegan mayo. Served with skinny fries, BBQ sauce and house slaw. 1197 kcal
CHICKEN & AVOCADO BURGER 16.45	
Char-grilled chicken breast topped with a burger cheese slice, streaky honey bacon and fresh avocado. 1457 kcal	
JACKFRUIT BURGER (VG-M) 15.45	ADD A LITTLE EXTRA
Plant-based soya burger topped with grated mild Sheese®, lightly spiced jackfruit and tomato ketchup, served in a beetroot bun, loaded with iceberg lettuce, diced gherkins, onion and vegan mayo. Served with skinny fries, BBQ sauce and house slaw. 1277 kcal	EXTRA BURGER 2.95 Beef & cheese +279 kcal, southern-fried chicken fillet +323 kcal, char-grilled chicken breast +289 kcal or meat-less soya burger (VG) +243 kcal
	BBQ PULLED PORK +164 kcal 1.95
	STREAKY HONEY BACON +162 kcal 1.25
	FLAT MUSHROOM (VG) +51 kcal 1.95

03 HOT DOGS

Our hot dogs are served in a roll with your choice of topping. Served with house slaw and skinny fries

BACKYARD BBQ DOG 12.45	HOT 'N' SPICY DOG 14.45
Pork hot dog topped with streaky honey bacon, sautéed onion and Louisiana BBQ sauce. 1106 kcal	Pork hot dog topped with BBQ pulled pork, jalapeños and Frank's® RedHot. 1112 kcal
MOVING MOUNTAINS® HOT DOG (V) 13.45	
Plant-based meat-free hot dog topped with grated mild Sheese®, sautéed onion, tomato ketchup and Frank's® mustard. 948 kcal	
Add Sweet Chilli Avocado (VG) +146 kcal / Lightly Spiced BBQ Jackfruit (VG) +80 kcal 1.95	

04 WINGS

Crispy chicken wings coated with your choice of sauce: Sweet Chilli, Louisiana BBQ, Blue Cheese or Frank's® RedHot

Weights are before cooking

1KG OF CHICKEN WINGS 14.95	2KG OF CHICKEN WINGS 26.95
1037 kcal. Recommended for 3 people Sweet Chilli +107 kcal. Louisiana BBQ +84 kcal. Blue Cheese +215 kcal. Frank's® RedHot +13 kcal	2074 kcal. Recommended for 5 people Sweet Chilli +268 kcal. Louisiana BBQ +210 kcal. Blue Cheese +536 kcal. Frank's® RedHot +31 kcal
4KG OF CHICKEN WINGS 49.95	
4149 kcal. Recommended for 10 people Sweet Chilli +535 kcal. Louisiana BBQ +420 kcal. Blue Cheese +1073 kcal. Frank's® RedHot +63 kcal	
CHICKEN WING ROULETTE 20.95	
30 crispy chicken wings tossed in 3 sticky sauces (Louisiana BBQ, Sweet Chilli and Frank's® RedHot), served with sour cream and lime wedges. Recommended for 4 people. 1419 kcal	

05 PIZZAS

All of our pizzas are made with a tomato sauce and mozzarella & Cheddar cheese base, unless otherwise stated

BBQ BURNT ENDS 15.45	GIVE IT SOME JACKFRUIT (VG-M) 13.45
Slow-cooked hickory-smoked BBQ beef burnt ends, Louisiana BBQ sauce. 1691 kcal	Our pizza base with tomato sauce and grated mild Sheese®, topped with pulled jackfruit in BBQ sauce, spring onion and coriander. 1061 kcal
MARGHERITA (V-M) 11.45	SWEET CHILLI CHICKEN 13.45
Tomato, basil, mozzarella and Cheddar cheese. 1061 kcal	Chunky chicken pieces with sour cream, sweet chilli sauce, coriander and spring onion. 1378 kcal
PEPPERONI 12.45	MEAT FEAST 14.45
Loaded with spicy pepperoni and sour cream. 1347 kcal	Pepperoni, slow-cooked hickory-smoked BBQ beef burnt ends, streaky honey bacon and chicken breast pieces. 1537 kcal
THREE-CHEESE (V-M) 12.45	
Mozzarella, Cheddar and Stilton® cheese topped with a blue cheese dressing, slow-roasted tomatoes and spring onion. 1380 kcal	

06 THE MAIN FIXTURES

FANS' FAVOURITES

FISH AND CHIPS 15.45	VEGGIE MAC AND CHEESE (V) 14.45
Beer-battered cod® cooked until golden and crispy, served with skinny fries, garden peas and tartare sauce. 1194 kcal Swap for mushy peas +9 kcal Add Bread and Butter +259 kcal 1.95	Proper mac and cheese with extra cheese on top and finished under the grill, topped with cauliflower wings, diced gherkins and sticky BBQ sauce. Served with garlic bread slices. 1280 kcal
CITY SOUL BOWL (V) 13.45	VEGAN MAC AND CHEESE (VG) 15.45
A kale, tomato, brown rice and quinoa salad with fresh avocado, slow-roasted tomatoes, spring onion and mixed salad leaves, topped with a poached egg and a lemon & olive oil dressing. 597 kcal Go spicy and add Jalapeños and Frank's® RedHot (VG) +5 kcal 1.25 Add Char-Grilled Chicken +289 kcal 2.95 Add Slices of Chorizo +147 kcal / Crispy Coated King Prawns +234 kcal 1.95	Topped with grated mild Sheese®, gherkins, sticky BBQ sauce and pea shoots. Served with kale, brown rice, quinoa, tomato and onion dressed mixed salad. 1032 kcal Add Sweet Chilli Avocado (VG) +146 kcal / Lightly Spiced BBQ Jackfruit (VG) +80 kcal 1.95
VEGAN CITY SOUL BOWL (VG) 13.45	
A kale, tomato, brown rice and quinoa salad with fresh avocado, slow-roasted tomatoes, spring onion and mixed salad leaves with a lemon & olive oil dressing. 497 kcal Go spicy and add Jalapeños and Frank's® RedHot (VG) +5 kcal 1.25 / Sweet Chilli Avocado (VG) +146 kcal / Lightly Spiced BBQ Jackfruit (VG) +80 kcal 1.95	
BBQ RIBS AND WINGS 18.45	
Half a rack of BBQ pork ribs and 10 BBQ chicken wings, served with house slaw, skinny fries and corn-on-the-cob. 1285 kcal	
LOADED MAC AND CHEESE 15.45	
Proper mac and cheese with extra cheese on top and finished under the grill, topped with BBQ beef burnt ends and diced gherkins. Served with garlic bread slices. 1157 kcal	

07

FROM THE SIDELINES

SIDE SALAD (VG) 3.50	GARLIC BREAD WITH CHEESE (V) 3.95
A kale, brown rice, quinoa, tomato and onion-dressed mixed salad. 168 kcal	427 kcal
MAC AND CHEESE (V) 2.95	SWEET POTATO FRIES (VG) 4.50
285 kcal	513 kcal
GARLIC BREAD STRIPS (V) 3.50	SKINNY FRIES (VG) 3.50
332 kcal	405 kcal
	ONION RINGS (VG) 3.50
	371 kcal

08 DESSERTS

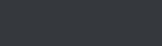
OREO® COOKIE SUNDAE 6.95	ICE CREAM (V) 6.95
Vanilla ice cream sundae loaded with crushed Oreo® cookies, marshmallows and Belgian chocolate sauce. 577 kcal	Vegan option available 149 kcal per scoop
SALTED CARAMEL CHOCOLATE BROWNIE (V) 6.95	2 SCOOPS 3.95
Served with vanilla ice cream and Belgian chocolate sauce. 659 kcal	3 SCOOPS 4.95
BAKED COOKIE DOUGH (V) 6.95	
Goopy baked cookie dough, loaded with vanilla ice cream, rainbow chocolate drops and Belgian chocolate sauce. 920 kcal	

Adults need around 2000 kcal a day.

GREAT SPORT. GREAT FOOD.

WE'D LOVE YOUR FEEDBACK - FOR DETAILS, GO TO SPORTSBARANDGRILL.CO.UK

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Do you have any allergies?

Full allergen information is available for all dishes. Please ask a team member before ordering food and drinks, as menus do not list all ingredients. (V) Suitable for vegetarians. (VG) Suitable for vegans. (V-M) Made with vegetarian ingredients, however produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are 100% free from allergens, owing to cross-contamination, as we do not have specific allergen-free kitchen zones. It is not possible, therefore, to fully guarantee allergen separation. Please inform staff of any food allergies before placing your order, even if you have eaten the dish previously, so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. We do not operate a dedicated vegetarian/vegan kitchen area. All vegan cheese used in our dishes is non-dairy. # Fish and poultry dishes may contain bones. All weights are approximate uncooked. Ingredients are based on standard product formulations, variations may occur, and calories stated are subject to change.

Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. All tips earned by our hard-working team members delivering great customer service are retained by them. As we process credit-card tips through our payroll, we are required to make statutory deductions. If a service charge is added to the bill, this is entirely discretionary and is paid to those employees providing the service. Subject to availability. Stonegate reserves the right to withdraw/change offers (without notice), at any time.

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